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# Haivering Cyclists Unite in Protest

Local cyclists held a bike ride protest in late August to highlight the lack of cycling infrastructure in the borough. Supported by our friends from Haivering Cyclists and other local people, they cycled from Harrow Lodge Park to the Town Hall, where they handed a letter to the council members present for them to forward onto the Leader of the Council.

In the letter they asked for segregated cycle lanes, to allow people to have greater confidence to use a cycle as an alternative means of transport. The letter also highlighted the Government's suggestion that cycling could reduce carbon emissions, improve health and air quality.



## Bulletin Editor needed

We currently have a vacancy for an Editor for the Bulletin. If you support the Association's aim that party politics has no place in local government and have an interest in our community, please contact John on 07982 962 925 or Martin on 07785 244 212 or email bulletinra@yahoo.co.uk . Ideally we need a volunteer to join the team who has IT skills in laying out the copy before it is sent to the printers.

## Keeping Emerson Park Clean and Tidy

We seem to have a constant battle against litter and the attitude that some seem to have, that it is someone else's job to clear up. The Residents' Association of Emerson Park are looking at problem areas in Emerson Park and will be organising local litter picks over the next few months to try to assist the Council's Street Care team with this problem.

Parents please could you remind your youngsters of their social responsibilities, as I regularly see teenagers just throwing litter in the road without a concern? We might even put up reminder signs in the worst affected areas to see if that helps things. Thank you for your support in this.

## Facebook and Social Media

Our on line presence is growing every month with now over 1100 members regularly using our social media pages. We also have our website www.raep.org where you can access previous copies of the Bulletin, check local news or contact us directly.



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## Help Please

We really need help with our distribution of The Bulletin please. If you are able to assist dropping off Bulletins to three or four of our deliverers each month, it would really be appreciated. Please contact Laurance on 07973 856 195. Many thanks.

## Boundary Commission apology

Following the publication at the end of July of the Local Government Boundary Commission for England's (LGBCE) draft recommendations, regarding their current review of the local ward boundaries for the London Borough of Havering, the Upminster and Cranham Residents' Association (UCRA) contacted the LGBCE to point out a number of important factual errors in their report, relating to the joint submission by the UCRA and the Residents' Association of Emerson Park, to the previous

consultation.

In reply, we received an apology from the LGBCE, who updated their draft recommendations document to reflect the correct details of our previous submission. A consultation process on the updated draft recommendations is open until 05 October 2020. People can view these recommendations and submit their comments via the LGBCE website (search for 'lgbce havering' in a search engine). The final LGBCE recommendations are due to be published on 11 January 2021.

## There's Safety in Neighbours

There is a new Neighbourhood Watch campaign to prevent burglaries

As lockdown eases in the UK, we're expecting a rise in burglaries and we have heard of a new campaign to help keep people safe and continue the great work of the previous Neighbourhood watch schemes

that has been launched by the Home Office.

Our new Safety in Neighbours campaign is particularly exciting as it has a modern and eye-catching design to grab younger people's attention and attract even more new members. For more information please see www.ourwatch.org.uk or get in touch with us if you would like to establish a neighbourhood watch in your area – Laurance 07973 856 195.

## We urgently require more foster carers in Havering:

Have you ever thought about becoming a foster carer? Havering are constantly looking for new carers who are motivated and committed to changing a child/young person's life. Why not join one of their virtual coffee mornings or information sessions, to find out more about fostering and these events? Give them

a call today on 01708 434 574, send an email to Fostering@havering.gov.uk or look them up on social media - [www.facebook.com/Haveringfostering/](http://www.facebook.com/Haveringfostering/) and [www.instagram.com/haveringfostering/](http://www.instagram.com/haveringfostering/).

## Fly Tipping

We regularly keep an eye on our area and no matter where rubbish is dumped we report it to the Council. If you see any dumped rubbish, please let the council know via their Love Havering app - <http://www.havering.gov.uk/lovehavering>. They normally clear it up quickly. If you are unable to do this, you can always leave us a message and we will contact the council. Please give an exact location and leave your details.

As an aside, it was interesting to see in the national press that a farmer in Lancashire was so frustrated with tyres being dumped on his land he found out who dumped them and returned them to the offenders!

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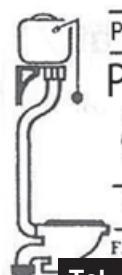
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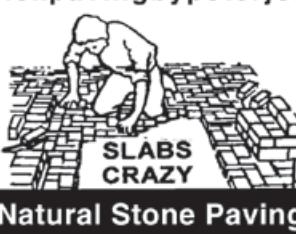


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## Havering Election Services e-mails

Recently, some residents have received an e-mail message from Havering Council's Election Services team, regarding the Annual Household Canvass. This message asks the recipients to log onto their household's account to check that the elector details are correct. This is a new process being introduced by Havering Council as part of government reforms, which will involve contacting every household in the borough, either by e-mail, text or post.

There has been some concern from residents that the messages received appear very similar to scam e-mails. Although they are genuine, everyone must be aware that criminals might catch on to what Havering (and other councils) are doing and send bogus messages in a similar format. Genuine e-mails will only be received from the following Havering Council e-mail address

[havering.election.services@notifications.service.gov.uk](mailto:havering.election.services@notifications.service.gov.uk).

CLLR JOHN TYLER

## Littering and Recycling in Havering

Havering's Environment Services department recently provided some detailed information about local waste collection. Unfortunately, this is too long to be published in full here but can be found on our website - [ucra.co.uk](http://ucra.co.uk) (search for 'littering' in the search box). Below is a summary of some of the points they highlighted

- Havering have a rural team that constantly work litter picking and clearing all fly tips.
- Residents can report litter or fly-tipping via the 'Love Havering' app.
- Community groups wishing to carry out litter picking can borrow equipment by emailing [environmental.maintenance@havering.gov.uk](mailto:environmental.maintenance@havering.gov.uk).

- Havering Council is not directly responsible for what happens to the waste it collects. This is the duty of the East London Waste Authority and its contractor, Renewi.
- Only 1% of the waste Havering residents and streets produce is landfilled.
- Havering are aware that other Boroughs collect a wider range of materials, including different plastics, but Renewi do not currently use a facility able to separate mixed plastics.
- At present, glass is not collected from the kerbside but Havering are currently assessing the viability of adding this to orange sack collections.
- If a bring bank (such as a bottle bank) is full, residents can report it at [www.havering.gov.uk/bringbanks](http://www.havering.gov.uk/bringbanks) or contact Renewi directly on **01708 634 540**.

August Haven House Children's Hospice Chief Executive, and long standing Hornchurch resident, Mike Palfreman with two friends, Paul Turrell and Simon Fanning (accompanied on various legs by over 40 friends and colleagues), left John O'Groats and by the time you read this may have reached Land's End - a mammoth 900 miles in just one month. Their aim is to raise a staggering £100,000 for Haven House, money that will be crucial to the charity in the current crisis.

Mike said: "We've got off to a great start and are looking forward to a challenging and memorable experience. The current coronavirus crisis is making life very uncertain for Haven House and that's why every pound we raise from the walk will be critical to ensure we can keep making the massive difference we do to the lives of sick children and their families across Havering, NE London and beyond. As someone who has lived in Hornchurch my whole life, I'm proud that we're making a real difference to many lives

*continued on page 5*

## News from Haven House

As previously reported in the August Bulletin, on Saturday 29th

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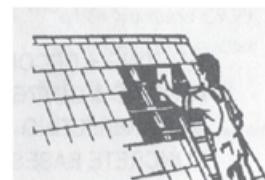
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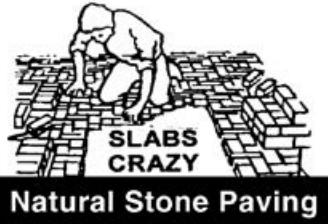
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in Havering but we need as many people to support us as possible." You can read more and support their challenge and Haven House at: [www.havenhouse.org.uk/fundraisers/john-ogroats-to-lands-end-walk](http://www.havenhouse.org.uk/fundraisers/john-ogroats-to-lands-end-walk)

## Havering is a Smoke Control Area

We are all aware of the importance of improving our air quality but in recent years there seems to have been a resurgence locally in the use of solid fuel cookers and burners, and open fireplaces.

In London, the use of coal and wood as a fuel reduced dramatically following the disastrous smog of 1952, which claimed up to 12,000 lives, and the introduction of the Clean Air Act of 1956. However, during the winter months, the smell of smoke can often now fill the air for long periods every day in parts of Cranham and Upminster, with much of it not seeming to come from garden bonfires (which are allowed).

Some residents may not be aware that the whole of Havering is a Smoke Control Area, which means that the burning of wood or coal in an open fireplace is prohibited and only authorised smokeless fuels and/or exempt appliances are allowed.

For further information on what

is permissible see the Council website [www.havering.gov.uk](http://www.havering.gov.uk) and search 'smoke control area'. For information on what you can do if you know someone who is burning a prohibited fuel, search 'report dust and smoke issues' on the same website.

CLLR JOHN TYLER

## Havering Local Plan public consultation

The new draft Havering Local Plan, which (together with the London Plan and national planning policies) will frame the way new development can take place in Havering over the next decade, has reached its next stage. Following previous proposals and consultations, and instructions from the independent Planning Inspector in charge of the process, Havering Council is running a new public consultation on proposed modifications to the draft plan. The consultation runs until 12 October 2020.

When adopted, the new Local Plan will replace the Havering Local Development Framework (2008). It will set out Havering's planning and regeneration objectives and help to ensure that Havering remains a place where people want to live and work and businesses want to invest. It will also help the Council ensure that Havering has the infrastructure needed to support change in the borough.

Readers can view a timeline of the whole process and download the 'MMC01 Schedule of Proposed Main Modifications (August 2020)' document via [www.havering.gov.uk/info/20034/planning/183/planning\\_policy/12](http://www.havering.gov.uk/info/20034/planning/183/planning_policy/12).

CLLR JOHN TYLER

## Beware - Conmen About

We have often warned you to be careful of taking in Door to Door sales people - especially tradesmen who happen to be in the area with tarmac left over from a job nearby - they claim to offer a nice cheap job, cash in hand! Sadly three months later grass often starts coming through! We have received recently several of you warning of cash in hand tree surgeons, where the residents were ripped off and no real work took place. Whilst reputable tradesmen use land lines as well as mobile phones, often these conmen use only mobile phone numbers on their leaflets etc. If you need a trader you can trust, Havering Council's Trading Standards department have an approved trader website. To view this visit [www.havering.gov.uk](http://www.havering.gov.uk) and search 'trading standards approved trader'.

## Upminster Probus Club

The Upminster Probus Club meets on the last Wednesday of every month (one week earlier in December) at The Cranleigh, Station Lane, Hornchurch at 11.30am for a 12 noon lunch. After lunch, they are entertained by an outside guest speaker. New member enquiries may be sent to their Club Secretary Barry via e-mail at [secretary@upminsterprobus.com](mailto:secretary@upminsterprobus.com) or by phone on 01708 703 783.

## Young writers - Would you like to join us?

Over the years we have hosted a number of young writers. Further to the article in September's Bulletin on Beth Whalley, elsewhere in this Bulletin is news on one of our former contributors, Haydn Squibb. We are pleased to hear how well Haydn, who still lives in Havering, has done since she left school. Congratulations Haydn.

If you are still at school or at Uni and would like to have a regular column, drop us a line at [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk). We have been delighted with the wide range of subjects and views we have received.

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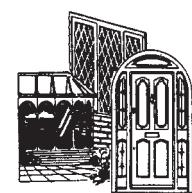
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## Where are they now? News from Haydn

Since writing for The Bulletin ten years ago, I began my full time working career at the world's biggest concierge company writing for their online magazine, which was incredible! From there, I went agency side and began working across a bigger variety of clients which helped me to learn so much! I then took a trip into the world of travel working in-house for two well-known travel brands which certainly broadened my horizons in the world of Search Engine Optimisation and digital marketing.



Back in 2018, I decided to take a huge jump and go freelance and that's where I am today! Behind the scenes, since 2012, I have been blogging away on SquibbVicious.com and got it to a point where I was happy to take it full time along with taking on a few clients for social media, photography and SEO work! It's a lot of hard work, long hours to hit deadlines and more admin than I could ever imagine but I love being my own boss!

## World Animal Day

World Animal Day is celebrated on 4th October each year. This is the feast day of St. Francis of Assisi. St. Francis lived in the late 12th Century and became the patron saint of animals.

The first Animal Day was held in Germany in 1925, organised by Heinrich Zimmermann and over 5000 people attended the event. In 1931 Animal Day became a global event with the aim of highlighting the plight of endangered species. Since then



it has grown to encompass all animals and aims to educate people about animal welfare. We can all do our bit to help animals both domestic and wildlife. Before buying a pet do your research to ensure you can meet that animal's needs. In the garden don't be too tidy and leave an area of weeds and logs at the back of a border to shelter wildlife. The best thing you can do is to install a small pond in the garden and watch the wildlife move in!

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## PayPal scam using compromised Facebook accounts

Residents should be aware that the City of London Police recently released a message, warning the public of a surge of reports where the recipient has received messages through Facebook Messenger from friends/family requesting to use their Pay Pal account to receive funds from the sale of a camera (or similar item) on EBay. However, this is a scam, using compromised Facebook Messenger accounts.

To view the full message from the City of London Police visit our website [www.ucra.co.uk](http://www.ucra.co.uk) and search for 'paypal scam' in the search box. Scams can take on many forms, whether online, text, a phone call or someone knocking at your door. Always be vigilant!

CLLR JOHN TYLER

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## TV Licence

Thanks again for the many comments and emails we received on the article in the August Bulletin concerning the BBC's decision to charge over-75s for TV Licences. Please see one message we received in particular:

*Regarding your piece on this matter in the August edition, I was wondering how many residents with elderly parents are aware of this. If you live in a care/nursing home or sheltered housing and you watch television in your own separate accommodation, you can get an Accommodation for Residential Care licence (ARC) at the reduced cost of £7.50. Also, if you are blind or have severe sight impairment you can claim a 50% discount on on your licence.*

Regards, Ann Low

Please note the managers of residential care homes, supported housing or sheltered accommodation should ensure that residents, staff and guests are covered by a TV Licence if they need one. The website [tlicensing.co.uk](http://tlicensing.co.uk) has a lot of information.

CLLR RON OWER

## Transport and the suburbs

In August, a study released by the Centre for London think-tank revealed that spending in suburban towns, including in our local area, is rapidly recovering to pre-pandemic levels. This is due to Londoners shunning inner London in favour of their local high-street.

Coronavirus is easily spread on train networks, with multiple people touching surfaces on transport each day, as well as the difficulties with social distancing. Therefore, many people are abandoning retail in central London in favour of walking, cycling or driving to our lovely shops, pubs and restaurants. Centre for London also said that these new habits may 'represent a long-term reset' for the suburbs. Hopefully one good thing to have come out of the lockdown will be more people choosing to spend their money locally!

DAVID TYLER

## Technology during the pandemic

During the period of March to July, Age UK reported that people over the age of 70 had felt more isolated than ever before. Naturally, this was largely due to the restrictions on face-to-face meetings, but factors such as difficulty using technology also had an impact. In the event of a second lockdown this winter, or the introduction of stricter social restrictions aimed at pensioners, it is important that we make sure older residents can still connect with friends and family. On the 'information and advice' section of Age UK's website - [www.ageuk.org.uk](http://www.ageuk.org.uk), there is a section titled 'technology and internet', full of step-by-step explanations of various aspects of technology and the internet, for older residents who may be unfamiliar with it. These include how to set up and use video calls, staying safe online and a glossary of digital terms. Hopefully these will help us keep our community connected in these turbulent times.

## UCRA Coach outing news for 2021

Unfortunately due to the coronavirus we will not be running any trips this year. However, we hope to run a full programme of trips for 2021. Going by the number of inquiries we have been receiving, and with the unfortunate closure of many coach trip companies, we anticipate being very busy! We will be allocating seat numbers when you book and our card payment facility will soon be up and running.

For up-to-date information and availability on our trips why not join our mailing list (contact details below). Our provisional programme for 2021 is

*Thriplow on Sunday (Sun 21st March), Long Melford / Bury St Edmunds (April date TBC), Snape Maltings / Southwold (May date TBC), Faversham / Whitstable (June date TBC), Countryfile Live at Windsor Great Park (Sat 21st August (TBC)), Salute to the 40s at Chatham Dock*

*continued on page 11*

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We would like to take this opportunity to thank you all for your patience while we continue

processing refunds. If you have any questions please don't hesitate to get in touch. Stay safe -

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## Saint Francis Hospice

Over the coming months, we will be running a series of stories from Saint Francis Hospice — going right back to the charity's roots, 45 years ago. Although the Hospice first opened its doors to the public in July 1984, the charity's story begins much earlier: in July 1975.

For some time, the Havering Community Health Council had been holding forums for healthcare needs in the local community. Little did anyone know that one meeting on an ordinary Monday would spark imaginations that would

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to a life-limiting illness was being amplified by suffering, indignity, isolation, and a lack of support. Dreams of a hospice in Havering began.

You can do your bit to ensure Saint Francis Hospice survives the pandemic and will always be there for local people living with life-limiting illnesses — for as little as £3 a month. To find out how you can make a difference, please visit [www.sfh.org.uk/nurse](http://www.sfh.org.uk/nurse).

## New funding opportunities

Havering Council regularly publish details of current funding opportunities for charities and organisations via their Havering Funding Insight e-magazine. The types of funding ranges from national initiatives to local sources. To view the most recent list visit the Council's website [www.havering.gov.uk](http://www.havering.gov.uk) and search for 'new funding opportunities'.

CLLR JOHN TYLER

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## Helping youngsters back to school

Local Counselling Experts Theresa Hughes and Julie York share some ideas. The full version of their advice is available on our website [www.ucra.co.uk](http://www.ucra.co.uk).

How can we best support our children as they transition back to school? Think 'TREES!'

**TALK** Give factual, age appropriate information. Allow children to ask questions and be honest with your responses, without increasing any potential anxiety.

**REASSURE** It's ok to say 'yes, some people do get very sick with the virus, and most get better.' Reassure them that you're there for them.

**EXPLAIN** How things will be different. Familiarise yourself with your school's approach.

**ESTABLISH** It takes a while to re-establish routines, but routines help children feel safe and secure.

**SEPARATION** Most children will adjust quickly to being back to school but be mindful that

some may suffer from separation anxiety.

If your family has experienced severe illness or bereavement - extra reassurance and explanation may be needed. Additional preparation measures might be helpful, such as social stories to set out what things will look like at school. Your children might also welcome more time with you at the end of the school day to talk about how they're feeling.

Theresa is an accredited Counsellor/Psychotherapist based at Havering Therapy Centre, Hornchurch [www.counselling-directory.org.uk/counsellors/theresa-hughes](http://www.counselling-directory.org.uk/counsellors/theresa-hughes)

Julie is a Systemic Family Therapy Practitioner specialising in supporting young people and their families based in Upminster - [julie@mylifeskills.co.uk](mailto:julie@mylifeskills.co.uk) .

## Chloe Hampton - Fantastic GCSE results!

My granddaughter has attended Hall Mead School from the age of eleven. She recently received her

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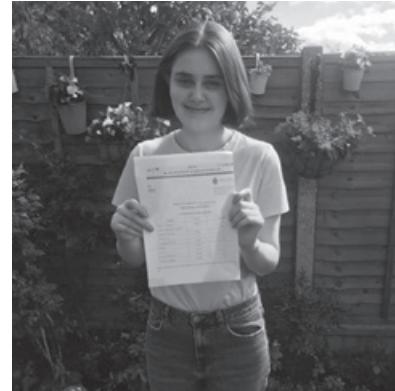


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GCSE results achieving 7 grade 9s (equivalent of beyond an A\*) and 1 grade 7 (equivalent to an A). Hall Mead had some fantastic results and it would be nice for them to get a mention. She is going on to study at Sacred Heart, where she is studying 4 A-levels in Chemistry, Biology, History and English Lit. We are all so very very proud of her!

CHRISTINE HAMPTON

## Thank you NHS

A number of residents have commented that they miss the 'thank you claps' to the NHS at 8pm on Thursdays. For many it

was a great opportunity also of saying hello to their neighbours and for a number to actually meet them. Here in Derham Gardens, we were lucky to have every Friday evening Keith (Skip) Atkins singing some great numbers with his guitar and we had a several guests joining in as well. Keith often collects for the St.Francis Hospice.

It is still great to see the many posters in windows etc. thanking the NHS workers for their tremendous input. I particularly like the 'thank you' collage on the railings in Wingley Lane facing Lee Gardens, at the entrance to the Dury Falls estate.

Thank you NHS workers - we cannot thank you enough.

CLLR.RON OWER

## Haivering Antique Collectors Club

The Club will be up and running again once the Government gives their permission for groups of more than 30 people to meet and

*continued on page 15*

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that we are able to adhere to their guidelines.

We have lots of interesting speakers on vintage collectables, pottery, art, silverware, memorabilia along with Paul Atterbury from the BBC Antiques Roadshow. We look forward to eventually being able to welcome back current and new members to our friendly monthly meetings at the Harold Wood Neighbourhood Centre.

## Havering Astronomical Society

In October we are lucky to have two online speakers. On 07 Oct - Dr Emily Drabek-Maunder: Senior Manager Public Astronomy, Royal Museums Greenwich: 'Searching for evidence of life in the clouds of Venus.' 21 Oct - Dr Paul Whiting, an outreach astronomer who provides talks, activities and courses to schools, youth and adult groups, will talk on 'Colliding Galaxies'. The lectures are via Webex and you can join us by sending an email to [havastro.co.uk](mailto:havastro.co.uk) or requesting to join Facebook [www.facebook.com/groups/2117831708490685](https://www.facebook.com/groups/2117831708490685). New members are always welcome!

## Saint Francis Hospice corporate fundraising

Our Corporate Fundraising team work with businesses, looking to engage them with our Hospice and support them in their fundraising for our patients and their care. Companies, large and small, help us in many different ways; it's not always about the cash they can give. Support can come through volunteering or providing services at a reduced cost.

If there's one positive thing to

come out of the pandemic, it's the community spirit of everyone coming together. Companies are very aware of the funding challenges we're facing, as a result of the outbreak of COVID-19. Yet, they've still wanted to support us, despite uncertainty within their businesses. The kindness we've received from organisations within our community has been overwhelming.

Adapting to a 'new normal' is something that we're all going to have to work together on. We're keen to work with other local businesses to see how we can support each other with this. We'd love to hear from any companies that would like to get involved and do something incredible for local people. Together, we can work to come up with mutually beneficial ways to engage your staff and customers. If you'd like to find out more then we'd love to hear from you at [corporatefundraising@sfh.org.uk](mailto:corporatefundraising@sfh.org.uk)

TOM MURTAGH  
(Corporate Partnerships  
Manager)

## Transport and the changing ways we work

In August, the government and TfL announced that commuter season tickets will rise by an average of £73 as of January next year. Although it is acknowledged that TfL need to recover the huge amounts of revenue lost by the decrease in commuter fares during the worst of the lockdown, such a large increase in fare prices for the commuter seems unfair. The rise will be especially significant to those who have had their finances stretched by the pandemic.

With 54% of Londoners predicting that their jobs will become either partly or entirely based at home, the traditional annual fare will

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become redundant for many, and so TfLs decision to charge increasingly fewer commuters higher fares may soon leave them in a more difficult financial position than previously.

In addition, in a world where we are encouraged to use public transport as a way to cut carbon emissions to protect the environment, hiking fares in this way will only serve as a disincentive from using public transport, even when it is safe to do so from a coronavirus perspective.

## Parakeets

The Bulletin has received a number of enquiries recently on the increase in sightings of bright green Parakeets flying around our area, with their numbers appearing to be growing. There is a wide range of information on these birds on the internet, especially on the RSPB web site, which has a huge amount of detail.

These medium-sized species of parrot have apparently been around various parts of London and the south east since the 1950s but where did they come from? A number of possibilities have arisen, including that a number escaped from Syon Park in the 1970s and many have escaped from aviaries, especially in the great storm of 1987 (what a night!). In their natural Asian habitat they are predominantly vegetarian, however, locally they are enjoying fruit, berries, nuts, seed, household scraps and even meat.

CLLR RON OWER

## Job hunting

In August, the recruitment company Personal Career Management released guidance on how to find a job, covering those who have been made redundant, those who have been out of the job market for a while, as well as those new to the job

market. In this digital age, creating an online CV profile is highly recommended. This can be done on internet sites such as LinkedIn or Indeed, and makes people with certain skills more visible to companies searching for people with such skills.

Several professions are planning to expand their recruitment, ranging from thousands of government-funded nurse apprenticeships, to tech companies working in education. The government has also launched various schemes to help job hunters, including the Careers Advice Service - [nationalcareers.service.gov.uk](http://nationalcareers.service.gov.uk), a website with information on finding suitable careers tailored to the skills you have. There are also multiple universities and institutions offering free training courses, known as Massive Open Online Courses. These are free introductions to a whole manner of subjects, ranging from cognitive psychology to international economics, and no previous experience in your chosen field is needed.

## Tips for separated parents during school holidays

Although the long enforced break from school is now behind us, normal school holidays can often be difficult for separated parents to navigate and disagreements can arise when deciding how the children will split their time between parents and possible holidays abroad.

*Our top tips are:*

1. Preparation is key. Agree in advance who has the children and when.
2. Ensure you communicate before booking holidays. Dates and locations should be agreed in advance.

*continued on page 17*

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4. Be able to compromise.
5. Most importantly be open and honest.

If you are separated and are looking for more advice on your legal rights as a parent, or if you have been unable to reach an agreement, Pinney Talfourd Solicitors are here to help.

## Cranston Park Tennis Club

Year-round tennis at your local club, Cranston Park! We play throughout the autumn and winter, and our well drained courts and floodlights ensure tennis continues as the nights draw in.

Head Coach, Lee Duncan, of the Coniston Avenue club writes, "We are very happy to be playing tennis again with social distancing and hygiene measures in place. Coaching for all levels is available from my team, from beginners up." Chairman, Guy Wade says, "We have eight floodlit courts - six artificial grass and two artificial clay and we look forward to welcoming new members to our safe, friendly club. Check our website for our pro-rata membership fees, you'll be pleasantly surprised. We play all year round." New members will be assigned a "buddy" (mentor) to help them quickly feel comfortable at the club. Adult courses are available for non-members wanting to try their hand at tennis. Lee said, "Come and get fit, enjoy playing tennis and meeting new friends at your premier local tennis club!"

Membership enquiries to [monicawhitbread@googlemail.com](mailto:monicawhitbread@googlemail.com). All other enquiries contact Lee at [tenniscoach@hotmail.co.uk](mailto:tenniscoach@hotmail.co.uk). The club website is [www.cranstonpark.co.uk](http://www.cranstonpark.co.uk).

## Abigail's Café

Back in the May Bulletin, we wrote about how the shops in St Mary's Lane have changed over the years. Abigail's Café recently had their tenth birthday in St Mary's Lane, taking over from Ken Rhodes Windows and Conservatories, who moved to a new showroom.

We pointed out in the article (still available on our website - [ucra.co.uk](http://ucra.co.uk)) that older residents may remember The Regent Café, a nice café just like Abigail's who served traditional café food and offered takeaways as well. In 1974, The Regent Café became the Kusoom Bugh, Upminster's first Indian restaurant, serving a wide range of curries and, of course, tandoori dishes.

RON OWER

## Chesterfield FC

In an earlier Bulletin, we had an article on the Crumpled Horn pub in Corbets Tey Road, Upminster. Many residents will have fond memories of the pub's first managing team Tim and Claire, who moved down from a pub in Norwich to run the Crumpled Horn for a considerable amount of time.

Tim was a keen supporter of Chesterfield FC (home of the church with the crooked spire). Through the Bulletin, word of this spread and a number of other supporters of the club got together to go to home matches. We understand that this continued until fans were no longer allowed in the stadiums, but the group are hoping to continue this as soon as possible.

As you can imagine, there are many groups locally that get together to travel to various sports events. If there are any groups who regularly travel significant distances together to games etc., please let us know at [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk).

CLLR RON OWER

## Waitrose Supermarket

When Wallace Waite, Arthur Rose and David Taylor opened up a small grocery store in Acton, West London, little did they know the store would lead to a multi-million pound business, with a Waitrose in many towns. The total number of stores now is around 340.

Following David Taylor leaving the business in 1908, the shop name became Waitrose. John Lewis bought the business in 1937, and the first Waitrose supermarket opened in Streatham in 1955.

In St Mary's Lane, Upminster, they opened a store in 2009, taking over the building from Somerfield. The store takes an active interest in the community, supporting the various schools, charities and organisations shoppers choose each month through the green token scheme. It is also great to see they have installed a defibrillator on their outside wall.

They are entering a new phase in their history by investing £100 million in new technology and warehouses, thus enabling them to substantially increase the number of online weekly delivery slots from their website [waitrose.com](http://waitrose.com).

## Congratulations

Following the major u-turn the government made in August over the grading system for examinations, I am writing this to congratulate local students on a fantastic set of results. It was a very unsettling period for many students. During this

continued on page 19

# Call : Gary or Liam

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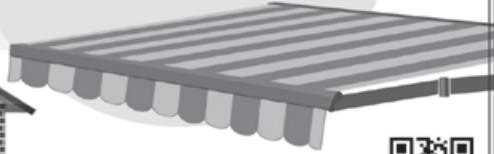
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time a number of students have graduated, and as you read this many have started college, sixth-form and, of course, university. Others will have left education and started working. Our best wishes to you all, and good luck for the future.

## Water please

Havering Council planted around 400 trees in the planting season, many of these in our area following requests from your Resident's Association Councillors. Although the Council do water the young trees, during dry periods they encourage local residents to water them as well. Please assist and give your trees a drink.

## Local Businesses

Over the years The Bulletin has delighted in supporting our community, including our local businesses. If you have a new venture let us know at [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk). We also have several advertising spaces available. Get in touch with Martin for further details (contact details are on page 22).

## Roadworks website

If you want to find out about forthcoming roadworks in our area (or anywhere across the country) or would like to know when ongoing roadworks are due to end, you can do this via a website that Havering Council regularly updates. Visit - [havering.roadworks.org](http://havering.roadworks.org).

## Clocks go Back

Kindly remember that the clocks go back on the last Sunday in October. This year it is 2am on the 25th, which officially marks the end of British Summertime. A welcome extra hour in bed!

## Post Boxes

More and more people now have post boxes outside their dwellings. Please try and empty them regularly, as they can be a gift for thieves who want to steal personal details.

If you are away it is worth getting neighbours, family or friends to assist.

## Pavement Parking

There are a number of 'Controlled Parking Zones' in our area, with a range of times when 'On Street Parking' is banned. May I remind you that during these periods, in many areas you are still liable for a Penalty Fine if you park on the pavement in the white lined box areas. Sadly, many vehicle owners believe these boxes are exempt from the ban - they are not. You can only park in these boxed areas outside of the banned times. However, in a number of streets there are parking bays which are exempt from the parking ban and are used on a first come basis. Please be careful and check nearby signage before parking your vehicle.

CLLR.RON OWER



## Contacting the council out of hours

Please note Havering Council's main telephone number is 01708 434 343. The out of hours number (Monday to Friday 5pm to 9am and over the weekends) is **01708 433 999**.

If you are reporting a problem on the out of hours service, where possible try and give the post code and the exact location please.

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## Cycling in Hornchurch

Riders of the Hornchurch Cycle Club are returning to the roads following the relaxation of rules regarding outdoor leisure pursuits. The social and more advanced rides have started again on a Saturday morning and there are beginner rides being arranged during the week. If you would like to try cycling in a small group with an experienced leader, please get in touch with them via the website at [www.hornchurchcc.com](http://www.hornchurchcc.com) or via their Facebook page. Over August Hornchurch Cycle Club riders took part in several sportives in Norfolk, with plans for other rides this year.

## Armed Forces Day

Sadly we could not have a parade this year, but we flew the Armed Forces Day flag with pride outside the Elm Park Royal British Legion. The flag was raised by the Chairman of the branch and saluted by

the Branch Vice Chairman. It was also good to see the club re-open and praise must go to Jim and Joanne White, the committee and staff for all their hard work to make it achievable within all the rules; social distancing etc. Well done - true British spirit.



## Parking enforcement resumed

We were shocked to learn that parking enforcement officers had been told not to ticket parking offenders after 7.30pm. Several HRA members

in Berther Road were quick to bring this to our attention. We contacted councillors, who confirmed that this was not a Council directive. They in turn contacted Parking Enforcement for an explanation. We have been informed that this is no longer the case and parking restrictions will be observed and ticketed up to 10.00pm where marked.

## Ardleigh House Community Association

Ardleigh House started to introduce a phased reopening during the month of September. Strict guidelines have been introduced to comply with Covid 19 legislation, with one-way systems, hygiene requirements and spacing markers to maintain the distances required by the government. Things will be different and we ask everyone to read the signs to protect themselves, other people and our staff, before entering the building.

We recently welcomed back

Emma Aylott with her Yoga class on for an 8 week course ending 28 October. Numbers are strictly limited to comply with distancing rules and you cannot just turn up on the day but if you would like to join Emma's next course, starting after half term, please email your request to [office@ardleighhouse.org](mailto:office@ardleighhouse.org). Cost is £60 for 8 week course.

With regards to our trips, we will soon start advertising our 2021 trips, starting in March and we are determined these will run. They will need to comply with any Covid 19 legislation in place at the time, so numbers will be greatly reduced. Early booking will therefore be essential. You can see details of our 2021 trips on our website [www.ardleighhouse.org](http://www.ardleighhouse.org).

Our address is **42 Ardleigh Green Road, Hornchurch RM11 2LG**. You can phone on **01708 440 660** or email: [office@ardleighhouse.org](mailto:office@ardleighhouse.org)

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## COVID-19 letter scam

Harvering Council have warned that scammers have been targeting local residents with fake COVID-19 letters, demanding that they register their personal details as part of a coronavirus prevention plan or face prosecution. The website details provided on the letter are bogus.

The letters include the NHS, Department of Health and Social Care, and Harvering Council logos at the top but have spelling mistakes and bad grammar in the text. Unlike in the letters, official Government websites begin with [www.gov.uk](http://www.gov.uk) and Harvering Council's start with [harvering.gov.uk](http://harvering.gov.uk). Always be scam aware!

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## MEMBERSHIP APPLICATION FORM

Please return this form with your cheque made payable to **Residents' Association of Emerson Park**. If preferred, you can also email the completed form back to us ([info@raep.org](mailto:info@raep.org)) and pay by BACS to our bank Sort code: 30-14-24 account number: 23391860

Please do not send cash through the post as it may get lost, but you can drop off to 7 Inglelgen, RM11 3BB (1st off Wingletye Lane).

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