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THE BULLETIN your local voice on the Council

Squirrels Heath HRA Candidate

Due to personal problems our third Squirrels Heath HRA team member, Christine Kershaw, has had to step aside. We are therefore looking for that third special team member.

Are you unhappy with the way the Council has been run? What support have your current ward Councillors provided? Do you think you can step up to the role and be considered to stand for the Squirrels Heath HRA at the May 2022 Election?

Please contact us at haveringra@gmail.com for an informal chat or to apply, we look forward to hearing from you.

At Your Service

Since our last edition the HRA Squirrels Heath team have been busy as always to improve the conditions of our roads and pavements in the ward. To this end we have successfully had two very deep potholes repaired outside number 5 Ashlyn Grove and reported in many others to Council officers. We have also had the overgrown low tree foliage cut back in Fairholme Avenue and are currently awaiting confirmation of works to be carried out across the ward and will keep you informed when completed.

In the meantime, please do keep informing your HRA team of any issues where you live, this will help us to take action on your behalf and get these issues rectified. If you don't tell us, we can't help. Don't forget we are here to represent you.

Cllr BOB PERRY

Council Consultation Regarding Town Centres

Havering Council are currently conducting a public consultation on ways to improve several town centres across the borough. They are looking for views from residents, businesses, workers and visitors on how they can:

- make people feel safer and more comfortable in our town centres;
- improve public spaces making them more attractive, pleasant, vibrant, memorable places to visit and to spend time in;
- provide more green spaces to relax and socialise in;
- make it easier for people travelling to arrive into the town centres; and
- provide a clean and healthy environment for all.

To take part in the consultation visit the Help Us Improve Havering Town Centres webpage <https://consultprojectcentre.co.uk/havering>

Temporary Experimental Traffic Scheme - Minster Way

In mid-June, a temporary experimental traffic scheme in Minster Way, Hornchurch went live and the following restrictions were applied:

- No left turn from Wingletye Lane into Minster Way when traveling from the direction of the A127.
- No right turn out of Minster Way into Wingletye Lane.
- No driving across Wingletye Lane from Minster Way into Maywin Drive.

Enforcement cameras are in place and motorists failing to observe the restrictions issued with a penalty charge notice.


The experimental scheme will last for a minimum of 6 and a maximum of 18 months from the 21 June 2021. After that time the Council will either need to remove the restrictions or make them permanent. Comments are invited within the first six months (by mid-December), please send to: Interim Assistant Director Public Realm, Town Hall, Main Road, Romford RM1 3BB.

trafficandparkingcontrol@havering.gov.uk,



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Proposed Lower Thames Crossing – Request for Extension of Consultation Period

In August, Upminster and Cranham Residents' Association Councillors contacted Highways England to request an extension to the recent consultation period for the new Lower Thames Crossing. This was because the consultation, which ended on 8th September 2021, was held during most of the school holiday period, when many people may have been away and unable to review the extremely long set of documents. However, Highways England declined to extend the consultation, giving a response which is partly shown below.

'In developing our consultation programme we recognised the challenges of holding a consultation over the summer months as you identified. This is why, following local authority feedback, we extended the public consultation from six weeks to eight weeks (well above the prescribed 28-day period). Together with the three previous consultations,

the LTC is now one of the most consulted road projects in the UK. Following the consultation, we will of course continue to engage with local residents and stakeholders such as yourself as we review the feedback received.'

To read the full Highways England response see our website - <https://www.ucra.co.uk/proposed-lower-thames-crossing-request-for-extension-of-consultation-period/>.

Please note the consultation submission from the Association is on our website ucra.co.uk. Further details next month

Road & Pavement Improvements

We have recently acquired a list of the Council's proposed road and pavement improvements. We plan to check each one and photograph the current condition so we can compare with some of our roads that really need doing. Hopefully we can apply pressure to have repairs carried out by logical observation by local people rather than a computer that has no idea just how bad some roads are - more news next month.

Article & Advertising Submission Deadlines

Articles - 1st Month Advertising - 3rd Month
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Parking Meter Fiasco

My Council colleagues and I have been pursuing the Council over the ongoing problem of parking machines being out of action and sadly several residents have been issued with Penalty Charge Notices. Please see below a reply I have received from the Council.

*"Dear Councillor Hawthorn,
Thank you for your enquiry in relation to parking meters not working efficiently and drivers being issued with a Penalty Charge Notice.*

It is not normal practice if a pay and display machine is not working that a Civil Enforcement Officer should issue a Penalty Charge Notice. Please be aware that if a machine is not working when inspected, then it will be bagged with signage on the machine to state that it is not operational and free to park until the machine is repaired.

Where a resident finds a machine un-operational they should report this, numbers are displayed on the

machine to report a non-working machine. We can then arrange to have the machine bagged with signage, once inspected by a car parks officer, we are not always able to identify immediately if a machine has been vandalised.

Residents should challenge any Penalty Charge Notices should they believe that they have been issued unfairly."

I do have a concern that not everyone has a "mobile phone" with them.

Cllr LINDA HAWTHORN

Sorting Office

Passing the Royal Mail sorting office in Corbets Tey Road several weeks back you would have seen the pavements in front of the office have been renewed. Previously a number of the pavement slabs were in a very dangerous position.

Following considerable pressure on Royal Mail, the owners of this stretch of pavement, work has been undertaken. May we thank local resident Jan Stannett for her assistance and perseverance in tracking the owners down and giving us contact information for

the Council to put pressure on to get the paving renewed.

Cllr RON OWER

Our New Harold Wood HRA Team

The Upminster and Cranham Residents' Association are members of HRA -Havering's Residents' Associations, and have been working with other Resident Associations across the borough. Unfortunately the three Harold Wood Residents' Association Councillors decided on the night of the last election to stop working with the Resident Associations and to align themselves with the Conservatives. We are therefore pleased to introduce our two new Harold Wood HRA team members, Adela Meer and Dan Lammin. They have already hit the ground running sorting out a number of residents' concerns and issues, including land management, parking issues, potholes and signage problems. They can be contacted on adela.meerhaveringra@gmail.com and dlamminhaveringra@gmail.com

Hello from Hannah's Bakery

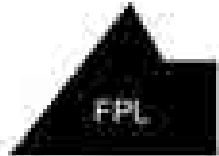
We were delighted to open our doors to the community on Friday 3rd September and so grateful we are welcomed with open arms. The bakery in Corbets Tey Road opposite the library is open from Monday to Saturday from 7am to 6pm every day. The philosophy behind the Upminster shop was to have a local bakery where people can come and enjoy a good conversation whilst enjoying the fresh bakes with a cup of coffee. And if you have children then we have a play corner for them to enjoy too

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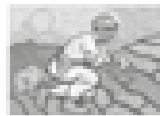
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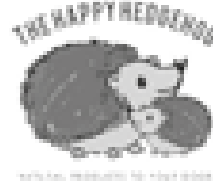
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Contacting Havering Council

Many institutions, local councils, utility companies etc are now taking enquiries purely "online" through the internet. Whilst this area has a huge uptake on the internet, there are still some residents who wish to phone Havering Council for information and report a problem etc. With this in mind, Upminster Residents' Councillor Linda Hawthorn has been liaising with the Council for residents who cannot get through on the phone or online. As you can see from the message she received from the Council below, they are hoping that residents will also be able to visit our Library for assistance.

*"Dear Councillor Linda Hawthorn
Thank you for your enquiry regarding the reporting of enquiries in person. Whilst we encourage customers to go online, at a time that is convenient for them, we recognise that there are customers that do not have access to a computer or family and friends to*

assist and therefore customers can speak to us in person.

In addition, before the pandemic and the closure of the Public Advice & Service Centre, customers could visit us in person to seek assistance. However I am pleased to say that we are looking at a new operating model that will in the future enable customers to visit their local library to make an enquiry, should they need to."

Dementia and Sleep Patterns

Dementia is a disease that is incurable, however there is research taking place on cures and ways to help people living with dementia. One such programme is looking at the impact it has on sleep patterns. University College London is undertaking the DREAMS study and are looking for people living with dementia to help them with their study. Funded by the National Institute for Health Research, you can get involved and help others by emailing Trial Manager: s.amador@ucl.ac.uk

Cllr GILLIAN FORD

HRA Team Members Enjoying their First Social Event

The BBQ in the sun was the first opportunity team members have had to get together in person and chat informally. We were delighted some of our subscribers were able to join us and enjoy the food, drink, raffle and live jazz band.

If you were unable to join us on this occasion, we hope our subscribers will join us at our next event.



The photograph shows just half of the HRA team, as other members were taking the opportunity to take a holiday

Another great book review from our resident reviewer: Thursday Murder Club

Predictable, sleepy, peaceful. Three words we would be excused for using to describe a normal retirement village. What if I told you that such a place could be exciting, thrilling and full of twists and turns - would you believe me? I wouldn't blame you if you said no, however, Richard Osman's 'Thursday Murder Club' will prove it and therefore completely change your perception of a retirement village.

We meet four unconventional friends living in Coopers' Chase - you guessed it - a retirement village. They are part of a group called the Thursday Murder Club who, given their former jobs and

continued on page 7

A & P JOINERY

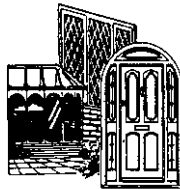
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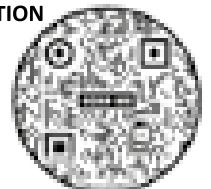
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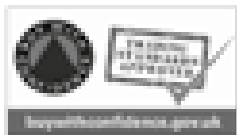
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connections, manage to meddle in old police cases. This is until a brand new case lands right on their doorstep...a murder, close to Coopers' Chase. An exciting, initial investigation begins with lots more surprises to follow.

Osman has written a fast-paced book that is suspenseful, intriguing and compassionate. It will have you racing through its short chapters and laughing at its comedic genius. It's also perfect for any age.

Osman said that he has plans to make a sequel and that Steven Spielberg (Indiana Jones, Jurassic Park, E.T., Jaws) has already secured the filming rights! I would highly recommend this book and am already looking forward to watching the film and reading the promised sequel.

ROSIE MEADWAY

Dog Poo

It's great to see so many people out and about with their dogs, but what's not so good are the inconsiderate dog owners who simply leave the dog poo where it

falls or, after bagging it, still leave it on the ground. Unfortunately there are no dog poo fairies who come out at night to collect it!

A number of places in Cranham have been drawn to my attention, Limerick Gardens, Moor Lane and Kings Gardens and I am sure there are others. Those roads that have grass areas along the roadside appear to be popular dumping grounds. Another popular place is to hang it on tree branches. Dog poo is both unsightly and potentially a health hazard. It can be put into litter bins or preferably taken away and disposed of as household waste. Please help to keep our area clean and tidy.

CLlr LINDA VAN DEN HENDE

Hornchurch Football Club

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It's a great friendly club, go along and support The Urchins your local team. The club also has an excellent website <https://www.hornchurchfc.com/>

Lock Your Vehicles

May we remind you not to leave valuables on display in your vehicles please. Please also ensure they are locked when not in use. Sadly there are opportunist thieves out there!

Black History Month

October is Black History Month, with the intention of, regardless of race, recognising the contribution and achievements of those with African or Caribbean heritage, as well as learning about the effects of racism and how to combat it.

Last year forced many people to realise the reality of ongoing racism with the pandemic killing Black people disproportionately,

huge amounts of stop and searches on Black people, and the horrific death of George Floyd. It seems that now, more than ever (as parts of society begin to feel racism is no longer a problem) Black History Month is so important.

As a student in the UK, I will be like many others, largely uneducated about Black History. Most schools still teach a history curriculum focused on white figures, distorting the fact that people from African and Caribbean backgrounds are a fundamental part of British history; beyond the slave-trade. I hope myself and others use this month to learn and celebrate the impact of black heritage and culture, using these lessons for both present and future.

Education may be in the form of documentaries, books or podcasts; allowing Black voices and stories to be heard. Another way of getting involved is to support black-owned businesses (found with the search of #blackowned) who may face structural racism.

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Potholes

Thanks for your messages on "potholes" in our area. We have been reporting these to the Council and chasing them up. Please inform us of any potholes you are aware of.

Scams

One resident was just about to pick up a call when it went to their answerphone with a very unusual pre-recorded message. On using 1471 and obtaining the number they were concerned it began with our local landline number 01708, but on trying to call the number back there was no answer.

Several years ago all sorts of numbers were put up for sale. A friend of mine answered a call which led him to believe it was a local number only to find it came from outside the country via a sophisticated phone system!

Please be careful when taking calls allegedly from banks etc and never give out your personal details.

Cllr RON OWER

Upminster and Cranham Royal British Legion Club - Poppy Appeal

Last year was an immeasurably difficult year for all. The Upminster & Cranham Royal British Legion would like to thank the local community and businesses for their involvement during the pandemic and with your help raised over £12,000.

Recruitment of collectors for this year's Poppy Appeal is imminent and as well as our usual supporters, we hope to see some new faces. The Poppy Appeal commences on 24th October and will run for 2 weeks. Paul's Poppy shop will be open in the car park of the Royal British Legion during this time (316 St Marys Lane, Upminster, RM14 3HL). The money raised through the Poppy Appeal goes directly to the Royal British Legion's work providing support to anyone who is currently serving in the British Armed Forces, or has previously

served, and their families.

Poppy Collector recruitment call: Poppy Appeal Organisers - Barry Winfield on 07846 501806 or Paul Hyde on 07554 434706. Social distancing is in place, mask wearing is optional.

We are currently holding a foreign currency collection - past and present currency accepted. All proceeds going to Poppy Appeal. £334 raised to date, donations can be left at the bar in the club.

Dormant Assets Scheme expansion proposal

Since 2008, the government authorised Dormant Assets Scheme has enabled participating banks and building societies to redistribute money held in accounts that have remained unused for over 15 years and the account holder cannot be traced. The money is given to charities and other social and environmental initiatives.

For several years the government has been consulting with the

financial industry to expand the scheme and have come up with the following proposals for additional dormant assets that could be included:

- Proceeds of life insurance and retirement income policies
- Shares or units in collective investments
- Certain investment asset distributions and proceeds
- Shares and distributions from shares in public limited companies
- Proceeds from corporate actions

The government remains committed to maintaining the three principles of the scheme should it be expanded:

- The industry's first priority is to reunite owners with their assets
- Owners are able, at any point, to reclaim the full amount owed to them
- The scheme is voluntary for the participant financial organisations involved

The government have indicated that they will bring legislation forward to expand the scheme

continued on page 11

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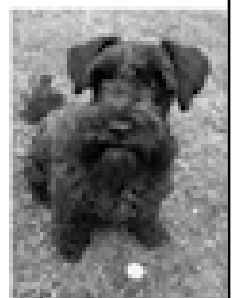
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when parliamentary time allows. For further details see their Dormant Assets Scheme webpage www.gov.uk/government/publications/the-dormant-accounts-scheme.

Cllr JOHN TYLER

Government Pension Tracing Service

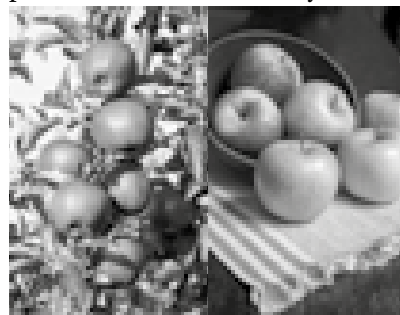
With reference to the previous article regarding the proposed expansion of the Dormant Assets Scheme, many people who have changed jobs during their working lives (the average is 11 jobs per person) may have accrued several small private pensions. In some cases, they may not have details of a pension or the company involved may have changed ownership and be difficult to trace.

To help people find their lost pensions, the government has a free pension tracing service. You can contact them via www.gov.uk/find-pension-contact-details or on their freephone number 0800 731 0193.

Cllr JOHN TYLER

Thames Chase Celebrate Regional Diversity During Apple Weekend

Thames Chase are delighted to welcome the local community to our longstanding Apple Weekend taking place 16th - 17th October 2021. With lots of demonstrations, tastings, talks, performances and activities, we are looking forward to celebrating our historic farm buildings at this wonderful autumnal festival. A selection of locally grown English apples, juices, honey and preserves will be available for tasting and purchasing celebrating the local produce available. Country crafts



such as willow weaving and woodcrafts will be on display. There will be activities for all the family to enjoy too, including scarecrow making on the meadow and a treasure hunt through the forest.

Apple Weekend, Thames Chase Forest centre, 16th -17th October, free entry, some chargeable activities. For more information visit www.thameschase.org.uk.

Clocks Go Back

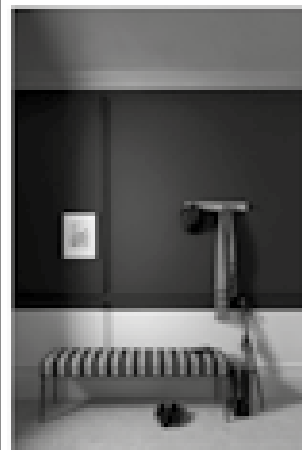
Please note clocks go back on the 31st October at 2am. You may not believe this with the weather we experienced, but it is the end of British Summer Time.

Extra hour in bed?

Our History ...

Continuing tales of Upminster from the past, Derek Jiggins shares more memories of Station Road. How many residents can recall The Cosy Corner cafe

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(Holland & Barrett today) and their Glo-Joy ice lollies at 3d each, fruit flavoured on the outside, ice-cream inside? The Cosy Corner was demolished in 1957, but about 20 years later Curly's Bar was located at no.9 Station Road. Nobody could walk past without experiencing the attractive

continued on page 13

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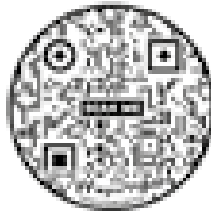
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aroma of roasting coffee beans, which was piped out to the street from Planters Teas and Coffees, situated at the far end of the shop next to Time Tees forecourt.



The photo taken on 2nd June 1985 shows it up for sale, soon to become Barkers Shoe Repairs.

Accessing Veterinary Care in a Pandemic

We are all aware of the crisis in the NHS, however a recent Sunday Times article highlighted the current situation in the Veterinary Profession with a shortage of Vets and Vet Nurses at a time of increased demand as many people have become pet owners for the first time over

the lockdown. Many practices have closed or are operating with reduced opening hours and others have staff shortages due to COVID 19 isolation requirements. Lawton and Stoakes has remained open throughout the pandemic but in order to keep staff and clients safe we have had to reduce the number of clients we can practically see each day. Recently increased demand for Veterinary services has meant that Vets have occasionally had to reschedule patient procedures when more urgent cases have been presented. Your patience is appreciated during these difficult times.

LYNNE STOAKES

Scout Leaders Needed

Do you have some spare time and would be interested in volunteering with the biggest Scout Group in the Greater London Region? 8th Hornchurch are a large and successful group that are continuing to grow and they now find themselves looking for a number of volunteers. They are specifically looking for additional leaders to support

the good work of the current leaders to drive forward the ever growing Scout Group, allowing them to continue to offer fantastic opportunities and skills for life for children aged 6 - 14 years. No prior experience is required as the Scout Association will provide full training. All we need is enthusiasm, an interest in working with and developing young people and a small commitment to attend training, and regular section meetings with the occasional day trip to camps. You will have the opportunity to grow yourself by using your current skills, learning new ones and contributing to an amazing life-experience for you and your local community. This role does require a DBS disclosure (which will be paid for by Scouts). If you are interested in hearing more, please email gsl@8thhornchurch.org.uk

Phlebotomy Pilot – Cranham Health Centre

The North East London NHS Clinical Commissioning Group

have given an update regarding the phlebotomy pilot currently taking place, part of which is printed below:

"All of our NELFT community sites who are part of the pilot are now live and offering provision, along with Redbridge PCNs. As with any pilot, we continue to listen to our communities, measure feedback received and flex the service accordingly. Feedback to date remains positive overall and we will continue to do our best to ensure people are able to continue to access their local service in a timely manner at a location that suits them.

Your comments will help to shape the future of this service and so we welcome your feedback via nelondon.bhrphlebotomyservices.nelccg@nhs.net."

At the time of writing, the Cranham Health Centre in Avon Road has two places at a time available to book from 8am - 4pm Monday to Friday. Phlebotomy services are also available in Havering at other locations in Havering.

For up to date information see the

continued on page 15

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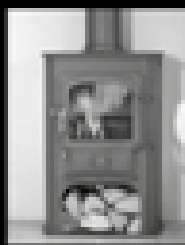
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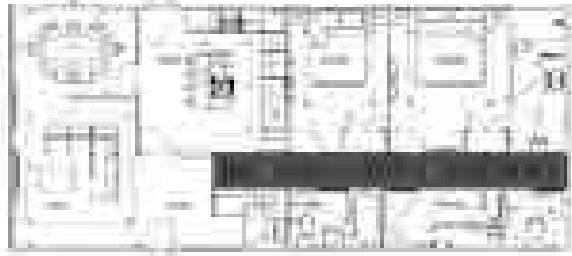
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Glue Traps

There cannot be many people who would welcome mice into their homes, and most would like to get rid of them. There are harmless traps, but fairly new ones include glue traps - where a layer of permanently wet glue is applied - the mice climb on them, get stuck, and slowly starve to death. Sadly it's not just mice that can get stuck in the glue, other "non-target" animals including birds, hedgehogs, squirrels, frogs, and even cats. If you see glue traps being sold, please send the following information to wildlife@rspca.org.uk

- Name and address of the store where the traps are being sold (include postcode where possible).
- The name of the manager or owner of the store concerned (if known) and the address if different to above.
- The date you saw the traps on sale.

CLlr LINDA HAWTHORN

Upminster Fireworks Display is back!

Please come along to our Fireworks Display on Saturday, 6th November, at Upminster Infant/Junior School Playing Field (next to the Crumpled Horn). Doors open at 5pm, display at 6:30pm. All information, including tickets, will be on our website www.uspfa.co.uk.

The Witchfinder's Sister - Queen's Theatre

Come along and see Beth Underdown's chilling and creepy tale of Essex witch hunts, *The Witchfinder's Sister*. Based on the true story of the infamous witchfinder Matthew Hopkins. Performances run from 7th to 30th October 2021.

This spellbinding and haunting historical thriller was Beth Underdown's debut novel, a

Richard and Judy Book Club pick and winner of the Historical Writers' Association Debut Crown Award 2017. The Theatre has commissioned Vickie Donoghue, an acclaimed playwright from Thurrock, to adapt the novel for the stage.

Set in 1645, *The Witchfinder's Sister* follows the story of Alice Hopkins, who comes home to Manningtree to live with her brother after her husband is tragically killed. But home is no longer a place of safety, as rumours of witchcraft spread through the town. Alice discovers her brother has changed, as a reign of hysterical terror takes hold. Alice begins a desperate race to reveal what's compelling the obsessively cruel Witchfinder General, before more innocent women are found guilty. For tickets call the box office **01708 443333** or visit the website <https://www.queens-theatre.co.uk/>

OUT AND ABOUT IN YOUR LOCAL AREA

Upminster Park Townswomen's Guild

We are a friendly group of ladies enjoying a chat over tea and biscuits, listening to a good speaker or entertainer, going on outings/theatre trips and promoting friendships and wellbeing. We meet at St Laurence Church, main hall Upminster on the third Monday of each month at 1.45 pm until 4.00 pm.

For further information contact Anne on 01708 226305 or simply come along.

Upminster and District Mens Probus

Following our successful return to physical lunchtime meetings at The Cranleigh restaurant in August and September, our next meeting will be Wednesday, October 27th when Howard Slater will talk about the Legend of Marilyn Monroe. Following that,

continued on page 17



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on Wednesday, 24th November, Ian Davison will talk to us about Avoiding Cyber Crime and Fraud, and ways to look after your home. If you would like to join us, please contact Barry on secretary@probus.com, or call Barry on 01708 703783 and leave a message. Our web site is upminsterprobus.com, or find us on Facebook.

Upminster u3a is Back at the New Windmill Hall

Goodbye Zoom - hello Upminster. No more flat screens, breakout rooms, muting, or frozen images! Upminster u3a is back in the New Windmill Hall, every third Tuesday monthly - doors open at 1.00 pm. For more information, check out our website (u3asites.org.uk/Upminster), or come along on the day to see what we do. Our membership never closes and our interest groups are nearly all running normally again (over 50 of them).

On Tuesday, 19th October, Lucy Allen will be talking about her life as a stuntwoman, having worked on Bond and Harry Potter films, amongst others. Looking forward to seeing you there.

COURTNEY MOITA DE DEUS,
CHAIR, UPMINSTER U3A

Upminster Tithe Barn Museum of Nostalgia

October 2nd, open from 10.30am to 4pm

Free entry, free parking.

Ingrebourne Probus Club

We are a friendly group of gents, age 50+ who meet at the Cranleigh restaurant, Hornchurch on the first Wednesday of every month - next meeting 6th October.

We have a speaker after lunch at each meeting and a number of outings are arranged from time to time as well as a Christmas lunch. At present we have a few vacancies and if you wish to join us you would be assured a warm welcome.

For further details please contact our secretary **Graham Fenegan** on **01708 228009**.

'Belated Birthday Beethoven'

The Havering Concert Orchestra (HCO) is pleased to announce its Autumn Concert.

Last Summer HCO were going to celebrate Beethoven's 250th Birthday with a concert dedicated to him. COVID thwarted that, but they are one of the few orchestras that have continued to practice virtually and where possible, in person. HCO is now preparing for their next concert on Saturday, 20 November 2021 at 7.30pm at the Frances Bardsley Academy, Brentwood Road, Romford RM1 2RR.

- Mozart - Overture Don Giovanni
 - Beethoven - Quartet Op 18 No 1
 - Wagner - Tristan and Isolde
 - Mendelssohn - The Hebrides Overture
 - Delius - On Hearing the First Cuckoo in Spring
 - Beethoven - Symphony No 7
- Advance tickets available online via www.hcweb.co.uk at £10 or £12 on the door.

More details can be found at - <https://www.hcweb.co.uk>

The Arts Society, Havering

Our October lecture will be "Lawrence Alma-Tadema: at home in antiquity" by Daniel Robbins. Alma-Tadema was

continued on page 19

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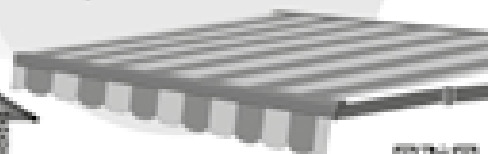
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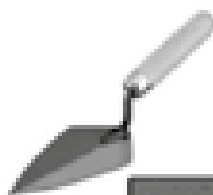


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 uk/AboutUs/AboutUs.aspx](https://tashavering.org.uk/AboutUs/AboutUs.aspx) or
 contact us at
info@tashavering.org.uk

We also have a Study Day on 27th
 October on "The Art of Politics"
 by Dr Caroline Shenton. This
 will consist of three interesting
 historical stories about paintings
 associated with the Palace of
 Westminster.

RICHARD SAVILLE

Jazz Lovers

The Rotary Club of Hornchurch
 and Upminster are holding their
 annual Jazz night on Saturday
 9th October 2021, 8pm till late,
 with entertainment from Kid
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Gillian Ford 01708 641317 or
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Havering Antique Collectors Club

Harold Wood Neighbourhood
 Centre, Gubbins Lane 7.30 for
 8pm. Membership £30, Guests
 £5. Chairman Mrs Christine
 Lovett 0794 7367 258

- Friday, 15th October - Peter
 Cockburn - Stamps. Peter is
 President of London Royal
 Philatelic Society.
- Friday, 19th November - Serhat
 Ahmet - Meissen. He will bring
 some pieces for discussion.

The Secret Blind Garden Charity Lecture

The Upminster & District
 Horticultural Society is back and
 looks forward to sharing with
 you some fabulous speakers in
 the coming months. The season
 begins with a charity event on
 12th October. Shelley Hart from
 the Havering Volunteer Centre
 who supports the volunteers
 at the Secret Blind Garden in
 Harrow Lodge Park will talk
 about the history of the garden

and how they are currently
 developing the site. 7.45pm
 to 9.45pm - there will be an
 interval for tea and biscuits.
 Entrance is £3.00 You can find
 out more about the society by
 visiting their website [www.
 upminsterhorticulturalsociety.
 co.uk](http://www.upminsterhorticulturalsociety.co.uk)

Havering Astronomical Society

20th October,
 7.15 for 7.30pm
Dr Paul Whiting, FRAS
 will present a "Practical Radio
 Astronomy" session. To be
 followed by our AGM.

3rd November,
 7.15 for 7.30pm

Professor Duncan Lorimer
 (West Virginia University), the
 British-born discoverer of Fast
 Radio Bursts (FRBs) will talk
 about the history of FRBs and the
 latest developments in this field.

Young Astronomers

28th October
 7- 8pm.

Thames Chase Forest Centre.
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As a club we are now offering
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 for November - date TBA. Check
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 branches.britishlegion.org.uk/
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Volunteer Trustee

Could you become a volunteer Trustee and use your work skills to do something really useful? Is your background in HR, IT, the Health Service, Business practices? We are a Trustee group responsible for overseeing the operation of a residential care home specialising in dementia, its viability, maintaining standards and backing up the Management Team. Committee meetings currently via zoom.

Why not come and talk and offer your help. Not as onerous as you may imagine.

For further information email gbh.barnes@yahoo.com or call 01708 440169.

Havering Dementia Carers Support Group

We are a friendly group for people caring for a loved one with dementia. If you feel you want someone to talk to, who is in the same boat as you, come and join us. We offer support, advice and friendship and you can bring your loved one, they will be looked

after and entertained in another room by experienced volunteer carers. We have our meetings every Monday morning 10:30am to 12 at: HCF, 2a Newmarket Way, Hornchurch, RM12 6DS.

Tea, coffee and biscuits are provided and we charge £5 per carer (no charge for the person with dementia). Your first visit is free. You must be fully COVID vaccinated and we would need to see your vaccination certificates. We also have a Thursday afternoon Zoom meeting 2pm - 3pm and we have Queens' Theatre trips, lunches and other outings. We also run a walking group each Friday at 11am in a different park each week, finishing with a chat over a coffee and sandwich. Come and join us. Contact us: **Pam Shippen 07811344523 havDCSG@gmail.com**

Letter Box Theft

We have been alerted to the increase in theft of mail from private letter boxes in our area with fraud subsequently being committed. If you have a letter box near the street please ensure that it is emptied frequently, especially after the postman has been. The perpetrators are

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Coffee In The Garden

The smell of those wonderful home-made cakes, freshly ground coffee and the sound of community chatter drift through the air each Thursday morning between 10.30-12ish at Coffee In The Garden, Brooklands Gardens, Hornchurch.

All welcome 'Come one come all'; bring a friend or even a cake if you like, but most importantly yourself to our lovely COVID friendly garden enjoying a relaxed, friendly atmosphere.

Details from coffee@chapel.email - we'd love to hear from you!

Watch Your Speed

The Police recently held "speed checks" in Wingletye Lane and will be holding further checks



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throughout the area. This is following an increase in speeding along many roads in Emerson Park often by drivers from other areas, but as was seen a few years ago, many of those given warnings were actually local residents. Please watch your speed at all times – take your time, slow down and keep Squirrels Heath safe.

Can't Sing Won't Sing!

Community Choir on the Corner. At last we can sing (and not just Sweet Caroline)!

From its new corner at Nelmes URC in Nelmes Road we are pleased to welcome you to our wonderful Community Choir. Meeting each Thursday at 8.00pm come and join the fun in a COVID safe environment.

Singing talent is not a required qualification, just a willingness to have a go and join in a lovely community. With vocal coaching,

exercises and musical guidance we are an example of the sum being better than the individual parts!

Any questions to sing@chapel.email or simply just turn up.

VJ Day

Deputy Lord Lieutenant of Havering, with Adam Francis at a VJ Day Celebration Garden Party in Walden Way, Hornchurch on Sunday, 15th August raising funds for Veterans of War charity.



Ardleigh House

Ardleigh House fully reopened in September and classes have restarted. Some are old favourites but some are new. Our trips have also re-started. For full details of what's on offer see our website www.ardleighhouse.org or telephone 01708 440660.

11th October "A Day trip to Winchester" Coach drops off in the centre of Winchester, everything within walking distance. The Cathedral, 6 military museums, Britain's oldest school, a full restored 1,000 year old working watermill, plus shops, restaurants and cafes. **£25pp**

22nd November "Thursford Christmas Spectacular" Just a few tickets left so please contact us promptly if you would like to go. **£70pp**

Keep watching our website for future trips in 2022.

Haynes Park Bowls Club

The Club, based in Slewins Lane, Hornchurch was established in 1950 and is a happy, mixed club welcoming all people interested in playing bowls. They have coaching for novice bowlers and hold internal, league and county games for competitive players. They also hold social events throughout the year, including quiz nights, race nights, crazy whist and Friday night get-togethers through the winter months.

The Club is always looking for new members. If you are interested, please contact **Sheila Cuthbert** (Secretary) **01708 470751** or **Mick Rigby** (Treasurer) **07956 892832**.

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