

# H.R.A

Havering Residents Association

## THE BULLETIN

The Havering Residents Association - always available, not just at election times

**PC & Laptop Repairs**

Virus issues Running slow  
Internet problems WIFI  
Data recovery Power supplies  
Laptop Screens Hard drives  
Pick up and Drop off service

Cranham Computer Centre 01708-250296

### The official Bulletin delivered by the Havering Residents Association

## Better Neighbourhood Policing

At a recent meeting of Councillors with the Borough Police Commander we were reassured to find that the proposed changes to Neighbourhood policing will have a positive effect on our area. More local police being more visible at street level will show a return to a more accessible and visible presence on our roads. They also want to improve communications with the public which has been an area of crisis in the past, with a regular local newsletter and more use of the local Neighbourhood Watch, OWL and Safer Neighbourhoods Team meetings. Whilst we have an excellent local PCSO with Damien providing a regular cycle patrol across Emerson Park, it would be even better if we were to have more officers in our area and regular contact with the public would give them a chance to get to know their local community.

## One year on as your local Councillors

Whilst it took a few months initially for David and myself to settle into the role we are finally getting to grips with communicating with Council officers at the Town Hall so we can get things done and deal with the various enquiries and questions that come to us on a daily basis. It is very reassuring when we see a quick response to local problems like cleaning up the gullies and roadway at Cophorne Gardens or ensuring a litter spillage was cleared up in Halcyon Way. We have several long term projects that we are chasing officers for, especially the resurfacing or repair of some of the worse roads in Emerson Park that have been neglected for several years and in urgent need of repair. Much of our time is taken up with Council meetings and briefings as being part of the Administration involves playing a greater role than in previous years. We are always here to deal with queries and like to think that we are making a positive impact on Emerson Park and Havering.

Cllrs DAVID GODWIN AND LAURANCE GARRARD

## Bulletin support

We are very proud of The Bulletin and know that it is very well received when it drops through the letterbox each month. Keeping you up to date with what's going on in the local area and of course supporting local firms and traders with our advertising space. Would you like to get more involved to support its production? We are currently looking for additional support for both editorial and invoice administration. Do you have some free time, are you competent with MS Word/Excel, are you an experienced administrator or even have some editorial experience? Would you be interested in making a commitment to join the team and support the Bulletin on a voluntary basis? If you are interested please email us on [Bulletinra@yahoo.co.uk](mailto:Bulletinra@yahoo.co.uk)

## The Data Centre

The Council recently heard the full details for the proposed Data Centre in North Ockendon. Whilst the prospect of building in a Green Belt area is a cause for concern, there are many benefits that will make this worthwhile. The greatest advantage will be the 280 acres of currently arable farmland that will be created into an ecology park for local wildlife accessible to the public with a visitors' centre. Thames Chase is already in communication with the developers to ensure a smooth integration of the existing community forest in the area. There will be an increase in local jobs, not only in the construction phase, but also for the future of the site and the ancillary services that will come to the local area. Having heard the proposal the Council feel this to be a positive development not only for Havering, but also for Europe as currently the only similar data centres are in America and China. The site will be well screened so as to minimise the impact on the local area and will include a better cycle infrastructure for public and employee access.

Cllr DAVID GODWIN

## Help with Bulletin distribution in Emerson Park

If you could assist delivering around 40 Bulletins each month please contact me.

Also if you could drop off Bulletins to 4/5 of our deliverers. Help us to help you.

If you can assist please contact me on **07973 856195** or email [info@raep.org](mailto:info@raep.org) or [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)

Cllr LAURANCE GARRARD

**Haines Watts**  
Local Matters, National Strength

We help business owners **ACHIEVE THEIR PERSONAL GOALS**

As a business owner achieving your personal goals as well as your business goals is important. Whether that's providing for your family, reducing your tax bill, protecting your assets, extracting wealth from your business, or knowing your retirement is secure. Our partners will work with you to ensure you have a plan to achieve your goals.

To find out more contact Haines Watts, your local award winning accountants

Haines Watts Hornchurch, Juniper House, Warley Hill Business Park, The Drive, Brentwood, Essex, CM13 3LJ  
01708 475 220 - [JMacwilliams@hwca.com](mailto:JMacwilliams@hwca.com)  
[www.hwca.com/accountants-hornchurch](http://www.hwca.com/accountants-hornchurch)

**Windsor Property Extensions**

Family Business Est. 25 Years

Extension Specialists Garden Room Specialists

- Extensions
- Loft Conversions
- Garage Conversions
- Bespoke Garden Rooms
- Renovations

Phone: 01277 37 52 37 Mobile: 07958 787 297

Email: [wpm321@msn.com](mailto:wpm321@msn.com)

[windsorpropertyextensions.com](http://windsorpropertyextensions.com)

**NICEIC APPROVED CONTRACTOR**

**GAS safe REGISTER**

## LADY PAINTER & DECORATOR



Professional, clean & tidy tradeswoman  
All aspects of painting & decorating  
(incl. plastering, coving and cornice)  
Free estimates OAP discounts  
Hornchurch & surrounding areas

CONTACT: TRACY on 07449 205770 / 01708 470841  
Email: tracy.dawkins@live.co.uk

ALL AREAS COVERED

Family Business Est. Over 35 years

# A Touch of Glass

No Salesman, No Canvassers, No Hassle

WINDOWS - DOORS - CONSERVATORIES  
uPVC - ALUMINIUM - SEALED UNIT REPLACEMENT

## 01708 250 070

97 FRONT LANE, UPMINSTER, RM14 1XN WWW.ATOG.CO.UK

FENSA APPROVED 11835  
GGFI



## CP CARPET CLEANING

Carpet & Upholstery cleaning specialist with 20+years experience, competitive prices, includes a sanitising & deodorising treatment.  
Fully insured and DBS certified

Carl: 07951 235195

Email: cpickering1976@outlook.com  
www.cpcarpetcleaning.com CP Carpet Cleaning



## Local electrician

- Based in Upminster
- Domestic/commercial work
- Electrical testing and reports
- Fault finding and rectification
- Fuseboard upgrades/Re-wiring
- Lighting/Telephone cabling

Paul Gilham 07985 185872  
01708 229835  
or info@gilhamelectrical.co.uk



## ASSOCIATION COUNCILLORS:

### Commercial Advertising

Martin Flower 07785 244212  
bulletinra@yahoo.co.uk

### Bulletin Editor

Pauline Mastroianni  
bulletinra@yahoo.co.uk

## EMERSON PARK AREA



Laurance Garrard

07973 856195  
Laurance@raep.org



David Godwin

07904 087309  
David@raep.org

Squirrels Heath and Harold Wood contact  
bulletinra@yahoo.co.uk

## Please do not put out rubbish too early

We have received numerous complaints regarding black bags being put out overnight causing foxes and birds to attack and scatter the rubbish across the roads. Please do not put out your black bags until 7am on the day of collection and if you are unsure of which day, especially when there is a bank holiday, please give us a call and we will clarify for you. Where we are finding a regular pattern we will start patrolling the areas on the night before to explain with the help of officers exactly why bags should not be left out overnight. Thank you for your help in keeping our area tidy and if you see any litter outside your house why not pick it up and pop it in your bin rather than leave it for the Council to clear up. We have also been made aware of drinks bottles being discarded by students in Parkstone Avenue and Wingletye Lane. Please parents could you impress upon your children the importance of not littering and the use of bins or bringing rubbish home rather than just throwing it in the street.

## Say no to ULEZ

We would like to thank everyone that joined us at the ULEZ protest in Trafalgar Square and came up to chat to the HRA Councillors. The fight to stop ULEZ for outer London continues - we cannot let this go through.



## Planning applications on the RAEP website

Havering Council publishes a weekly list of planning applications received within the previous seven days. We have become aware the number of households informed of a planning application is often less than most people would expect. The Weekly Planning List is available on our website. To view the applications visit www.raep.org and search for 'planning applications'.

## Article & Advertising Submission Deadlines

Articles - 1st Month Advertising - 3rd Month

Copy to be received on or before the above dates one Month prior to the publish date. Please note that submitting an article does not guarantee publication. Email:  
bulletinra@yahoo.co.uk

## UPMINSTER CARPETS

FAMILY RUN SMALL BUSINESS FOR 30 YEARS

FREE ESTIMATES · OLD CARPETS AND FURNITURE? NO PROBLEM!

01708 . 224 . 515  
205 ST MARYS LANE | UPMINSTER | RM14 3BU  
WWW.UPMINSTERCARPETS.CO.UK

CARPET · VINYL · LAMINATE · AMTICO · KARNDEN

## GO Landscapes

Landscape Construction

Driveways, Patios, Brickwalls, Fencing, Ponds, Planting, Water Features, Turfing & Decking.

All work solely undertaken by

\* Greg Oldham \*

Tel. 01708 251 004 / 01621 860 529  
Mobile 07812 131 772

email: oldhamgreg@yahoo.co.uk



PLUMBING & HEATING

- Emergency Repair •
- Blocked Drains •
- Heating Breakdown •
- Servicing •
- Maintenance •
- Ballvalves • Tanks •
- All Work Guaranteed •
- Established Locally For Over 25 Years •

PJ Rugg & SON ENGINEERS

FAST, RELIABLE, FRIENDLY SERVICE

Tel: 01708 229857 Mobile: 07415 096551

iphe REGISTERED PLUMBER  
safe REGISTERED

## BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

Tel: Office:  
01708 780000

Tel: Home:  
01708 733088



Natural Stone Paving

## ADVANCED MP

PLUMBING & HEATING

BOILER REPAIRS • SERVICING AND INSTALLATIONS • COMBI BOILERS  
• TANKS • TOILETS • ALL GAS WORK

O.A.P'S DISCOUNT, NO CALL OUT CHARGE, 24 HR CALL OUT

WORKING IN YOUR AREA QUALIFIED AND EXPERIENCED ENGINEERS



01708 475041 079301 49046

www.adv-mpplumbing.co.uk  
pat@adv-mpplumbing.co.uk



## Holiday apartment for rent



Family 3 bed, 1 bathroom apartment with additional sofa bed.  
Located in Soldeu in Andorra, 5 mins walk from ski lift.

Available to rent for family/friends' holidays.  
Great location for skiing in the winter and hiking,  
mountain biking and canoeing in the summer.

**Call 01708 223321**

for further details and availability. Speak to Rachel & James.

## FLEET ELECTRICAL & HEATING SERVICES

National Inspection Council for  
Electrical Installation Contracting



APPROVED CONTRACTOR

**Full / Part Rewires - Extra Plugs**

**TEST CERTIFICATES PROVIDED**

**Immersion - Security Lighting - Fault Finding**

Established in Upminster for 20 Years

Phone: 01708 250409 Mobile: 07956 335744

5 Mersey Avenue, Upminster

## Update on Penalty Charge Notices when payment machines not working

A follow up to my article in the May edition of the Bulletin (P.3), of the issuing of penalty charge notices (PCNs) in a Council car park when all of the machines were inoperable. Whilst Havering Council had previously agreed that parking would be free in such circumstances (including on-street bays where all nearby machines were not working), I was dismayed to be contacted by a resident who had received a PCN in such circumstances and had had their appeal turned down by Havering Council. The reason given for refusal was that they should have used the RingGo app or moved their vehicle to an alternative area. This quite clearly goes against what senior parking officials at the Council have told me, and is certainly not shown on the Council's published guidance on the enforcement and

cancellation of PCNs.

At the time of writing (in early May), I have contacted the Highways, Traffic and Parking section of the Council, asking for urgent further clarification and will update readers when I have more news.

If any residents have had an appeal refused in similar circumstances, please feel free to contact me at [councillorjohn.tyler@havering.gov.uk](mailto:councillorjohn.tyler@havering.gov.uk). I will not be able to act directly on your behalf but it will help provide evidence of whether this has been happening regularly.

Cllr JOHN TYLER

## Hall Lane Pitch & Putt

Another Planning Application has been submitted to add an additional property on the Hall Lane Pitch & Putt site. Application number P0552.23 has been submitted for the Variation of Condition No. 1 of Planning Permission Ref No. P0112.22 to permit the following; 1. Minor amendments to boundaries of plots 32, 34, and 35 2. Introduction of new Plot 36 using the land around protected tree T15 3.

Omission of consented single-storey summer house on plot 35 4. Introduction of new single-storey house on plot 36 5. Minor amendments to the boundaries around the land of protected tree T15, i.e. omission of railing and boundary wall, which will now be under the private demise of new Plot 36 6. Introduction of new hard and soft landscaping to front of new Plot 36 to match consented materials and vegetation. I can confirm there are no further proposed tree losses to the site. Cranham ward Councillors have called in the Planning Application to be heard by the Planning Committee, as it is felt this would not be in keeping with the proposed street scene and would be an overdevelopment of the site.

As you will see the Pitch & Putt site continues to be an area of concern which includes the vehicular activity and the mud deposits on the public highway. All of these have been reported through to enforcement, and the Council are monitoring the situation. We have been advised however that the developers want to close Hall Lane to carry out a new drainage connection to the public sewers which are located within Ingrebourne Gardens. This

## OVENS, RANGES, HOBS, MICROWAVES, EXTRACTORS

Professionally cleaned using, eco friendly, non caustic product **No Fumes, No Odours**

**Tel 07720781202**

[www.letsgleamovenclean.co.uk](http://www.letsgleamovenclean.co.uk)

5 star reviews Facebook & Google

will require Hall Lane closing for up to a 4-week period, and the closing of Ingrebourne Gardens for a 2-week period with the use of temporary traffic lights on Hall Lane for approximately an 8 week period. Their provisional thoughts are to carry out the works during the school holidays with the exception of the We Are FSTVL dates. They will be holding a drop-in session on the 12th June in Upminster Library. I am sure you will agree that this will have a huge impact on the area and the transport network. Cranham ward Councillors are working with the Council and developers to see what measures can be put into place to reduce the impact for residents and will update you when details are confirmed.

Cllr GILLIAN FORD

## One year in

Taking up the role of Councillor can be both challenging and interesting. Having close to forty years of experience in local Government at a senior level, familiarity with constitutional arrangements and an understanding of local

*continued on page 5*

## FOCALPOINT LOFTS

est 1977

- Family run *Upminster* business.
- Established in *Upminster* for 40 years
- Fully insured
- Loft Conversion completed in 6 weeks in most cases
- Previous work can be viewed
- References available
- Plans drawn and submitted



For more information, please call  
Gary or Chris James or Shane Green

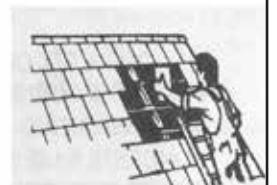
Office: 01708 250772

Mobiles: 0777 311 8268, 0795 002 5841, 07890 971 579

## CRANHAM ROOFING

### The Roofing Specialists

- Free no obligation quotations
- New roofs - strip and retile
- Flat roofs
- Chimney stacks - repoint/removed
- Guttering, fascia and soffit works
- Valleys and leadwork
- All repair and insurance work
- All new roofing works guaranteed



TEL / FAX 01245 842063 (office)  
MOBILE 07860 752798 (24 hr call out)  
EMAIL: [t.gagen@sky.com](mailto:t.gagen@sky.com)

## GOVANI CHEMIST

Molend Limited  
Established in Upminster since 1973  
Confidential pharmaceutical help and advice  
by Liaquat, Shamim & Fiesa Govani, Tommy Hai

64 Station Road, Upminster  
01708 220044

87 Front Lane, Cranham  
01708 224083

Free local collection and delivery of prescription service available upon request from  
housebound patients  
[www.govaniechemist.co.uk](http://www.govaniechemist.co.uk)



## RICKY ARCHER Roofing Contractor

Established 1987



Roof Repairs - New Roofs - Tiling - Slating - Flat Roofs  
Three Layer and High Performance Felting - Leadwork - Pointing  
Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden  
Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on:  
Upminster 01708 226512 Mobile 07710327651  
Email: [ricky-archer@ntlworld.com](mailto:ricky-archer@ntlworld.com)

## PLASTERING



- Professional • High Quality
- Reskim over Artex • New ceilings
- Clean and Reliable
- Cove & Cornice • Painting
- Cheapest Rates
- OAP Discounts
- Free Estimates
- 27 Years Experience
- Hornchurch and Surrounding Areas

**CONTACT: CLAY DAWKINS**

**TEL: 07961 379277 / 01708 470841**

**EMAIL: [CLAY.DAWKINS@LIVE.CO.UK](mailto:CLAY.DAWKINS@LIVE.CO.UK)**

## M Bray

painting and decorating

all aspects of decorating covered  
small jobs to complete re-decorations  
over 20 years experience  
polite service - clean and tidy work with a high quality finish  
local references available

**Tel: 01708 223608 / 07983 486655**  
**e-mail: [mathew.bray@sky.com](mailto:mathew.bray@sky.com)**



Learn to swim at a Family Friendly and Fun Swim England Swim School

Based in Upminster serving Havering and beyond

Teaching Swim England's learn to swim plan

Contact Trevor on 07415 493032 or visit [www.criddersswim.co.uk](http://www.criddersswim.co.uk)

 **Upminster  
Hyundai**  
NOW OPEN

**SALES  
SERVICE  
PARTS**



CALL NOW  
**01708 917 958**

**Upminster Hyundai**  
321 Corbets Tey Road, Upminster,  
Essex, RM14 2DF



## Is now the time to review your financial planning arrangements ?

We at Austin Chapel Independent Financial Advisers LLP, have been providing unbiased, Independent financial advice to local people for over 20 years. In these uncertain times, now may be a good time to review your existing financial arrangements, to ensure they still meet your current and future requirements.

If you would like to review any of the following, please get in touch to discuss how we may be able to help you.

- Investments and Savings.
- Pension and Retirement Planning.
- Protection, Including Life Assurance, Critical Illness and Health Insurance.
- Mortgages and Equity Release.

For your **Free** consultation without obligation please call **01708 220816**.



**Austin - Chapel**

Independent Financial Advisers LLP

St. Laurence House, Gridiron Place, Upminster, Essex RM14 2BE

Austin Chapel Independent Financial Advisers LLP is a Limited Liability Partnership which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales No. OC350780

## Everything Glass Ltd

For all your window and door repairs

Windows and Doors Supplied and Fitted  
Misted or broken double glazed units replaced  
Hinges Locks Handles replaced  
Toughened / laminated safety glass fitted  
All types of glass supplied and fitted

No Job Too Small. 40 Years' Experience

**No Call Out Charge**

Call Paul on

**07958 550796 or 01708 551314**

[www.everythingglasltd.co.uk](http://www.everythingglasltd.co.uk)



## EPD Construction Services Ltd

**Home Insulation & Drylining Specialists.**

Want to Reduce Energy Bills & Heat Loss?

Epd cover all aspects of internal wall lining, insulation and Finishing, External wall insulation including render systems, Loft insulation install/Upgrades, New Partitions & Ceilings inc Acoustic upgrades, Media walls, Feature ceilings and Light troughs. For free friendly advice and quotes

Call Daniel on 07378 401973 / 01708 223869.

# BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

## SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT
- RETAINING BORDERS CONCRETED FIRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

## DESIGNED TO YOUR NEEDS

- WIDE VARIETY OF MATERIALS, DESIGNS, PATTERNS AND COLOURS
- CATALOGUE AND PREVIOUS WORK AVAILABLE
- WEBSITE AND FACEBOOK SHOWING EXAMPLES
- HELP AND ADVICE WITH DESIGN AND LAYOUT
- ALL YOUR CONSUMER RIGHTS WILL APPLY
- ALL WORK GUARANTEED

Tel: Office:  
01708 780000

Tel: Home:  
01708 733088

All work carried out by responsible tradesmen



Natural Stone Paving

Established over 30 yrs

government has been a real asset. One year in as the Cabinet Member for Children's Services, I have seen the dedication of staff in safeguarding, supporting and ensuring children in our care have their voices heard. Early Help provides support for new parents, and the Fostering services have been really successful in finding and supporting new Foster Carers. The Education service ensures that there is planning for school places and the provision of new or improved facilities for those with special needs. I have been working with officers looking at increasing the provision within the Borough which will benefit children and families, improving the social benefits of going to school closer to home.

It was an absolute pleasure to meet our young people when they received their exam results, and I continue to visit schools across the Borough from primary, special needs and secondary; my aim is to also visit the colleges and nursery provision.

Cllr OSCAR FORD

## Village Green status

A lot of residents were devastated to see the sale of the Upminster Pitch & Putt site for development. It therefore became an area of focus to see what other little gems are within the ward that need protecting. I am pleased to say that having recommended the Fleet Close green, it has been proposed and agreed by Havering Council's Administration to be designated as a Village Green, which would protect it from development in perpetuity. As the Pitch & Putt site had controlled access, this could not have been considered for Village Green status. Formalities will now have to be completed before the site can be classified as a Village Green, and I hope to update you shortly.

Cllr GILLIAN FORD

## RIP Frank Joseph Everett

It was sad to hear of the passing of Frank Everett in April this year. A resident of Upminster for

more than 60 years and a partner of The Everett Partnership, Chartered Building Surveyors based in Upminster and serving the local community since 1985. Frank was very active in the community in Local Government, The Havering Arts Council and School Governing bodies. Shortly after arriving in Upminster in 1958 he was very involved with St Joseph's Parish Council supporting the new Parish Social Centre and a Mass centre in Cranham, both of which remain today. He was elected to Council in 1968 representing Upminster Ratepayers and served on the Education Committee. He was Chairman of Governors respectively at Champion School and Sacred Heart of Mary Girls School, to which his connection continued from a professional perspective assisting in developing the School's buildings. Frank was passionate about the Arts, was instrumental in the formation of the Havering Arts Council and served as Chairman of the Queen's Theatre Trust during the 1970/80s. He was also involved with the Havering Twinning Association serving as the Chair and supporting its

Twining with Ludwigshaven in Germany. Frank's legacy is significant and his contribution to the local community so extensive in 2005 he was given Freedom of the City of London in recognition of this.

Frank is survived by his five children, Amanda, Sarah, Jonathan, Piers, and Dominic, plus, Millie, and Tula the family dogs, as well as eight Grand Children, and five Great Grand Children.

## Keeping our streets tidy

Every so often we read articles by Councillors about how they have asked, or are about to ask Council staff to clear up litter at various sites - the latest being the area alongside the bus stop opposite Avon Road shops in Cranham. Whilst there is a reasonably grounded expectation felt by residents that it is the Council's responsibility to keep such areas clean, there is also a decent argument for everyone to assume a little additional personal responsibility for keeping our

continued on page 7

## PATCHETT'S LTD

REMOVALS, STORAGE & DELIVERIES

Domestic & commercial  
Local & long distance  
Free estimates & Insurance  
Container storage  
Family business since 1962

01708 224968

Movers House, Front Lane, Cranham, Essex RM14 1XL  
www.patchettsremovals.co.uk

## MR PLUMBER

*D T Moore Plumbing Services*

- Trading Standards recommended Plumber.
- Reliable with reasonable pricing.
- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- No call out fee
- For friendly advice please call David

07931 553631 mobile 01708 223561 home

# STEPHENSONS

CHARTERED SURVEYORS ■ TOWN PLANNERS ■ ARCHITECTURAL DESIGN

Fast

Efficient

Honest

**SPACE, DESIGN, DETAIL**

Extensions, Party Walls,  
New Builds and Project  
Management.

**For free initial consultation**

**call 01708 470001**

office@stephensons.name
202 High Street Hornchurch, RM12 6QP
www.stephensons.name

FED UP WITH YOUR DIRTY DRIVEWAY?

**ADVANCED POWER WASH**

SPECIALISING IN RESIDENTIAL DRIVEWAY & PATIO CLEANING



We can restore your patio & drive back to their former glory. All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan ■ 01708 445112 ■ 07889 139916

www.advancedpowerwash.co.uk



Capitalelectricaltd.com  
info@capitalelectricaltd.com  
01708 700 758 | 07725 501 504

Based in Upminster • Over 20 years in the industry  
All aspects of electrical installation undertaken

- Full/part rewires
- Fuse board upgrades
- Additional sockets & lights
- Repairs
- External electrics
- Smoke, heat & CO alarms
- Data & telephone installation
- Inspection & testing
- Fault finding
- Security & emergency lighting
- Boiler control wiring
- Fire alarm systems
- Maintenance
- Call-outs

• Free estimates • No call-out charge • Quick response •



Best Foot Forward Essex

Best Foot Forward Essex

Fully qualified, mobile, foot health care practitioner

Leaving your feet feeling fabulous

Helen Tizard, RFHP

07932 012495 bestfootforwardessex@gmail.com

**SOUTH EAST HEATING**

DOMESTIC AND COMMERCIAL  
GAS, CENTRAL HEATING AND PLUMBING  
INSTALLATION SERVICING AND REPAIRS

**BOILER REPLACEMENTS**  
**GAS SAFETY CHECKS**  
**LANDLORD CERTIFICATES**  
**ANNUAL SERVICE REMINDERS**  
**WE SUPPLY AND INSTALL ENERGY EFFICIENT SMART CONTROLS**  
(can reduce energy consumption upto 20%)

**FULL BATHROOM INSTALLATIONS**

TEL/FAX: **01708 221 500**

MOBILE: **07956 481 819**

MOBILE: **07539 444 413**

E-mail: southeastheating@btconnect.com



in association with  
**Essex**  
**AgeUK**



Targeting Computer & IT Care in Essex & Havering



**PC, Laptop, Tablet, Smart Phone**  
**Maintenance & Troubleshooting**  
**Internet/Network Frustrations**  
**Tuition and Assistance**  
**Home & Business Visits**  
**Diagnosis Fee £20**  
**No Fix/No Fee**

01708 871482 or 07940 138170

jeremy@itman.biz

www.itman.biz

#itmanesx



Windows • Doors • Conservatories • Fascia and Guttering • Conservatory Refurbishments



**OVER 35**

**YEARS EXPERTISE**

- Trading Standards Approved -



**96%**  
of customers  
would  
**RECOMMEND**  
**CONCEPT**  
to friends

For your FREE QUOTE CALL

**01708 463 526**

www.conceptwindows.co.uk



Visit Our Local Showroom. Concept House, Billet Lane, Hornchurch, Essex, RM11 1XP



01708 229031 / 07917 002628

www.gidleybuilders.co.uk



gidleybuilders@gmail.com

- Extensions
- Garage conversions
- Internal and external refurbishments (All aspects)
- Alterations and knock throughs
- Plastering and decoration
- Supply and installation of Bi-fold doors, roof lanterns, uPVC windows and all roofline products
- Kitchens and bathrooms designed, supplied and installed (Showroom facilities available)
- Landlord refurbishments (End of tenancy)
- Plumbing, heating, gas and electrical works



**Unlock the equity in your home and enjoy a more comfortable retirement.**

Are you a homeowner aged 55+? If yes, you could unlock some of the cash tied up in your property by using a lifetime mortgage.

A lifetime mortgage is secured against your home just like a conventional mortgage.

You could release cash to spend however you like for example;

- Improve your home.
- Gift money to Grandchildren for property deposits.
- Have a holiday of a lifetime.

With a lifetime mortgage you will always own your own home\*

For your Free consultation without obligation please call **01708 220816**.



\*It will reduce the value of your estate and may affect your entitlement to means tested benefits.

**Austin - Chapel**

Independent Financial Advisers LLP

St. Laurence House, Gridiron Place, Upminster, Essex RM14 2BE

Austin Chapel Independent Financial Advisers LLP is a Limited Liability Partnership which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales No. OC350780

# L. J. NICHOLLS

INTERIOR & EXTERIOR  
PAINTING, DECORATING &  
PROPERTY MAINTENANCE

UPMINSTER

01708 288022 / 07958 492177

## AC PLASTERING



Painting  
Plaster Over Artex  
Specialists in Re-Skimming  
Coving  
Tiling



QUALITY WORK AT AFFORDABLE PRICES

Allan Carey

TELEPHONE: 01708-474-624 MOBILE: 07711-675-086

streets clean. After all, it is we that live here. I would readily admit to being one of those odd individuals who cannot go to buy a paper without coming back with pockets laden with empty cans and plastic bottles, but I still feel we can collectively do more. Even if 10 per cent of those who will read this Bulletin make a commitment to pick up and bin at least one item of litter every time they go out, then I would suggest the visual improvements would quickly become obvious. Civic duty does not rest entirely on Town Hall staff.

JOHN TAYLOR

## Lower Thames Crossing fly-through video

National Highways have produced a fly-through video of how the proposed Lower Thames Crossing would look like 15 years after it had opened. To view the video visit [ucra.co.uk/lower-thames-crossing-fly-through-video/](http://ucra.co.uk/lower-thames-crossing-fly-through-video/) and click the link. The Havering section of the video begins at around 11 minutes into the video.

## Youth wellbeing boost

The Havering Youth Wellbeing Steering Group is being set up as part of Havering's commitment to amplify the voice of young people in the Borough.

The group will focus on improving young people's wellbeing and we are looking for young people between the ages of 14 and 18 who live and go to school in Havering to join the group. The group will meet at least monthly and members will be compensated for their time with gift cards. Please email MyPlace to find out more: [myplace@havering.gov.uk](mailto:myplace@havering.gov.uk)

CLIF GILLIAN FORD

## Council emergency number

Kindly note the Council's out of hours emergency number is **01708 433999**. Please try and give the post code for where

## CARS BOUGHT FOR CASH CARS, VANS & MOTORBIKES

£ Instant cash paid £

Or Bank Transfer if you prefer  
Any Age, Make, Model or Mileage

Prompt, Professional Service

Please call John:

07948-013-257

Buyer Collects - 7 Days, 9am to 9pm

DVLA confirmation provided

the problem is or as much information as possible. The office hours number is **01708 434343**.

## First Step 35th Anniversary Ball

On Saturday, 7th October 2023 First Step will be holding its 35th annual ball. Help celebrate 35 years of First Step and catch up with families, friends and supporters of First Step and of course the founders Gill Hare and Margaret Williams. The event will be taking place at Orsett Hall in The Pavilion where you can enjoy a 3 course meal with tea and coffee, a raffle, silent auction, music and dancing. Tickets £75. To reserve tickets give Caroline or Catherine a call on **01708 556355** or email: [fundraising@firststep.org.uk](mailto:fundraising@firststep.org.uk)

## Upminster CC v Essex CCC

Upminster Cricket Club have announced that the Annual Benefit Match against the Essex

XI will be played on Sunday, 10 September. Further details will be available in due course.

## St Joseph's Centenary

One hundred years ago a new church was opened for the growing number of Catholics in Upminster, dedicated to St Joseph and located on Sunnyside Gardens. The Church moved to its present site on Champion Road in the 1930s, and the site of the old church is now occupied by the Upminster Taproom.

Our centenary celebrations began with a Mass in January celebrated by the Bishop of Brentwood, Alan Williams, but we wanted to do something that would involve the wider Upminster community. Our community celebration was held on Sunday 23rd April. Despite the rain disrupting our plans for an outdoor concert, we were able to go ahead with our backup plan, a concert in the New Windmill Hall featuring Brentwood School Big Band, with cream teas served by the Sweet Rose Cakery. Meanwhile, the bouncy castles and beer tent, run by

*continued on page 9*

Interior  
*design*  
SERVICE

# We're here to inspire

SCAN ME



TO MAKE AN APPOINTMENT



Our Interior Design team can gather ideas, figure out what colours and concepts, layouts and lighting, fabric, furniture, wallpaper and paint that makes you happiest, and edit down inspiration to create a scheme that suits you. No matter how big or small your project, our designer can work with you to make the process as enjoyable and easy as possible.

## Roomes

Furniture & Interiors | Since 1888

[www.roomes.co.uk](http://www.roomes.co.uk)

22-24 Station Road, Upminster, Essex RM14 2UB

## PGM Gas & Heating

NO CALL OUT CHARGES  
FREE ESTIMATES - QUICK RESPONSE  
ALL WORK GUARANTEED

- All aspects of Heating and Gas work undertaken
- Complete Central Heating/Boiler Installations
- Service & Repair
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landlords Gas Certificates



Tel: 01708 227797  
Mob: 07734 228417

## UPMINSTER REFURBISHMENTS

### THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE  
SHOWROOM WITH EXTENSIVE RANGES TO VIEW  
GRANITE WORKTOPS SUPPLIED AND FITTED  
FITTING ONLY SERVICE ALSO AVAILABLE (YOU SUPPLY)  
TOTAL REFURBISHMENT FROM START TO FINISH  
PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY  
GAS SAFE CERTIFIED ELECTRICAL CERTIFICATION WHERE REQUIRED  
ALL TRADES CITY & GUILDS QUALIFIED FOR A FREE QUOTATION..

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION



## Combi Boiler Repairs

Saunier Duval

**IAN LEWIS**  
HEATING

POTTERTON

Vaillant

BIASI

Installation, Service, Repairs,  
Power flushing, Insurance



**01708 440581**



## LOCKSMITHS

Emergency call out  
All locks opened, supplied & fitted  
MLA approved locksmiths  
UPVC door lock specialist  
New doors supplied & fitted, safes opened  
New safes supplied & fitted  
Free quotes - no call out charge

Tel: 01708 640699, mobile: 07890 920 258



## Complete Bathroom Refurbishments

- Plan & Design
- Plumbing
- Plastering
- Tiling
- Electrics
- Carpentry

For a free estimate call Matt

Tel: 01708 259696 Mobile 07790 753850  
Email: M.P.Williams.Bathrooms@gmail.com

## GARY COE JEWELLERS ESTABLISHED 1981

*Fully equipped workshop  
Diamond & Engagement ring  
specialists / Bespoke Wedding rings  
Engraving / Full repair service  
Watch batteries / Watch repairs / Valuations  
Best prices paid for your old gold*

35 Cedar Avenue Upminster Essex RM14 2LN  
Tel 01708 222696 Mobile 07771 802624

[www.garycoejewellers.co.uk](http://www.garycoejewellers.co.uk)

Cranham  
Dental  
Centre

15  
YEARS

Quality Dental Care  
& Service in a Modern Family  
Friendly Environment



*a  
healthier  
smile for  
life*

\*\*\*\*\* New Website & Live Online Bookings \*\*\*\*\*

Inviting all New NHS & Private Patients to Join our Practice.

call **01708 228 291** now

\*\*\*\*\* [www.cranhamdentalcentre.co.uk](http://www.cranhamdentalcentre.co.uk) \*\*\*\*\*

[reception@cranhamdentalcentre.co.uk](mailto:reception@cranhamdentalcentre.co.uk)

141 Ingrebourne Gardens, Upminster, Essex, RM14 1BJ



All building works undertaken.

All roof repairs - Flat Roofs - High Performance  
Felting - UPVC Fascias & Soffits - Guttering  
Leadwork - Re point and Remove Chimney Stack

[LRroofingltd@hotmail.com](mailto:LRroofingltd@hotmail.com)



**07929 334990**  
**01708 534411**

# CEDAR

## TREE CARE



### Tree Specialists for

#### UPMINSTER, CRANHAM & HAVERING

Tree Felling | Crown Reductions | Hedge Trimming  
Stump Grinding | Garden Clearance | Removal of Dangerous Limbs

# 01708 301 371

07572 535 206 | 07944 018 811  
www.cedar-treecare.co.uk

Checkatrade.com  City Guides  NPTC 

## SELLING YOUR CAR ?

E MAIL YOUR CAR DETAILS OVER TO  
peterwillbourne@hotmail.co.uk

Or  
Call us on 01708 229284 or 227718

Or  
Pop into the showroom in Front lane, Upminster, we are open  
Monday to Saturday 8-45 till 6 o'clock

Or  
We will come to you anytime that's convenient

### Chris Willbourne Cars

### Of Upminster

the Taproom, went ahead in the park as planned. The Big Band – including a handful of musicians with connections to the parish – gave a fantastic performance to a packed hall, whilst the outdoor elements were also very popular. Fr Matthew, parish priest since September, said: “This is a great opportunity for us, not just to celebrate and give thanks for the past 100 years, but also to look forward to the future and remind people we are here at the heart of the Upminster community.” Later this year the Sion Community based in Brentwood will be leading a parish mission with events open to all, and we are also hoping to leave a permanent legacy of the centenary year with a new bell and prayer garden. For more information visit [stjosephschurchupminster.com/centenary](http://stjosephschurchupminster.com/centenary).

## Michael Caton

Elsewhere in the Bulletin we have an article on the “push and pull” rail service between Upminster and Romford. A service that in the past was under threat of closure. Sadly Michael Caton passed away in March this year aged 88, but his campaign efforts

and the fact that this railway service remains today is part of his legacy. Michael set up the Romford Upminster Railway Users Group and spearheaded two campaigns to stop closure. His son Peter shared the following at Michael's funeral.

*“When our local railway, the Romford to Upminster branch, was threatened with closure he set up a campaign group to save it, not once but twice, the line being one of only a few that were twice put forward for closure. He was delighted when the line was eventually electrified (he and I travelled on the last diesel train), especially as when suggesting this during the closure campaign a British Rail manager at Liverpool Street told dad that he could “take that idea right out of his head.” On another occasion when meeting with British Rail he was putting forward a case for a station at Basildon and was told that ‘we can't stop at every gate post.’ A few years later the station was opened.”*

## Roy Massey

One local resident gunning for Arsenal in their title battle with Manchester City is former

Colchester and Leyton Orient number 9 Roy Massey, whose wife Julia is known to many of you thanks to the great treatment and care she has provided at the Upminster Sanctuary for 25 years. Mikel Arteta's squad are blessed with some of the talents Roy, during his 16 years (1998-2014) managing the Arsenal Academy, helped discover, nurture and train including Bukayo Saka, Emile Smith Rowe, Reiss Nelson and Eddie Nketiah. Earlier, during Roy's managership of the Colchester youth policy in the 1970s and 80's he discovered numerous U's stars such as Ian Allinson and Tony Adcock. Now Roy has revealed a hidden talent by putting pen to paper to write his memoirs ROY MASSEY – A Life in Football and a Coach to the Stars, published by Pitch Publishing at £20 tells a fascinating story of Roy's 50 years in football as a player, coach and scout.

## News from Thames Chase

We have lots of great events planned for June starting with two

free walks at Dagnam Park both bookable via Eventbrite ([www.eventbrite.co.uk](http://www.eventbrite.co.uk)). **Casual Bird Walk** takes place June 2nd, 10.30-11.30am followed by a **Summer Deer Walk** on June 16th, 10.30-11.30am.

Are you a Dancing Queen or a Super Trouper? Do you wish gigs were not always late at night? Then this is the event for you. Thames Chase are proud to welcome **Abba Eternal** to our heritage barn. Bring your own refreshments (alcohol allowed) and your dancing shoes to this Mamma Mia of an event. Tickets are priced at £15 per person and it is suitable for all ages. This fabulous show will be held on Sunday, 4th June, 2-5pm. Please call the visitor centre reception to book (01708 642970)

**Father's Day Weekend Afternoon Tea** Want to celebrate that special man in your life? What better way to say, “Thank You” than with cake! Thames Chase and Cakewish would like to welcome you for a Father's Day Afternoon Tea. Let us spoil you with delicious cakes, sandwiches and beverages, at our visitor centre with beautiful views of

*continued on page 11*



# A1 AUTO CENTRE

## MOT & SERVICE CENTRE

**'UK GARAGE OF THE YEAR' FINALIST 2 YEARS RUNNING!**

Free local Collection and Delivery  
Family run business  
5 minute drive from Upminster High St.

**MOT, SERVICING, BRAKES, SUSPENSION, TYRES, MAIN DEALER LEVEL DIAGNOSTICS & ALL OTHER GARAGE SERVICES**

# 01708 670773

www.a1autocentre.com




ESTABLISHED 1921



## GATES, PARISH & CO.

Chartered Surveyors, Estate Agents, Valuers  
D.J. Parish, F.R.I.C.S.

### SERVING LOCAL RESIDENTS FOR OVER 100 YEARS SINCE 1921

- SALES OF RESIDENTIAL PROPERTY
- RENT REVIEWS
- VALUATIONS FOR ALL PURPOSES
- LANDLORD & TENANT MATTERS
- SURVEY REPORTS
- EXPERT WITNESS REPORTS
- RESIDENTIAL LETTINGS
- PROPERTY MANAGEMENT

32, STATION ROAD, UPMINSTER Tel: 01708 250033  
Fax: 01708 220844 Website: [www.gates-parish.co.uk](http://www.gates-parish.co.uk)

## Chauffeur Me (Travel)

For all enquires call Darren

07947 576642

[www.chauffeur-me-travel.com](http://www.chauffeur-me-travel.com)

Chauffeur driven in comfort

Eight Seater ~ Fully Air Conditioned ~ Privacy Glass ~ Satellite Navigation

Special functions  
Shopping days  
Night clubs  
Weddings  
Race days  
Restaurants  
Airports  
Theatres  
Spoil yourself days

## CRANHAM ELECTRICAL LTD

ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

Domestic & Commercial  
Re-Wires

NICEIC Test Reports

Fuse Board Up-grades

TEL: 01708 223046

MOB: 07710 282110

66 Moor Lane Upminster

## Horizon Fostering is Recruiting Foster Carers

There is a huge demand for families to foster. There are many vulnerable children who are unable to live with their parents and need to be provided with a safe, stable and loving home, with foster carers who encourage and support them in their growth and development.

To be considered to be assessed as a foster carer you need:

- A spare room
- Aged 21 or over
- Time to care for a child
- A nurturing, empathetic and caring attitude
- Ability to work with professionals and engage in training
- Full time residency in the UK and live in or around London



If you are interested in becoming a foster carer or would like to know more, please visit our website [www.horizonfostering.co.uk](http://www.horizonfostering.co.uk), call on 020 8200 2353 or email [enquiries@horizonfostering.co.uk](mailto:enquiries@horizonfostering.co.uk)

# HAVING TRI

Interested in Triathlon or Multi-sport disciplines?

[www.havingtri.co.uk](http://www.havingtri.co.uk) @havingtri Having Tri

Contact Kay Hamilton 07957 567915



Adults Learn To Swim and Improver Lessons

[www.kasuk.co.uk](http://www.kasuk.co.uk) Qualified ASA Teacher Kays Adult swim

## Upminster Osteopath & Sports Injury Clinic

HELPING YOU WITH:  
• BACK, NECK & SHOULDER/ARM PAIN  
• HIP, KNEE & ANKLE/FOOT PAIN  
• NERVE IRRITATION  
• POST SURGICAL REHABILITATION  
• SPORTS INJURIES (INCLUDING KINESIO-TAPING)  
• ARTHRITIS

53 EVERSLEIGH GARDENS  
UPMINSTER  
ESSEX  
RM14 1DP

Tel: 01708 222932  
Mob: 07941 546422

NO CONTRACTS/OBLIGATION  
NO GP REFERRAL NECESSARY  
PRIVATE REFERRAL FOR MRI/ULTRASOUND WHERE APPROPRIATE  
RECOGNISED BY ALL MAJOR INSURERS (BUPA, AXA-PPF, etc.)

[www.upminsterosteop.com](http://www.upminsterosteop.com)

email: [upminsterosteopath@gmail.com](mailto:upminsterosteopath@gmail.com)



## PURE DROPLETS

WINDOW CLEANING SPECIALISTS

- Domestic and Commercial window cleaning
- Friendly, Professional and reliable
- Fully insured
- Gutter cleaning services - Gutter vacuuming using powerful triple motored Gutter vac system
- Windows, frames, sills and doors are included
- Regular service - choose between 4 and 8 weeks
- 100 Satisfaction guarantee

PURE DROPLETS – Window Cleaning Specialists

T: 07904 120195 E: [puredroplets100@gmail.com](mailto:puredroplets100@gmail.com)

## Lawton & Stoakes

[WWW.VETS.UK.NET](http://WWW.VETS.UK.NET)



- \* Family owned & run Vets
- \* Established 1985
- \* First opinion and Referrals
- \* Catering for all types of Pets
- \* Consultations to suit your needs
- \* Excellent Facilities



To make an Appointment

01708 384444

8-12 Fitzilian Avenue  
Harold Wood  
RM3 0QS

## S D GARNER + CO

CHARTERED CERTIFIED ACCOUNTANTS

EST. 1947

### Helping you grow your business – is our business

With a free initial consultation, we have all your accounting needs covered. From Sole Traders to Limited Companies our services include...

- Cloud Accounting
- Start Up & Incorporation Guidance
- Personal & Business Tax Advice
- Company Secretarial
- VAT, Payroll & CIS Services
- Annual Accounts & Tax Returns
- Rental Accounts
- Fixed Fees Available

01708 453131

[www.sdgarner.com](http://www.sdgarner.com)

[accounts@sdgarner.com](mailto:accounts@sdgarner.com)

92 Station Lane, Hornchurch. RM12 6LX



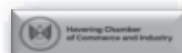
## YOUR LAND AGENCY

LAND, PROPERTY & DEVELOPMENT CONSULTANTS

- LAND, VIABILITY ASSESSMENTS, APPRAISAL & VALUATION (GARDEN LOTS, GARAGES, UNDERUTILISED LAND)
- JOINT VENTURES, OPTIONS & PROMOTIONAL AGREEMENTS
- GARDEN PLOT AND LAND ACQUISITIONS
- PROPERTY AUCTION ADVISORY SERVICES
- IN HOUSE ARCHITECTURAL DESIGN & ADVISORY SERVICES
- SITES WANTED IN UPMINSTER, HORNCHURCH, ROMFORD AND SURROUNDING AREAS

GET IN TOUCH TODAY

- OFFICE: 01473 791246 (leave a voicemail for a return call if staff are unavailable or off-site at an appointment)
- EMAIL: [info@YourLandAgency.co.uk](mailto:info@YourLandAgency.co.uk)
- WEBSITE: [www.YourLandAgency.co.uk](http://www.YourLandAgency.co.uk)





# J&H ACCOUNTANTS

CHARTERED CERTIFIED ACCOUNTANTS

Your Local, Independent, Accountancy Practice Based In Upminster

Providing accountancy and taxation services to small and medium sized businesses and individuals. Services include...

- Self-Assessment Tax
- Corporation Tax
- VAT, Payroll & CIS Services
- Bookkeeping
- Annual Accounts Production
- Business Advice and Support
- Rental Accounts
- Fixed Fees Available

nadia@jandhaccountants.co.uk  
01708 259248

www.jandhaccountants.co.uk  
14 Beech Avenue, Upminster, RM14 2HN



the meadow and surrounding countryside. This event will be held on Saturday, 17th and Sunday, 18th June.

Each day will have 3 sittings: 11am-12pm; 1pm-2pm; 3pm-4pm

Please let us know of any allergies and dietary requirements when booking. Cost £20 per person. Please call the visitor centre to book: (01708 642970).

Our monthly **Sunday Market** will also be held on June 18th, with lots of new stallholders taking part.

## Hornchurch Football Club

We regularly give updates on our local football team based at The Stadium in Bridge Avenue. What a season the "Urchins" have had being in the play offs and being home to Cray Wanderers in the semi-final - what a night after extra time.

Hornchurch won on penalties thus having a home fixture on Bank Holiday Monday 1st May in the Isthmian Premier Play Offs with local team Aveley, who won 1-0 in front of a sell-out

crowd. Congratulations to Aveley. Please keep an eye on the AFC Hornchurch excellent website for friendly matches etc.

## Summertime Fun – an extravaganza

Havering Arts Council and Stubbers Adventure Centre host a celebration of Music, Drama, Arts and Crafts for all the family. Saturday, 24th June, 10.30am to 4.30pm.

Bring your own picnic. Refreshments available Lots of entertainment and stalls.

Little Angel Theatre presents, meet the puppets; Ellen Jane School of Dance with their Summer Spectacular of Dance; Bugz and Butterflies; Face painting with Calmamy; Art and Craft challenge; Romford Shakespeare Theatre present scenes from The Merry Wives of Windsor; Rhythm Connections hands on drumming session; All day Silent Disco; Yoga fun for children; Mindfulness sessions for adults.

Book at stubbers.co.uk Call **07930 825383** HAC Secretary Jill for

# Parkview Paving & Landscaping

www.parkviewpaving.co.uk

20 years experience

- \* Driveways
- \* Patios
- \* Brick Walls
- \* Natural Turf
- \* Artificial Turf
- \* Indian Sandstone
- \* Fencing
- \* Porcelain Slabs

Free estimates/ large portfolio

Find us on Facebook

All work guaranteed

01708 750209/07908891282

further information. Please note – usual entry charge to Stubbers applies and usual activities available.

## Adventure Island

Hornchurch District Scouts (charity no. 303699) are selling Adventure Island wristbands at a discounted price of £16.50 each. Also available, Southend Sea-life Adventure tickets adult/child £7.50 each and Adventure Golf tickets £6 for 18 holes.

Wristbands purchased this year have an expiry date of 31st December 2024 and are available to purchase all year round for any day the park is open. To purchase call Debbie on **07805612706**, Louisa on **07498575296** or collect from Pink Parachute, 6 North Street RM11 1DX during opening hours. Debit/credit cards accepted as payment with card payment only, at Pink Parachute

## Kiosk in the park

It's great to see how well our award winning park is used,

especially the childrens play area close to Corbets Tey Road. I believe there is not a day in the year when the swings and roundabouts are not used, even during any poor weather.

Near to the play area is a nice kiosk serving refreshments and snacks; a great addition to the park so do go along and say hello and support this service.

## Derham House Geared up for Classic Car Event

Motor enthusiast residents and staff at Derham House care home, in Upminster were hosts to the members of Havering Classic Car Club on the 15th April 2023, who brought their magnificent classic cars along for the day, for all to admire.

Staff and residents were delighted to invite Havering Classic Car Club along to show off their wonderful cars and talk to residents and visitors about them. Everyone had a fantastic time comparing the merits of the

*continued on page 13*

# R.R. CONSTRUCTION LTD

EXTENSIONS  
GENERAL BUILDING  
OVER 30 YEARS EXPERIENCE  
FULLY INSURED

PLANS DRAWN & SUBMITTED TO COUNCIL  
ELECTRICAL, PLUMBING, PLASTERING  
GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

Tel: 01708 251282

www.extensions-experts.co.uk



# ROM VALLEY

GLASS & GLAZING

Brighten your outlook with Rom Valley  
Glass & Glazing

- |                         |                   |
|-------------------------|-------------------|
| Bi-folding Doors        | Entrance Doors    |
| Sliding Doors           | Residential Doors |
| Aluminium Systems       | French Doors      |
| Hardwood systems        | Lanterns          |
| UPVC Flush Systems      | Orangeries        |
| Double & Triple Glazing | Conservatories    |

01277 676660  
info@romvalleyglass.com  
www.romvalleyglass.com

14 Prospect Way,  
Hutton,  
Brentwood,  
CM13 1XA



Rom Valley Glass Limited | Company Number: 029238 54 | VAT Registration Number: 705 782623

- House Surveys & House Purchase Reports
- Party Wall Awards/Schedules of Condition
- Property defect diagnosis & Construction Consultancy
- Design, Planning Services including Planning & Building Regulation Approvals - Domestic & Commercial New Build/Enlargement
- Regulated by the RICS

## The Everett Partnership LLP

Chartered Building Surveyors and Engineers  
Construction Consultants  
Tel: ++ 44 01708 227932

Email: [epsurv.uk@btinternet.com](mailto:epsurv.uk@btinternet.com)



Visit our Website:  
<http://www.theeverettpartnership.co.uk>

## KUSOOM BUGH



### RESTAURANT

Family run business- est 1978  
Fully licensed & Air Conditioned

#### Opening Hours

7 days a week, incl Bank Holidays  
Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm  
Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

**174 St Mary's Lane, Upminster, RM14 3BT**  
**Tel: (01708) 220038 or 222606**

## AERIALS DIRECT

Local family run business, established over 25 years. Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials supplied and fitted.  
Satellites installed.  
Aerial & dish realignment  
TV extra points

[www.aerialsdirect.co.uk](http://www.aerialsdirect.co.uk)  
[www.aerialsupminster.co.uk](http://www.aerialsupminster.co.uk)

01708 347257



### First Step 35th Anniversary Ball

Help us celebrate with friends & supporters  
**Saturday 7th October 2023 at Orsett Hall**

3 Course Dinner with Tea & Coffee  
Raffle, Silent Auction, Music & Dancing  
Visit our website [www.firststep.org.uk](http://www.firststep.org.uk) to reserve your tickets or call **01708 556355** and speak to Caroline or Catherine

*Vital funds raised will help us with our work in supporting families of babies and young children with special needs and disabilities. RCN: 1106002.*



## STEPHENSONS

CHARTERED SURVEYORS ■ ESTATE AGENTS ■ ARCHITECTURAL DESIGN

Fast                      Efficient                      Honest

### SPACE, DESIGN, DETAIL

Extensions, Party Walls,  
New Builds and Project  
Management.



For free initial  
consultation

call 01708 470001



[office@stephensons.name](mailto:office@stephensons.name)

202 High Street Hornchurch, RM12 6QP

[www.stephensons.name](http://www.stephensons.name)



### DESIGN - INSTALL - MAINTAIN

Based in upminster with over 40 years of experience

**01708 898919**

Email: [info@mbm-electrical.co.uk](mailto:info@mbm-electrical.co.uk)

[www.mbm-electrical.co.uk](http://www.mbm-electrical.co.uk)



## \* PLANS DRAWN \*



ARCHITECTURAL HUB Ltd

**FULLY QUALIFIED, LOCAL ARCHITECT WITH OVER 15 YEARS EXPERIENCE. FULL DESIGN PROCESS AND DRAWINGS SUBMITTED.**

**Call Malcolm at Architectural Hub today for your free quotation on:**  
**Mob: 07749 122 058 / Office: 01277 201 828**  
**Email: [info@architecturalhub.co.uk](mailto:info@architecturalhub.co.uk)**

**FOR:  
EXTENSIONS.  
CONVERSIONS.  
REFURBISHMENTS.**



## AWARD WINNING LOSS ASSESSORS

Domestic & Commercial  
**Insurance Claims Management**

- FLOOD      • FIRE
- THEFT      • IMPACT

**0333 2101 999**

[claims@oakleafe.com](mailto:claims@oakleafe.com)

7-9 Balgores Lane, Gidea Park, RM2 5JS

## THE FOOT SURGERY

State Registered Chiropodist/Podiatrist  
& Specialist in Foot Surgery

**Ms. Meena Matharu**

SRCh MChS BSc FCPodS (HCPC Registered)

19 Years Clinical Experience in Private Practice  
Consulted for Harrods and Harley Street

### Treatments Available

- Nail surgery, electro-surgery and cryotherapy
- Cortisone injections for pain management
- Sports medicine: bespoke prescription orthotics
- Comprehensive foot care for diabetics and athritic patients
- All routine foot care: Nail cutting, corn & callous treatment
- Verrucae treatment

Certified for Prescription Only Medicines & Qualified Advanced Clinical Practitioner

For appointments call: 01708 621 194  
11a Billet Lane, Hornchurch, Essex, RM11 1TS  
[WWW.THEFOOTSURGERY.CO.UK](http://WWW.THEFOOTSURGERY.CO.UK)

THE FOOT  
SURGERY

different makes and models and discussing their histories.

Pamela, a resident at Derham House, said "I have loved looking at old cars and it was so lovely to be able to see them and chat to the owners today. There were some absolute beauties!"

Derham House care home is run by Barchester Healthcare providing residential care, nursing care and dementia care for 65 residents from respite care to long term stays.

## Matilda – Summer drama workshop with OD Theatre School

Two fun filled days for children aged 5-16yrs to sing, dance and act their way through this wonderful musical workshop, gaining insight into the musical and movie 'Matilda'. From arrival students will be caught up in the thrills and excitement of fun, hard work and creativity. Students work towards a showcase at

the end of day two for family and friends to enjoy. They are challenged to learn lines, songs and movement; building confidence, performance and life skills and the importance of working in a team, no previous experience required.

**Workshop dates:** Monday, 31st July & Tuesday, 1st August – 10 till 4pm.

**At:** Upminster Methodist Church, Hall Lane, Upminster, RM14 1AE. Places are limited.

To book online: [www.occasionaldance.co.uk/kids-events/](http://www.occasionaldance.co.uk/kids-events/) or email: [info@occasionaldance.co.uk](mailto:info@occasionaldance.co.uk). Telephone **07985 555966**

## Art Exhibition

Upminster Art Society will be showing members work during the month of June, from the 5th June to 2nd July. There will be an exhibition at Upminster Library from 19th June to 1st July. All paintings are for sale. Janet and Terry Doyle will be exhibiting at Upminster Library from Monday 5th to Saturday 17th July. All paintings are for sale.

Please come along and take a

## BEAT THE CHILL THIS WINTER!

DISCOUNT  
BOILER  
SERVICES

DBS

BOILER INSTALL  
FROM £1,250

# 07944 266 810

- No one will beat us on price - TRY US!
- Competitive prices and workmanship
- Instant quotations
- Boxt and British Gas engineers at a discounted rate
- Landlord terms
- Landlord and OAP discount
- 24/7 customer service support
- Gas safe registered engineers



[Discountboilerservices@outlook.com](mailto:Discountboilerservices@outlook.com)

look. Enquiries to Terry on **07880 770324**.

## Flea time

Now that warmer weather is at last starting to appear we are seeing an increasing number of pets presenting with skin problems caused by fleas. Fleas only spend approximately 10% of their time on the pet and the rest of the time in the pet's environment so your pet could be affected by fleas even if you cannot see evidence of live fleas in their fur. Signs your pet may show include scratching or chewing at fur particularly at the base of the tail or tiny red scabs along the back or face. Look for black specks in the fur which represent the faeces left behind by the parasites. Treatment involves treating the pet with prescription strength products and treating the environment with sprays that both kill adult fleas and prevent them from reproducing. If you are concerned about your pet's skin condition telephone Lawton and Stoakes **01708 384444** and our receptionists will be happy to advise you.

## Upminster Windmill

We are thrilled to announce that the windmill will be re-opening to the public shortly, after a long period of closure for restoration work which has seen the mill brought back to full working order. This is all thanks to the generous grants from the National Lottery Heritage Fund and Veolia Environmental Trust, and thousands of hours of volunteer effort from our members.

This year the mill will be open on the following dates:

24th & 25th June ; 29th & 30th July ; 19th & 20th August ; 23rd & 24th September ; 28th & 29th October.

Entry to the mill will be by ticket, ordered on-line from EventBrite. £6 for adults and £2 for children (minimum height 110cm).

For full details about visiting the mill on open days and to purchase tickets, please go to: [www.upminsterwindmill.org/visit](http://www.upminsterwindmill.org/visit) We look forward to welcoming you.

FRIENDS OF  
UPMINSTER WINDMILL

## Coffee Vibe

(an Independent Coffee Shop, St Mary's Lane)

- Organic Coffee & Tea
- Cakes & Patisserie  
*inc Vegan and Gluten Free*
- Sandwiches & Main Meals  
*Breakfast & Brunch,  
Lunch & Afternoon Tea, Family Meals*
- Juices and Smoothies
- Childrens Parties

**Dine in or Takeaway, Deliveroo or Ubereats**

179 St Marys Lane, Upminster, RM14 3BU  
Open 8am – 6pm Mon-Sat, 10am-4pm Sundays  
Dog Friendly **01708 572139**

## Meadowbanks Residential Care Home



Meadowbanks is a 40 bedded residential care home which specialises in dementia care.

The home is located in four acres of meadowland in Upminster, Essex.

Offers large single, fully furnished bedrooms with en-suite shower.

Proprietors: TL Care (Havering) Ltd  
Hall Lane, Upminster, Essex, RM14 1TT  
Telephone: **01708 330140**  
[info@meadowbanks.co.uk](mailto:info@meadowbanks.co.uk)

[www.meadowbanks.co.uk](http://www.meadowbanks.co.uk)



**First Step Tasty Treats**  
 Friday 30th June 2023  
 10.00am to 12.30pm at First Step Tangmere Crescent RM12 5PP  
 Join us for a cuppa and a tasty treat


*Vital funds raised at this event will help us with our children with special needs and disabilities.*

T 01708 556355  
 W: www.firststep.org.uk E: fundraising@firststep.org.uk



**NEW GYM NOW OPEN IN CRANHAM**

*"The best training and trainers I've ever had in my life!"*  
 Sash



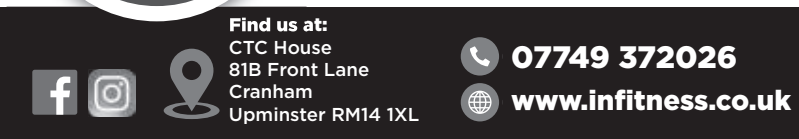
**infitness**  
 results based gym

**FANTASTIC OFFERS FOR NEW MEMBERS**  
 contact us to find out more

LOCATED BEHIND TESCO EXPRESS

Find us at:  
 CTC House  
 81B Front Lane  
 Cranham  
 Upminster RM14 1XL

07749 372026  
 www.infitness.co.uk



**B.K.C. ROOFING LTD**

FAMILY BUSINESS WITH OVER 40 YEARS EXPERIENCE  
Railway Infrastructure, Commercial, Domestic  
 Tel/Fax: 01708 340052 Mobile: 07976 278026  
 Email: Barrycassbkc@aol.com

Member of the Construction Health and Safety Group  
 Approved contractor by Kingspan Alumasc, Bauder, Rubber Bond, Widopan  
 Green roof specialists

Felt flat roof, Single Ply, Rubber, Liquid, Green roofs  
 New tile roofs, slate roofs, Metal roof, lead roof  
 UPVC Fascia, soffit and guttering  
 All work guaranteed, fully insured.  
**Free estimate**

**WELLS SOLICITORS**

**FAMILY LAW**  
 Quality Advice and Caring Service

Fixed Fee Divorce and Advice Appointments available

Call to discuss your individual circumstances

- Wills & Probate
- Lasting Powers of Attorney
- Court of Protection

**01708 251 560**

Suite 4, Essex House, Station Road, Upminster RM14 2SJ  
 info@wells-solicitors.co.uk



**LKB Carpentry**  
 Lee's Kitchens, Bedrooms & Carpentry LTD

Visit my website to view my work  
 www.LKBcarpentry.co.uk  
 Upminster 07909630862



**CONNECT** Lifetime Mortgages  
 Equity Release Council

**Unlock the money within your home to help you in retirement**

If you're over 55 and own your own home, you could be eligible for a Lifetime Mortgage

- ✓ Repay your existing mortgage
- ✓ No monthly repayments
- ✓ Home improvements
- ✓ Helping the family
- ✓ Holiday of a lifetime

Our office is open again!  
 Pop in for a chat at:  
 1 Corbets Toy Rd  
 Upminster  
 RM14 2AP

Call us on 01708 982955 for qualified & impartial advice  
 www.connectlifetime.co.uk

This is a lifetime mortgage. To understand the features and risks please ask for a personalised illustration.

A lifetime mortgage may impact your entitlement to means-tested benefits and the inheritance you may leave.

Connect Lifetime Mortgages is a trading style of Richer Mortgage and Retirement Ltd who are an Appointed Representative of Connect IFA Ltd 441505 which is authorised and regulated by the Financial Conduct Authority. Richer Mortgage and Retirement Ltd is Registered in England and Wales No: 11729284. Registered address is: The Rivendell, White Horse Lane, Maldon, Essex, CM9 5QP

**THE CURTAIN TRACK FITTING COMPANY**  
 Bay Window Experts

We make and fit Tracks, Poles, Blinds, Curtains, Awnings and Shutters. Call today for a free estimate or home visit on: 07956 874 674

info@curtaintrackfitting.co.uk www.curtaintrackfitting.co.uk

Made to measure:

- Tracks
- Poles
- Blinds
- Curtains
- Awnings
- Shutters
- Upholstery



**Fleet of Foot**  
 Podiatry and Chiropody

Routine Chiropody - Podiatry degree qualified - HCPC registered.  
 Certified for prescription only medicines.  
 Specialist in nail surgery - treatment packages available.  
 All instrument sets are individually sealed & fully autoclave sterilised.  
 Some examples of conditions treated: Corns, callus, thickened nails, fungal nails, in-growing nails, dry cracked heels, claw, hammer or mallet toe lesions, verrucae, fungal infections, annual diabetic foot checks.

Specialist in sport and musculoskeletal injury, post graduate trained.  
 In-house Contemphas Tempo, two camera video gait analysis system.  
 In-house ultrasound diagnostic scanning.  
 Insole & orthotic therapy, custom casted and off the shelf devices stocked.  
 Exercise and theraband rehabilitation therapy for musculoskeletal injury.  
 Local anaesthetic and corticosteroid injections available.

Conditions treated are lower limb / hips downwards, some examples: Plantar fasciitis, muscular or tendinous injury, achilles tendinitis, shin splints, iliotibial band pain, patella femoral & knee pain, metatarsalgia, morton's neuroma.

By appointment only, please book online through our website, alternatively leave a message by answerphone or email, and we will get back to you to arrange an appointment as soon as we are out of clinic.

Fleet of Foot 01708 535475 Greg Kilner  
 53 Bridge Avenue, Upminster, RM14 2LP  
 www.fleetoffoot.co.uk contact@fleetoffoot.co.uk  
 Podiatrist / Chiropodist  
 BSc Pod Med, PG Cert PSM  
 Free parking available. HCPC: CH34225

# NEED A GRAPHIC DESIGNER?

I've got you covered.

From logos, branding and business design, to websites and wedding artwork, I can deliver professional and creative designs for your business or personal needs.

the berkley graphic design co.

Contact Hannah Nicholls  
07859 403079  
theberkleygraphicdesignco.com

## Summer Folk Concert

The Havering Concert Orchestra is pleased to announce its Summer Folk Concert.

Come and join us for this summer evening of music from Penzance, Bohemia, Spain and Ireland which feature in this folk themed concert.

Saturday, 1st July at Frances Bardsley Academy, Brentwood Road, Romford RM1 2RR.

Doors open 7pm, starts 7.30pm. Advance tickets are £12 and available online via [www.hcweb.co.uk](http://www.hcweb.co.uk) where more details can also be found. Tickets will also be available on the door but at the higher price of £15.

(Card facilities available)

## Langtons Summer concert

On Sunday, 11th June the Westminster Philharmonic Orchestra will once again take to the stage in Langtons Gardens in Hornchurch to deliver a light selection of classical favourites. Gates open 1pm, event starts 3pm, finish at 5pm.

Ticket are available via the Queen's Theatre. These can be purchased online, over the telephone or by visiting the Box Office.

Langtons Summer Concert, Langtons Gardens - Queens Theatre ([queens-theatre.co.uk](http://queens-theatre.co.uk))

## Upminster Tithe Barn Museum of Nostalgia

Open from May to October as follows:

June 3 & 17; July 1 & 15; August 5 & 19; September 2 & 16; October 7

Entry and parking is free. Open 10.30am to 4pm. Postcode RM14 1AU

[www.upminstertithebarn.co.uk](http://www.upminstertithebarn.co.uk)

## First Step Quiz Night

Saturday, 17th June at First Step, Tangmere Crescent RM12 5PP at 7pm for 7.30pm start. Bring your own drink and nibbles. Call the office **01708 556355**, visit our website: [www.firststep.org.uk](http://www.firststep.org.uk) or email [fundraising@firststep.org.uk](mailto:fundraising@firststep.org.uk). Vital funds raised at this event will help us with our work in supporting families of babies and young children with special needs and disabilities.

## "Push and pull" rail service

We often mention the Upminster to Romford "push and pull" service. The train only takes 9 minutes to Romford from Upminster. It's only 5 minutes from Upminster to Emerson Park. Monday to Saturday first train leaves at 06.25 last one at 21.55. Sunday first train at 08.55 and

## BOILER CHANGE

Raymond Coomer  
Sarah Cordell

BOILER REPAIRS & REPLACEMENTS  
PLUMBING ■ SERVICING ■ RADIATORS

GAS SAFE Reg No. 576292

# 07761 049852

last train at 19.55. Romford to Upminster Monday to Saturday first train at 06.11 last train at 21.41. On Sundays first train at 08.41 last train at 19.41.

A number of residents travelling to London's West End from Emerson Park and Upminster are now using the push and pull and are getting the Elizabeth Line from Romford. Transport for London has a huge amount of information on the Elizabeth Line and on the other lines and buses.

## Upminster Riding for the Disabled

We are looking for volunteers to join our friendly group. We ride at Eastminster riding school on Wednesday during term times. The pleasure given and received by our group to these young people is so rewarding. Why not come and see what we do.

Contact Stella **01708 226930** mobile **07717 883846**.

## OUT AND ABOUT - CLUBS AND ACTIVITIES

### Dementia Music and Social Club

We meet every Monday (except Bank holidays) from 1pm to 3pm

at St John's Church, South End Road, Rainham RM13 7XT and every Wednesday, from 1.30 to 3.30pm at the United Reform Church, 58-60 Western Road, Romford RM1 3LP.

We are self-funded and run by experienced volunteers and offer music, singing and dancing lead by a professional entertainer, with quizzes and a singalong. Anyone who has a dementia diagnosis is welcome to attend. No referral required, but they will need to be accompanied by a relative, friend or carer for the duration of the session as the club is unable to provide personal care. The first session is a free taster, then £5 per person per session - no charge for professional carers. New members welcome, support and information also available. Those attending for the first time are requested to get in touch with Lisa on **07721 458581** or Email [dmscenquiries@hotmail.com](mailto:dmscenquiries@hotmail.com)

Further information can be found at: the dementia music and social club ([webador.co.uk](http://webador.co.uk))

## Learn, Laugh and Live

Havering U3A meets monthly in the Hall of Romford Baptist Church, Main Road, RM1 3BL. We meet at 2.15pm, on the second Wednesday of the month, doors open 2pm. Wednesday, 14th June - Ian K Davidson - Consumer Competitions: How to enter and win them. With a career in security and finance, Ian has been entering consumer competitions for over 40 years

*continued on page 17*



## Swimming Lessons

Learn to swim at a Family Friendly and Fun Swim England Swim School Based in Upminster serving Havering and beyond

Teaching Swim England's learn to swim plan

Contact Trevor on: [trevor@criddersswim.co.uk](mailto:trevor@criddersswim.co.uk)

or visit [www.criddersswim.co.uk](http://www.criddersswim.co.uk)

# ELECTRICIAN

Your Local Electrician

- Extra lights
- Additional sockets
- New fuse boards
- Rewires
- Inspection & Test Certificates
- Security lights
- Shed/Garage supply
- Smoke alarms
- Kitchen circuits
- Garden electrics and more.....

**Fault Finding and Repairs  
No Job Too Small**

- ✓ Qualified Electrician
- ✓ Fully Insured
- ✓ Free Quote
- ✓ Six Year Guarantee
- ✓ Reliable Service
- ✓ Reasonably Priced

**Call Dean on: 01708 909066**



dean@emfwiringsolutions.com



**the sycamores swim school**  
161A Hacton Lane, Upminster, Essex RM14 2YE

We offer Parent & Baby, Pre School & Junior Lessons from 4 weeks - 11 Years in a warm clean pool. Lessons are fun and structured with experienced teachers.

Please call for more information  
**07961 750173**  
or visit our Facebook page  
[www.thesycamoreswimschool.com](http://www.thesycamoreswimschool.com)



For all your property maintenance repairs and improvements  
With over 25 years of experience  
No job too small  
Fully insured local tradesman

Call On  
Office 01708 501117  
Mobile 07551 102102

More Info  
[www.terryford.co.uk](http://www.terryford.co.uk)  
Email [info@terryford.co.uk](mailto:info@terryford.co.uk)

## RJ Watson Carpentry & Joinery

For all your carpentry and home improvement needs.

Kitchens – Wardrobes – Flooring – Doors

**01708 921360 / 07921 513970**

[www.rjwatsoncarpentryandjoinery.co.uk](http://www.rjwatsoncarpentryandjoinery.co.uk)

TOGETHER, LET'S CREATE THE LAWN WE BOTH LOVE

From as little as **£15\*** per treatment  
\*Based on a lawn size up to 40m<sup>2</sup>

Our high-nutrient, high-quality Lawn Treatments are expertly formulated to give your lawn the very best all year long.

We love your lawn just as much as you do, join our community of Lawn Lovers today.

*Here at GreenThumb, we share your passion for lawn perfection*

During Autumn, it's essential to prepare your lawn so you can enjoy it when Spring comes around. You may now be seeing some moss interfering with your lovely lawn, it's quite common at this time of year.

**Moss loves thatch, the perfect home for moss.** The best way to remove thatch, consequently removing moss, is with **Aeration & Scarification**. Now is the time for your lawn to benefit from Machine Work. **Trust us, your lawn will thank you!**

*Together, let's create the lawn we both love*

Request your **FREE** Lawn Analysis today. Call us on **01277 227988**  
email: [essexsouth@greenthumb.co.uk](mailto:essexsouth@greenthumb.co.uk) or visit: [greenthumb.co.uk](http://greenthumb.co.uk)



## Cine-Slides-Video 2 DVD

- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD

Contact Michael on: 01708 735810 [www.slides2disk.co.uk](http://www.slides2disk.co.uk)



## B.E.C.S.

BRITANNIA EXTERIOR CLEANING



- Pressure Washing
- Steam Cleaning
- Roof Moss Removal
- Biocide Treatment
- Softwashing
- Gutter Clearing
- Fascia Soffit & Gutter Cleaning

**CONTACT LLOYD FOR A FREE QUOTE**

☎ 01708 300479 / 07968 723570

🌐 [www.britanniaexteriorcleaningservices.co.uk](http://www.britanniaexteriorcleaningservices.co.uk)

✉ [admin@britanniaexteriorcleaningservices.co.uk](mailto:admin@britanniaexteriorcleaningservices.co.uk)

## SR Roofers

01708 551714 / 07743 406418

- Family Run • Est. 1975 • 45+ Years Experience •
- Fully Insured • Free Quotes • No Deposits •

- Roof Leak & Roof Repair Specialists
- Roof Overhauls & Maintenance
- New Tiled Roofs & Velux Windows
- New Flat Roofs - Felt & Rubber
- Chimney Stacks Repaired & Removed
- Lead work, Pointing & Rendering
- uPVC Guttering, Fascias & Roofline
- Storm Damage & Insurance Work
- Pigeon / Solar Panel Guards
- Asbestos Removal & Garage Roofs
- The Best Quality Materials Used
- 24 Hour Emergency Repairs, 7 days

*Celebrating over 46 years of trading with the ORIGINAL company name and telephone number!*

*With Over 500 genuine reviews on "TRUSTiST" & Over 20,000 happy local customers!*

*We offer very competitive prices & will beat any genuine like for like written quote!*

[rosseldridge84@hotmail.co.uk](mailto:rosseldridge84@hotmail.co.uk) • [www.sr-roofers.co.uk](http://www.sr-roofers.co.uk)



# ATCL LOCKSMITHS

FOR ALL YOUR HOME & BUSINESS SECURITY NEEDS  
YOUR LOCAL MOBILE LOCKSMITHS



- FREE CALL OUT
- OAP DISCOUNT - 10%
- FIXED PRICING
- NO HIDDEN CHARGES
- 12 MONTH WARRANTY ON ALL WORK









**01708 453 168 | 07515 519 971**

## FEN BUILDING & LANDSCAPE

EXTENSIONS  
LOFT CONVERSIONS,  
GARDEN ROOMS  
ALL ASPECTS OF BUILDING AND MAINTENANCE

For a free no obligation quote  
Contact Andrew on 07939152828  
Or Paul 07595593418  
Email: fenbuilding@ntlworld.com

For bespoke shutters:  
Email: fensfinalfixtures@gmail.com  
Established 1991






### Trusted IT Support Company in London

**Stop Worrying About IT and Focus on Your Business**

HTL Support offers IT Services to help your business grow

- Business IT Services
- Disaster Recovery and Continuity
- Data Centre Management
- Internet Connectivity
- Voice & Data Cabling

**Contact Us**

☎ 01708984990

☎ 02070936000

✉ talk@htl.uk.com

🌐 www.htl.london



## CRANHAM GARAGE

**M.O.T & SERVICE CENTRE**

[www.cranhamgarage.co.uk](http://www.cranhamgarage.co.uk)

**\*\*M.O.T TESTING\*\***

**\*\*VEHICLE SERVICING\*\***

**\*\*VEHICLE REPAIRS\*\***

**\*\*VEHICLE DIAGNOSTICS\*\***

**\*Up to 40% Cheaper than main dealers\***

\*38-40, FRONT LANE, CRANHAM, ESSEX, RM141XW\*

**TELEPHONE: 01708 221704**

**E-MAIL: [bookings@cranhamgarage.co.uk](mailto:bookings@cranhamgarage.co.uk)**

\*TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS\*

and has won many amazing prizes. Ian's talk is fun and encouraging, with stories, tips and tricks for you to try out. There is a quiz running through the talk with at least ten prizes to be won.

For more information come along or see our website: [u3asites.org.uk/havering](http://u3asites.org.uk/havering)

## Havering Antique Collectors Club

Friday, 16th June - Ljiljana Ortolja-Baird - **Old Collectable Maps** 7.30 for 7.45pm start.  
Harold Wood Neighbourhood Centre, Gubbins Lane - Annual Membership £35, Guests £5.  
Chairman Mrs Chris Lovett  
**079 4736 7258.**

## Upminster Old Chapel – then, now and in the future + AGM

**Wednesday 14th June – Upminster Old Chapel.** Stuart Beck who wrote the funding bid for the Old Chapel restoration will talk about the history and the future of the Old Chapel.

Email: [friendsoldchapel@mary.havering.sch.uk](mailto:friendsoldchapel@mary.havering.sch.uk)

Roope Hall, Trinity Church, Station Road, Upminster.

Doors open at 10am – talk starts at 10.30am, £2 supplement for members, £4 admission for non-members. Tel: **01708 224830** or Mob: **07870 558408.**

## Craft sale – Trinity Church

Coffee morning and craft sale on Saturday, 10th June from 10 to 12noon at Trinity Church, Station Road, Upminster. All proceeds to Harold Hill Foodbank.

## Havering Local Group Essex Wildlife Trust

An illustrated talk by Peter Caton “No Boat Required, Exploring Tidal Islands”.

Taking place on Tuesday, 13 June from 7:30 - 9:15pm at Fairkytes Art Centre in Billet Lane, Hornchurch RM11 1AX. Buses 165, 365, 252, 193, 248, 370, and 256 all stop within walking distance of the venue. No onsite parking. Public pay car parks available nearby.

Suggested donation £5, includes tea and biscuits and raffle ticket.

Contact us Lynda Nicholls  
Contact number: **01708 473927 / 07957264240**

[lynda.nicholls@btinternet.com](mailto:lynda.nicholls@btinternet.com)  
Havering Local group EWT

## Upminster & District Horticultural Society

Tuesday, 13th June, a lecture on Fuchsias. This is our last lecture of the season and Brian Carline returns to talk about Fuchsias. Brian grows both Fuchsias and Pelargoniums. You may remember that he spoke to us last year on growing Pelargoniums. He is a very entertaining and knowledgeable speaker and will have plenty of anecdotes. We hope too that he will be bringing some of his plants for sale again which were very popular last year. The lecture is in the Windmill Hall. Doors open at 7.15pm. The evening will start at 7.45pm there are refreshments during the interval and a raffle at the end of the evening closing at 9.45pm. Entrance is free to members and is £3 for non-members. You can find out more about our society by visiting our website [www.upminsterhorticulturalsociety.co.uk](http://www.upminsterhorticulturalsociety.co.uk)



## PLEASANT HOME HEALTH CARE

- PERSONAL HOME CARE SERVICES FROM OUR AWARD WINNING PROVIDER
- 24 HOUR LIVE IN CARE
- ASSISTANCE WITH PREPARATION OF MEALS, NUTRITION AND ADMINISTERING MEDICATION
- COMPANIONSHIP AND BEFRIENDING CARE

If you need care, help and support to lead your daily life normally then get in touch with us. We are here to help you!

**Call 01708 607460 / 07476 812452**  
or visit [www.pleasanthealthcare.co.uk](http://www.pleasanthealthcare.co.uk)  
Email: [pleasanthomecare@gmail.com](mailto:pleasanthomecare@gmail.com)

Call : Gary or Liam

## DOUBLE GLAZING



**REPAIRS**  
Broken, Misted,  
Sealed Units  
Handles, Rollers  
Hinges, Locks etc.



Weatherbest Double Glazing Repairs

Fully Guaranteed

**01708 437174**

New Window & Door Installations

OAP Discount

EST 1989



## WELCOME TO ROMFORD & DAGENHAM TAGB TAE KWON DO

Get ready to transform yourself both inside and out. Join Romford & Dagenham Tae Kwon Do to nurture the warrior within, enhance your self-esteem, and take your practice to the next level. With our wide variety of classes for all skill levels, everyone is truly welcome.

My name is Alison Edwards and I am a 6th Degree Master Black Belt with the TAGB.

**Tuesday & Thursday** 19:30-20:30 *Robert Clack Leisure Centre, RM8 1GB*

**Wednesday** 18:30-19:30 **Saturday** 08:30-09:30 *Campion School Gymnasium RM11 3BX*

**CONTACT ME:** Tel. +44 7720711807 Email. romfordtkd@mac.com

HOME GROWN HARDY OUTDOOR PLANTS

at

## LONG HOUSE PLANTS

Shrubs•Perennials•Grasses•Ferns•Climbers•Bamboos

- An independent nursery with a friendly atmosphere
- Resident expert for free advice
- Exciting range of new & interesting plants

Church Road (opp. St Thomas' Church), Noak Hill,  
Romford RM4 1LD

**01708 371719** [www.longhouse-plants.co.uk](http://www.longhouse-plants.co.uk)

Open from first weekend in March to last weekend in  
September on Fridays & Saturdays 10-5, Sundays 10-4  
& Bank Holidays 10-5

## LEARN TO SWIM

with

# PADDLERS Swim School

Monday, Wednesday & Friday at Coopers  
School, St Mary's Lane, Upminster

Saturday at St Edwards Primary School,  
Havering Drive, Romford

Aged 4+

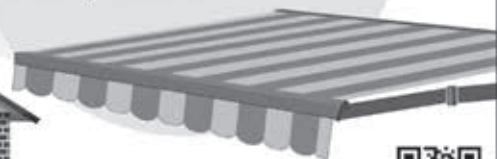
Lessons for all abilities

**07976 644 550**

[www.paddlers.co.uk](http://www.paddlers.co.uk)

**Drathmore LTD.**  
BLINDS • SHUTTERS • AWNINGS

Interior blinds  
Roller shutter garage doors  
Sun awnings  
Sun awning recoveries and repairs  
Security shutters



Based in Navestock. Visit the website [www.drathmore.co.uk](http://www.drathmore.co.uk)  
Tel: 01708 755667 Email: [sales@drathmore.co.uk](mailto:sales@drathmore.co.uk)

## Changing Spaces

Landscapes and Garden Design

Or find us on Facebook:  
[changingspaces.LS](https://www.facebook.com/changingspaces.LS)

Instagram:  
[changing\\_spaces-LS](https://www.instagram.com/changing_spaces-LS)



- Patios
- Driveways
- Artificial grass
- Turfing
- Fences
- Walls

Contact:

Phone **01708 938 304**

Mobile **07497 516 378**

## NEW ENTERPRISE

### PEST CONTROL

**01708 224419**

RATS MICE COCKROACHES

WASPS BIRDS FLEAS ANTS

MEMBERS OF THE N.P.T.A.

OVER 35 YEARS EXPERIENCE

ALL WORK GUARANTEED

FREE SURVEYS

LOCAL COMPANY

111 AVON ROAD

UPMINSTER



Creation Property Solutions  
Bathroom Refurbishment specialists

Planning – Design  
Plumbing – Plastering  
Tiling – Electrics

For a free estimate call Stephen  
Tel: 01708 221 924 Mob: 07592 510875

Email: [creationps@icloud.com](mailto:creationps@icloud.com)

Russ and the team extend a warm welcome to your local community pub. We've made lots of changes and have a host of great deals waiting for you to explore. With our fabulous team and stunning views of the park, now is the perfect time to try us again, or for the first time. We'll even give you a cheeky treat if you mention 'The Bulletin!' \*  
\* JUNE ONLY

**LUNCH DEAL**  
MON - FRI  
12pm - 4pm

Enjoy a smaller plate main meal from only £7.75 and you can add a starter or dessert for just £2.25

Example  
Whitby Scampi, chips & peas. Jam sponge pudding & custard for just £10!


**BINGO!**

NEW! Cash prize BINGO! Starting Thursday 1st June, 2pm. Join us for an afternoon session of the country's favourite game. Perfect to finish off a lunch with friends, our 5 game, prize bingo is just £5/session. All money in is paid out as prizes. The calls are through our surround sound system and the TV screens show what numbers have been drawn. Every Thursday at 2pm from June 1st - Eyes down!

**LET'S GET QUIZZICAL**

We love our quizzes and so do you! Our Monday quiz is run on behalf of a local charity or fund-raising group. Last year we helped raise over £18,000. Already, this year, we have raised over £8,000! Our Tuesday, pub quiz, is well attended and our winners get a splendid bar voucher. Can your team be the King's or Queen's of the Quiz? The fun begins at 8pm every Tuesday.

**BLUE LIGHT CARD DISCOUNT**




As a thank you to our community champions, we offer a 20% discount on all food purchases. Card holder only.

We support St Francis Hospice

**ALWAYS SOMETHING GOING ON!**

#PRIDE Supporting PRIDE month in June

Let us know how we did



Dedicated outside area

**NEW!**

Upminster's newest Quiz has arrived. The first Thursday of every month, 8pm, we welcome 'MUSIC MAESTRO' A music quiz by audiophiles for audiophiles. A mix of spoken and audio questions, will you be our Music Maestro?



**ANGLE PAVING SANDSTONE SPECIALISTS**

Driveways, Patios, Gardens, Walls, Slabbing, Fencing, New lawns, Garden Lights, Brickwork, Garden Design, Steps, Block Paving

Do it Right, the First time!

**Mobile; 07814 940335**  
[www.anglepaving.co.uk](http://www.anglepaving.co.uk)  
email: [angle.paving@o2.co.uk](mailto:angle.paving@o2.co.uk)

**Assistive Technology helping with Independent living throughout Havering**

*"Very satisfied with the service given. I live alone and find it a Godsend. Fortunately most of my calls are for tumbles where I lose my balance and can't get back on my feet without help. Thank you" Mrs C.*

**Do you want to live more independently but are unsure how to call for help if something happens? Or are you worried about someone who lives on their own and is vulnerable?**

If so, The Havering Telecare Centre may be able to help you. We provide assistive technology in your own home and could also attend to your property 24 hours a day in case of an emergency, all at a low weekly cost.

Assistive Technology includes but not limited to: **Pendants** that can be worn in the garden and bath, **Smoke & Carbon Monoxide detectors** monitored 24 hours a day (we call Emergency Services if you are unavailable i.e. in hospital), **Bed sensors** that can switch on lamps when you get out of bed.

If you would like to be more independent in your own home or help someone else, then please contact us for further details quoting UP21.



**Havering Telecare Centre**  
Web: <https://www.havering.gov.uk/telecare>  
Email: [telecare@havering.gov.uk](mailto:telecare@havering.gov.uk)  
Phone: 01708 432843




Quality/Safety/Innovation

# Liberty of Havering Outdoor Bowling Club

We are holding a recruitment day on Saturday, 10th June 2023 between 11am - 4pm. Our sociable, friendly club is looking for new members, especially ladies and we invite you to 'Come and have a go'. Equipment provided, but please wear flat soled shoes or trainers. Refreshments available. The club is located just beyond the Leisure Centre's car park in Harrow Lodge Park, Hornchurch, RM11 1JU. Our members will be available throughout the day to give advice. Please contact Sheila 07949307336 or Richard 01708 449245 for more information. We hope you can make it.

# Havering Astronomical Society

Wednesday, 21st June, 7.15 for 7.30pm. Jerry Workman, regular speaker will present a talk entitled **"The Moon - Observation and Science"**.

**Young Astronomers** (aged 8-16) - Thursday, 29th June 7- 8pm. There is a mix of space news, talks and observing when possible.

All of the above meetings held at Thames Chase, Pike Lane, Upminster. New members are always welcome. If you are interested in joining us there are more details on the website [www.havastro.co.uk](http://www.havastro.co.uk) or email [enquiries@havastro.co.uk](mailto:enquiries@havastro.co.uk) or email [young.astronomers@havastro.co.uk](mailto:young.astronomers@havastro.co.uk)

# The Arts Society, Havering

Our June talk will be: Entertaining Angels Unaware-Angels in the Bible, Music and Art by Patrick Craig. Angels don't speak, they sing. A Vicar Choral at St Paul's Cathedral, Patrick will investigate their roles as guardians, messengers and fighters through imaginative music by Britten, Elgar and Mendelssohn.

Taking place on Tuesday, 13th June at 10.30am at the New Windmill Hall, Upminster. Visitors welcome for a fee of £8. Please visit our website

<https://tashavering.org.uk/Lectures/FutureLectures.aspx>  
**Facebook:** <https://www.facebook.com/groups/199870022175485>.  
or contact us at [info@tashavering.org.uk](mailto:info@tashavering.org.uk), or telephone 01708 221903.

# Yoga and meditation at Hornchurch Library

Yoga and meditation classes are back at Hornchurch Library. Join us on Wednesday mornings, between 10.30 to 11.30am. All abilities are welcome, no previous experience necessary. Sessions are guided by Meeta Rajani, an experienced meditation practitioner. Please book on **07949 148211** or via email [meetarajani@outlook.com](mailto:meetarajani@outlook.com).

# Parkinson's Bat and Chat Table Tennis

Do you have Parkinson's? If so, there are monthly Parkinson's "Bat and Chat" Table Tennis sessions at the MYPLACE Centre, Dagenham Park Drive, Harold Hill. The next session dates are 28th June 2pm - 4pm and 19th July 2pm - 4pm. The cost is £4 per session. All levels welcome. Table tennis bats and balls are supplied. Contact [collin.sherrin@hotmail.com](mailto:collin.sherrin@hotmail.com) or [garylee18733@gmail.com](mailto:garylee18733@gmail.com) for further details. Come along and have some fun!

# Cranham Engayne WI

Do you enjoy listening to interesting speakers, the theatre, day trips including RHS gardens plus afternoon teas and meeting new people? If so why not come along on the 3rd Tuesday of every month to our friendly WI. It is held at Cranham Community Association Hall at Avon Rd end of Marlborough Gardens. Upminster RM14 ISR from 2 to 4pm (doors open at 1.30pm). Enquiries :- Una Henderson **01708 225088**.

# Essex Wildlife Trust, Havering - Monthly Walk

Saturday, 1st July - Belhus Woods Country Park, Aveley, RM15 4XJ - a walk around the park to see the flowers, birds and insects. Dogs allowed on a lead.

Walks are free to attend. Meet at the car park at the visitors centre at 10am. You can pay for parking online using MiPermit. Each walk will take approx two hours so please wear suitable clothing and footwear. Any questions, please contact **07802212151** email [ts15457@netscape.net](mailto:ts15457@netscape.net)

**BF Mulley & Son**  
Incorporating Horace Fry

Chapel of Rest | Home Arrangements | Distance No Object  
World-Wide Repatriation | Ample Client Parking | Memorials

Family Owned Funeral Home | 24 Hour Funeral Service



254 St. Mary's Lane,  
Upminster RM14 3DH  
Tel. 01708 220330

28 High Street,  
Hornchurch RM12 4UN  
Tel. 01708 442145

Email:-  
Upminster@bfmulleyson.com

Email:-  
Hornchurch@bfmulleyson.com

[www.bfmulleyson.com](http://www.bfmulleyson.com)

**D.G. PLUMBING SERVICES**  
All plumbing work undertaken

FREE camera video gutter cleaning inspection  
High reach vacuum tech  
No mess No ladders  
FREE estimates

01708 220994 07977 214541  
52 The Grove Upminster RM14 2ET



*Goodfellas*  
Upminster

ITALIAN BARBER BY Gianni

141 St. Marys Ln,  
Upminster RM14 3BL

01708 222555



ADULTS	CHILDREN	SENIOR
<i>Services Include</i>		
• DRY CUT	• WASH & CUT	
• SHAVING	• BEARD TRIM	
• SKIN FADE	• STYLING	
• CLASSIC HAIRCUT	• WET TOWEL	
<i>Opening Hours:</i>		
Monday	8:30am-6:30pm	
Tuesday	8:30am-6:30pm	
Wednesday	8:30am-6:30pm	
Thursday	8:30am-7:30pm	
Friday	8:30am-6:30pm	
Saturday	8:00am-5:00pm	
Sunday	9:30am-2:30pm	

**UPMINSTER FENCING LIMITED**

Family Run Business

Trading Since 1994

SUPPLY & FIT  
PRESSURE TREATED PANELS • FREE ADVICE & QUOTATIONS



OPENING HOURS: WEEKDAYS 8AM TO 3PM  
SHUT WEEKENDS AND BANK HOLIDAYS

01708 225599 – 07831 281 590

[www.upminsterfencing.co.uk](http://www.upminsterfencing.co.uk) • [admin@upminsterfencing.co.uk](mailto:admin@upminsterfencing.co.uk)

Upminster Fencing, Mardkye Works, St Mary's Lane, Upminster, Essex, RM14 3PA

**HANDYMAN / GENERAL BUILDER**

LOCAL BUILDER WITH 35 YEARS EXPERIENCE

NO JOB TOO SMALL

REPAIRS / REFURBISHMENT / NEW WORKS

Call John for a free and without obligation quotation/advice

Recommendations available

Public liability insured

Mobile number: 07970 074664

Home telephone: 01708 913714




**Unlock some of the cash from your home**

If you're a homeowner aged 55 or over and are looking to help boost your retirement finances, your home could help. By releasing tax-free cash from your home, you could:

- Pay off an existing mortgage
- Clear existing credit cards and loans
- Gift money to family
- Make home and garden improvements
- Go on holiday
- Replace the car

The Equity Release Experts' advice is independent and covers the whole of the market, so we're able to recommend the right equity release plan that could help transform your retirement.

To find out more or to arrange a FREE, no-obligation consultation, contact me on the details below;

Paul Bunton - Upminster-based  
**07557 734075**  
[paul.bunton@equityrelease.co.uk](mailto:paul.bunton@equityrelease.co.uk)



Equity release may involve a lifetime mortgage, which is a loan secured against your home. Equity release will reduce the value of your estate and may affect your entitlement to means-tested benefits. You should always think carefully before securing a loan against your property. Unless you decide to go ahead, The Equity Release Experts' service is completely free of charge, as our usual advice fee of £1,799 is only payable on completion of a plan. CKP824 (01/2023)

**AJB gardens**

Garden Services, Estate Management & Tree Surgery

Honest, reliable and friendly service at competitive prices

All Garden Services & Regular Maintenance plus Landscaping, Jet Washing, Overgrowns & much more!

Domestic and commercial contracts available - Free, no-obligation estimates/advice

Over 20 years experience, NPTC qualified & fully insured

Visit our website for more info!  
[www.ajbgardens.co.uk](http://www.ajbgardens.co.uk)

Or call us on 01708 225998 / 07875 557378



**Oakfields Preparatory School**  
A CO-EDUCATIONAL PREP SCHOOL FOR BOYS AND GIRLS AGED 3-11 YEARS



SPACES AVAILABLE

WE'VE BEEN RATED 'EXCELLENT' IN ALL AREAS  
in our recent ISI inspection

There is no need to travel far for an excellent education for your child. Oakfields is situated in Upminster and perfectly placed for a private education in Havering. With our passion for teaching and our holistic approach, we ensure every child has a well-rounded education to be able to fulfil their potential.

BOOK A PRIVATE TOUR

Phone: 01708 256721  
Email: [helen.barkham@oakfieldsschool.co.uk](mailto:helen.barkham@oakfieldsschool.co.uk)  
[www.oakfieldsschool.co.uk](http://www.oakfieldsschool.co.uk)

COGNITA Oakfields is part of the Cognita Schools Group [www.cognita.com](http://www.cognita.com)



## YOUR LOCAL ELECTRICIAN

*We cover all aspects of electrical works including -*

**REWIRES - CONSUMER UNIT  
UPGRADES - FAULT FINDING - EICR  
REPORTS -**

*Contact Aaron today for a free quote -*

**07986663793**

## The King's Coronation

Many roads in Emerson Park enjoyed street parties to celebrate the Coronation of the King in May. This photo from Ingleglen which saw about 60 residents and friends enjoying the day. We even had a visit from our local PSCO Damien to check that everyone was enjoying themselves. Thank you to all the local communities for arranging street parties and gatherings for this special occasion.

Cllr LAURANCE GARRARD



## Brooklands Gardens

The wonderful community that is Brooklands Gardens gets stronger every year. With so much going on between the residents all year, when it comes to a street party they are the experts. From 120 cookies decorated by youngsters; sack, egg & spoon and 3 legged races, baked cakes and pies for

everyone, seeds being planted (taking a leaf from the new king), live music from the wonderful ECHO and many joining in the ever popular Baraoke, talent was on display into the night. Best dressed kids, adults, houses all got their awards and the hidden corgis were all eventually spotted. So many put in such hard work to share, including team bunting raising and sharing food and drink, visitors to the party were stunned by the wonderful community spirit and atmosphere in 'The Gardens' which gave everyone much to celebrate. Thanks to all involved, it was a truly wonderful day and we all feel closer and better acquainted as a result. We love our Brooklands Community!

GREG NASH



## Ardleigh House

**Day Trip to Broadstairs** - Sunday, 13th August. Our annual trip to the seaside. Broadstairs has lovely sands set in a horseshoe shaped Viking bay. This was home to Charles Dickens and you can

visit his home as it over looks Viking Bay. In Broadstairs it's "Folk Week" so there will be extra attractions, bands performing etc. Price £28pp.

**Day Trip to Bury St. Edmunds** - Wednesday, 20th September. We have chosen this trip because there is so much to do. There is the Cathedral, the very picturesque Abbey Gardens, the Moyses's Hall Museum, all in the town centre plus the town shops, restaurants & cafés. An open top bus service gives you the opportunity of a guided tour round the town and local area. Price £28pp.

See the website for more details <https://www.ardleighhouse.org/> or telephone the office **01708 440660.**

## Cop Corner - crime prevention advice

**Five things to do to help prevent Motor Vehicle Crime**

1. Faraday bag - If your motor vehicle has a keyless ignition, please put the fob key(s) into a Faraday bag (x1 bag per fob key) and also keep these inside a metal tin. This helps to cut out the infra-red signal the thieves need to steal your motor vehicle.
2. Purchase a Crook lock! - The

crook lock which covers the whole steering wheel is a good deterrent, to help deter car thieves

3. Tracker - having a tracker fitted in your motor vehicle will help deter car thieves and a good chance your motor vehicle will be found (if stolen)
4. Leave NO valuables on display inside your motor vehicle
5. Lock your motor vehicle and physically check it is locked before entering your home

Stay safe

Damien Williams PCSO 7127EA  
Dedicated Ward Officer (DWO) - Emerson Park SNT  
Phone: 101 - Police Non-Emergency

## The Hornchurch Drummer, Cyril Bass, Passes Away

A few months ago we told you about Cyril Bass, the 100 year old Drummer of Hornchurch, who had played with the best and was still playing at 99. Unfortunately Cyril has passed away peacefully after a quite short illness.

Here are a few lines from Mike Gill who met regularly with him at the *continued on page 22*



## THE KEN RHODES GROUP



ENHANCE THE VALUE AND NATURAL BEAUTY OF YOUR HOME WITH OUR WINDOWS, DOORS AND CONSERVATORIES

DOUBLE GLAZED WINDOWS  
BIFOLD DOORS  
PATIO DOORS

GARDEN ROOMS  
CONSERVATORIES  
ORANGERIES

FASCIA  
SOFFITS  
GUTTERING

BOOK A FREE CONSULTATION WITH US TODAY

**01708 227777**

[WWW.KENRHODES.CO.UK](http://WWW.KENRHODES.CO.UK)

[SALES@KENRHODES.CO.UK](mailto:SALES@KENRHODES.CO.UK)

193 ST MARY'S LANE, UPMINSTER  
ESSEX, RM14 3BU



**Secure your home, protect your family.**

Home and personal security all supplied and fitted by retired police officer

ALARM £299

RING £299

CCTV £389

Call 07460 739 742 | info@dyethief.com | www.dyethief.com



UPMINSTER Grooming

1-2-1 LUXURY GROOMING SERVICES WITH SOPHIA

07535 935289

various cafes in Hornchurch and Romford:

"I first got to know of Cyril from his daughter with whom I went to school in the sixties. She often used to speak about her dad and all the gigs and things he was doing. Not thinking that 50 years later, I would be regularly playing and having coffee with him. Everyone that knew Cyril liked his great sense of humour and his great character. A few times we went to the East End for a tour of the places he knew as a kid and ended up in a bagel shop in Brick Lane. What I had noticed about Cyril was that he was very moderate in his eating and drinking and never smoked. He was also very positive and still had a great appetite for life and an interest in good clothes and fashion etc; at 100 years old!

The last time I saw Cyril, at the rest home, as I arrived I said to him, "Are you ok Cyril?" and he said "Yeah!!", very enthusiastically, and positively. That was typical of Cyril still so affirmative and positive about life."

You enriched all our lives Cyril. God bless you.

GREG NASH

## Contacting Your Councillors

Contact details for your Residents' Association Councillors Laurance Garrard and David Godwin can be found on page 2.

## Dick Whittington Reporting crime at The Queens

This year's panto at the Queen's Theatre is Dick Whittington. The Queens' Theatre is known for its fabulous pantos. It will run from Thursday, 23rd November until the end of December. The Box Office is open now, call **01708 443 333**. What a nice way to start your Christmas celebrations with a visit to The Queen's Theatre.

## Social Media

During the last few years our presence on social media has grown and we have a strong following on Facebook under our group page. Please look us up and join us as we are able to publish instant news and views affecting the area. Search for "Residents' Association of Emerson Park".

## Volunteer Flood Wardens

Havering Council are looking for volunteers to act as Flood Wardens in our Borough. Wardens will check flood storage and drainage areas and report information to the Council. If you would consider becoming a volunteer Flood Warden email [floodandwatermanagement@havering.gov.uk](mailto:floodandwatermanagement@havering.gov.uk).

## Coffee in the Garden

Whilst 999 is for emergencies, the other number for reporting non urgent crimes 101 can often be rather busy. An alternative method is to report online at [www.met.police.uk](http://www.met.police.uk). Details of local crimes and feedback from our local Police Officer, Damien, can be found on Twitter @MPSEmersonPark.

The smell of those wonderful home-made cakes, freshly ground coffee and the sounds of the community chatter drifting through the air each Thursday morning - 10.30 to 12.30 in The Garden, Brooklands Gardens.

All welcome, come one and all, bring a friend or even a cake if you like but most importantly, bring yourself to our lovely garden enjoying a relaxed friendly atmosphere. Details from [info@echomusic.co.uk](mailto:info@echomusic.co.uk) - we'd love to hear from you.

DIANE AND GREG NASH

## Foodbank

With the rising cost of living the Foodbank is under severe strain with increased requests for assistance. If you can donate via one of the supermarkets, that's great, but not everything clients need is donated in sufficient quantity so it is helpful for them to have monetary donations as well so they can stock up on items donated less often. And they have to meet the costs associated with running a warehouse; it all adds up. You could send a cheque, payable to Kingdom Storehouse Ltd, to the Harold Hill Food Bank, Unit 1, Guardian Business Centre, Faringdon Avenue, Romford, RM3 8FD, or you could go online to <https://haroldhill.foodbank.org.uk/give-help/donate-money/> Please consider donating - it could make so much difference to a family in need.

## Havering On Line Watch Link

As an effective way to deter car thieves, the Police continue to advise car owners to have the registration number of their vehicle permanently security-marked onto all the windows. The Identimark car window etching service is £29.95 per vehicle at your premises. Please contact for appointments/advice - Matthew Marcus - Identimark Mobile Operator (1985). Tel: **07518 999175'**

07596 095248

**Tomkyns Sealant Services**

HIGH END MASTIC SEALANT APPLICATION

- ✔ Specialist Mastic
- ✔ Kitchens
- ✔ Domestic Work
- ✔ Bathrooms
- ✔ Commercial Work
- ✔ Windows
- ✔ Cut out and Reseal Service

**CALL FOR QUOTE**

**Kerry's Professional Carpet & Domestic Cleaning Services**

**Domestic Cleaning Services**  
Kitchen, Bathrooms, Living Room, Dining Room, Bedrooms, Stairs, Halls, Foyer, Conservatories, Loft Areas  
End of Term Tenancy Cleans  
Office Cleaning  
Spring / Deep Cleans  
Windows (internal only)  
Oven Cleaning

**Carpet Cleaning Services**  
Carpets & Rugs Cleaned and Turbo Dried using Sensi 210  
Upholstery Cleaning  
Leather Cleaning

**Ironing / Laundry Services Available**  
Ironing Service  
Laundry Service  
Dry Cleaning Service  
Quilts  
Alterations  
Wedding Dresses

**Other Services**  
Companionship  
Companion to Doctors, Dentist, Hospital Visits  
Dementia Trained  
Shopping  
General Gardening

07932 066 338 ✉ [kerrys.ironing@outlook.com](mailto:kerrys.ironing@outlook.com)

**B.A.G.S.D. Upminster & District Branch**

[www.bagsdupminster.co.uk](http://www.bagsdupminster.co.uk)

GSD obedience classes are held at  
St Laurence Church Hall Upminster  
Thursday evenings from 8.00pm  
For more information  
Phone Steve on 01375676990  
Sally on 07950962677



**Janice's Electrolysis Clinic**

**01708 727239**

**Janice specialises in permanent hair removal for white hairs, grey, blond and dark hairs, for fair skin, Asian skin and darker skin colours.**

**Other treatments eliminate:  
Facial Thread Veins and Spider Naevi  
Skin Tags, Common Warts & Milia.**

**See website for more information**

I have worked in this practice for over 25 years and can offer quality assured treatments and expertise which is second to none. So if you want honest advice and excellent treatment please don't hesitate to get in touch.

Suite 3, 67 Butts Green Road,  
Hornchurch, Essex, RM11 2JS  
[www.janiceselectrolysisclinic.co.uk](http://www.janiceselectrolysisclinic.co.uk)

**Craig Lodge Upholstery**

RE-UPHOLSTERY SPECIALIST

SPECIALISTS IN BRIDGECRAFT, CINTIQUE, COOPERS, ERCOL, ESSEX FURNITURE, GUY ROGERS, MINTY, PARKER KNOLL AND OTHER QUALITY MANUFACTURERS

EXTENSIVE RANGE OF QUALITY FABRICS

FULL REPAIR SERVICE • CUSHIONS REFILLED & REFURBISHED

FREE ESTIMATES WITHOUT OBLIGATION • PROFESSIONAL ADVICE

[craig@craiglodgeupholstery.co.uk](mailto:craig@craiglodgeupholstery.co.uk)

ROMFORD, HORNCHURCH, ILFORD, UPMINSTER, LOUGHTON ETC.

**HORNCHURCH 01708 455 424**  
[craiglodgeupholstery.co.uk](http://craiglodgeupholstery.co.uk)

**Could you be a Shared Lives Carer?**

If you have room in your home, and the time and compassion to support a vulnerable adult to live independently as part of your family, we will offer you training, support and a weekly allowance of up to £450 per week

[info@bettertogether.org.uk](mailto:info@bettertogether.org.uk) 0208 519 9536

**HOME CARE SERVICES**

SUPPORTING PEOPLE IN THEIR OWN HOMES WITH QUALITY CARE SERVICES

MEDICATION SUPPORT	PERSONAL CARE
COMPANIONSHIP	RESPIRE
DEMENTIA & ALZHEIMERS	LIGHT DOMESTIC
NUTRITION & DIET SUPPORT	24 HOUR SUPPORT
REABLEMENT SUPPORT	HOSPITAL DISCHARGE
SOCIAL & LEISURE ACTIVITIES	END OF LIFE

CONTACT US ON:

**01708 301 111**

**or 07538 709 012**

WEB: [www.kareplus.co.uk/romford](http://www.kareplus.co.uk/romford)

EMAIL: [kpromfordrm@kareplus.co.uk](mailto:kpromfordrm@kareplus.co.uk)

**KARE PLUS ROMFORD**



**SM**

Plumbing and Property Services



Reliable and respectable, skilled tradesmen.

- All plumbing maintenance
- Bathrooms
- New installations
- Kitchens
- System upgrades
- Radiators, taps and stopcocks
- Boiler changes
- Leak repairs and more

01375 430300 / 07795514198 [sm pandp@hotmail.com](mailto:sm pandp@hotmail.com)

**Pinney Talfourd SOLICITORS**

**FAMILY LAW SPECIALISTS**

LEGAL 500 LEADING FIRM 2023

LEGAL 500 TOP TIER 2023

resolution first for family law

Pinney Talfourd is an award winning law firm with an outstanding reputation for excellent legal advice and customer service. Our family team are ranked Tier 1 in the Legal 500.

We cover all aspects of family law including divorce, finances, separation agreements, advice for unmarried couples, children matters, surrogacy, postnuptial and prenuptial agreements and more.

To book a FREE 30 minute family consultation, call our Upminster office on 01708 229 44 or email: [mail@pinneytalfourd.co.uk](mailto:mail@pinneytalfourd.co.uk) quoting BU23.

FOR LIFE, BUSINESS AND EVERYTHING IN BETWEEN [www.pinneytalfourd.co.uk](http://www.pinneytalfourd.co.uk)

**A1 GAS BOILERS**

**INSTALLATION SERVICE & REPAIRS**

VIE MANN APPROVED INSTALLER

Vaillant CHIMNEY ENGINEER

POTTERSON

Ideal

WORCESTER Bosch Group

BAXI

Glow-worm central to your heating

• REPAIRS • SERVICING • INSTALLATION

• GAS LEAKS • LANDLORD CERTS • POWER FLUSHING

• PLUMBING REPAIRS • WATER LEAKS

CORGI 215576

**T: 01708 470 420**

**M: 07939 134 862**

GAS safe REGISTER 215576

**OVER 40 YEARS EXPERIENCE**



# Superior Shutters

The Bespoke Shutter Company

George Armstrong  
Mobile: 07956 874674  
Info: sales@superiorshutters.co.uk  
www.superiorshutters.co.uk

Made to measure

- Real Wood
- MDF
- Faux Wood
- Tier on Tier
- Cafe Style
- Tracked
- Full Height
- Bay Window
- Shutter and Shade



Contemporary hairdressing for all the family at affordable prices

27 Corbets Tey Road, Upminster, RM14 2AR

01708 222398

www.stuartikeman.co.uk

WWW.FILATI.COM

FOLLOW US ON :

@FILATIOFFICIAL  
@FILATIOFFICIAL1

## NEW COLLECTION JUST ARRIVED

JOHN SMEDLEY, PAUL SMITH,  
OLIVER SWEENEY, PARAJUMPERS,  
CIRCOLO 1901, LIMITATO, JEFFERY  
WEST

# FILATI

10 Station Road, Upminster, Essex RM14 2ub

+44 (0) 1708 226 369 | info@filati.com

## DAVID WILLIAMS & SONS

LANDSCAPE GARDENER AND  
NURSERY MAN

- ★ PAVING A SPECIALITY
- ★ WALLING
- ★ TREE FELLING, FENCING

DAY, EVENING'S AND WEEKEND'S 01708 700557 . 4 WILLOW WALK  
UPMINSTER. RM14.1XH. MOBILE: 07788 725853

### FOOT HEALTH PRACTITIONER

Amanda King (MCFHP) (MAFHP)



Do you have problems  
With your feet ?  
Trouble cutting your nails ?  
Thickened nail management  
Ingrown toenails  
Verruca treatments  
Athlete's Foot  
Hard skin removal  
Fungal nail treatments  
Diabetic nail care  
Corn and callous treatment

#### FOOT HEALTH TREATMENTS

£30.00 Home Visits

A friendly, efficient and professional service

Mobile: 07920 855 044

## ALLCARPENTRY All Aspects of Carpentry

Staircases, Laminate Flooring, Flatpacks,  
Doors, Skirting, Kitchens, Wardrobes



WWW.ALLCARPENTRY.CO.UK

TEL: 01708 525682

MOB: 07950 384595



## HOME MAINTENANCE

Est. 1966

Exterior & Interior Painting & Decorating

Paperhanging - Guttering A Speciality

All Estimates Free

UPMINSTER ( 01708 ) 226327



## STAY & PLAY

Dog Boarding/Day Care

Licence No: 022573

07951 969379

janeeloo26@icloud.com

Russell House, Ockendon Road, Upminster, Essex, RM14 3PP

# G Foss Builders

Brickwork And Construction

Home Extensions

Structural Alterations

Driveways & Paving

Garden Rooms

Decorative Brickwork

Restoration Works

Upminster - 01708 500018

Mobile - 07831 469041



gfoss17@gmail.com



G Foss Builders

## DRIVEWAY & PATIO CLEANING & Weed Control Service

### WOULD YOU LIKE A WEED-FREE DRIVEWAY?

With 3 treatments per year we can guarantee you no weeds!  
98% of our customers say just 2 treatments is enough.  
From £35 per treatment and no cleaning required.

For a free no obligation quote, contact:

### Powerwash Solutions

TEL: 01708 536379 / 07718 142330

www.powerwashsolutions.co.uk

## A & P ANTIQUES & VINTAGE

# DOWNSIZING? DECLUTTERING?

### We Buy...

- Gold & Silver
- Jewellery & Watches
- Medals & Militaria
- Crystal & Porcelain
- Old Currency & Toys
- Furniture

And Much More!

Over 20 years experience  
Friendly & professional

Call Us On...

01708 250386

07974 085985