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Havering Residents Association

THE BULLETIN

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The official Bulletin delivered by the Havering Residents Association

Building the Team

Would you like to get more involved in your local area? We are looking to extend the Emerson Park HRA Team and are looking for local residents to join us whether it be for organising the distribution of the Bulletin, to writing articles for publishing or maintaining our website. You might even want to stand as a HRA Councillor. If you are serious about making a local change please get in touch.

Cllrs LAURANCE GARRARD and DAVID GODWIN

The impact of ULEZ

As the Cabinet Member for Adults and Health I actively meet and engage with the Borough's care providers. ULEZ is one conversation that has been of concern within the care sector and with our health partners. With Havering being right on the edge of London, we have a very high percentage of care support staff that travel in from Essex, to work within the Borough. It is absolutely the case that residents living within the Borough of Havering will also be impacted. The Carers Voice undertook a survey of its members asking them about the impact they believe ULEZ would have and out of 169 replies, 101 suggested they would have to consider resigning from their current role due to the cost impact. This doesn't take into account the impact on informal carers who look after and support loved ones.

As I write this, the court case taken up by 5 Authorities has been adjourned. The judge is hoping to have a response before the 31st July, but has suggested that may not be possible. As ULEZ is due to be implemented in August, that leaves just for weeks for any appeals processes.

Cllr GILLIAN FORD

ULEZ rally

We attended another ULEZ rally at Marble Arch on Sunday, 25th June. After speaking to the Romford MP at the previous day Armed Forces Parade in Romford, it was nice to see him make an appearance and voice his anti ULEZ opinion through interviews and on a one to one basis.

Cllrs LAURANCE GARRARD and DAVID GODWIN

Saving the Green Belt

Some may recall the Copthorne Gardens Green Belt clearance that happened on Saturday 6th March 2021 where bulldozers and chainsaws were busy destroying protected trees and a wildlife habitat which HRA Councillors managed to stop mid operation with local resident and police assistance. Since then the Council have been taking legal action against the land owner and the case is currently being heard at Barkingside Magistrates Court, the outcome of which will be available for the September issue of The Bulletin. Hopefully justice will prevail and this prosecution should put an end to the proposal and subsequent appeal to build houses on this area of Green Belt land.

Cllr LAURANCE GARRARD

Distribution and delivery help please

We urgently need help to circulate the Bulletins to deliverers in Wingletye Lane and the South of Emerson Park, just a few drops a month driven locally would help ensure that the Bulletins get out to our deliverers. We also need deliverers for Burntwood Avenue, Hill Crescent, Sylvan Avenue, Warrington Gardens, Whitethorn Gardens and Wingletye Lane. If you can spare just 15 minutes a month, a gentle walk and a chance to spread local news to local residents please give me a call on **07973 856195** - thank you.

Cllr LAURANCE GARRARD

Getting our roads resurfaced

After many years of campaigning against the Council's consistent resurfacing of perfectly useable roads at the expense of roads that really do need repairing, we finally managed to convince Council officers to abandon their computer generated decisions in favour of local knowledge and requests from ward Councillors. We have already submitted to the Council a list of the roads in our area that desperately need resurfacing and hope to have these attended to as soon as possible.

Cllrs LAURANCE GARRARD and DAVID GODWIN

Havering Council has introduced a new Enforcement Team

A new Enforcement Team has been introduced in Havering, to crack down on those found

continued on page 2

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Article & Advertising Submission Deadlines

Articles - 1st Month Advertising - 3rd Month

Copy to be received on or before the above dates one Month prior to the publish date. Please note that submitting an article does not guarantee publication. Email:
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littering, fly-tipping, not clearing up dog mess and being in breach of our PSPOs (Public Space Protection Orders). The uniformed Officers can hand out Fixed Penalty Notices (FPNs) to those found littering, fly-tipping, not clearing up dog mess and being in breach of our PSPOs. In addition, they will also be responsible for locking and unlocking park gates. The Officers are provided by NES (National Enforcement Solutions) to work on behalf of the Council, and to work alongside the existing Enforcement Team to help make the Borough safer and cleaner. Income from fines will pay for the service and will also contribute towards wider enforcement, educational and environmental projects. In their first week on patrol, they have already issued over 300 on-the-spot fines for dropped litter and other environmental crimes. They issued 319 FPNs to people found littering including dropping chewing gum and cigarette butts. The fines are set at around £150 for littering, but Officers can also issue other fines of up to £400 for fly-tipping and commercial waste offences.

More Police in Emerson Park

News from our local police is that we have an additional officer. PC Rob Douglas has joined the Emerson Park SNT and will be patrolling along with PCSO Damian Williams - look out for their reassuring presence in our area.

Cllrs LAURANCE GARRARD and DAVID GODWIN

Planning applications on the RAEP website

Havering Council publishes a weekly list of planning applications received within the previous seven days. We have become aware the number of households informed of a planning application is often less than most people would expect. The Weekly Planning List is available on our website. To view the applications visit www.raep.org and search for 'planning applications'.

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Our By-Election candidate

Due to the passing of Councillor Linda Hawthorn a By-Election has been called. This will take place on Thursday, 10th August 2023.

In the last Bulletin, we invited you to put your name forward to represent us as the Upminster Candidate in the By-Election.

Interviews took place on Monday 10th and Tuesday 11th July and we are delighted to announce that Jacqueline Williams will be the Upminster & Cranham Residents' Association candidate. You will see the Windmill logo next to her name on the ballot paper.

If you are not registered to vote, please contact the Council to register. You will have the option to vote in person on the day, postal vote or proxy vote.

Due to the new legislation you are now required to provide VOTER ID when going to vote. This can be a passport, driving licence, bus pass, freedom pass, identity card, biometric immigration document etc. Full details can be found on the Government website.

Lower Thames Crossing update

Hearings for the proposed Lower Thames Crossing (LTC) Development Consent Order examination started on 20th June. So far, the Examiners have been asking National Highway some great questions, and pushing them for answers. There are concerns over some major issues relating to various aspects, including impacts to the ports, cost, value for money and benefit cost ratio. Thames Crossing Action Group have also been pushing on many concerns, including highlighting the evidence that the proposed LTC would be hugely destructive and harmful, fails to meet scheme objectives, would be a false economy and waste of taxpayers' money, as well as a 'smart' motorway by stealth if it goes ahead. The examination continues to 20th December, with lots more evidence being submitted and heard.

The Climate Change Committee have also called for an urgent

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review of current and future road building in England, which would of course be very relevant to the proposed LTC. www.tcag.info

THAMES CROSSING ACTION GROUP

Lower Thames Crossing Examination

As mentioned above the examination of the Lower Thames Crossing formally began on 20th June and is due to finish on 20th December 2023. The Examining Authority has now published the final Examination timetable which is known as a "Rule 8" letter.

Two Specific Hearings covering high level matters linked to the legal wording for the draft Development Consent Order, and discussions around strategic aspects of the project have taken place. There have also been some Open Floor Hearings giving members of the public an opportunity to provide the Examining Authority with their views on the scheme.

As I write the next key submission deadline is the 18th July which

includes Havering's Local Impact Report, which sets out the positive neutral and negative impacts the scheme will have on the borough, and the Written Representation setting out Havering's case.

Full details of the examination can be found at: <https://infrastructure.planninginspectorate.gov.uk/projects/south-east/lower-thames-crossing/?ipcsection=overview>

Cllr OSCAR FORD

We Are FSTVL

We Are FSTVL, an electronic dance music event which will see over 150 world-class DJs descend upon Damyns Hall Aerodrome, will be taking place subject to licence on Friday 25th, Saturday 26th and Sunday 27th August 2023. Camping will also take place on site from Friday 25th August through to Monday 28th August. The event has been licensed by the London Borough of Havering Council and has been planned in conjunction with the relevant emergency services and responsible authorities ensuring the correct measures are in place

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for safety and stewarding. The event is a paid admission, ticketed, multi-stage dance music festival held within a fenced arena. Event build is scheduled to start on Friday 11th August when our team begins to arrive on site through until Monday 11th September. As part of our commitment to engagement with the local community in the surrounding areas of the event, we have been working hard to ensure any perceived impact from the event is planned for and mitigated as far as is practicable in conjunction with all local authorities. Event information can be found at www.wearefstvl.com or www.ucra.co.uk and there is an email contact eventcontrol@wearefstvl.com. Please note that this email will start to be monitored from the 11th August when we begin the event build.

Penalty Charge Notices update

Following my articles over the last few editions, I have been contacted by people from far and wide highlighting Penalty Charge Notices (PCNs) they have

received in Havering, which they believe were issued incorrectly. Recent instances have included someone who had their appeal turned down, when the driver of the car next to them in a Council car park, had their appeal granted in identical circumstances, and a resident who was issued with a PCN for entering a School Streets Zone after the restricted time had ended.

I have highlighted many of these to Council officers and the Cabinet Member responsible for Environment, and been promised that additional training has been given to wardens and other relevant Council staff.

Although I am unable to assist appeals individually, I am happy to continue to receive e-mails detailing your experiences.

It is important that anyone who thinks that they have received a PCN incorrectly, should make sure they appeal within the time allowed and include as much evidence as they can to prove the error (including photos of inoperable parking machines and time plates etc.). Repeated below is the PCN appeals process as shared last month.

Cllr JOHN TYLER

Parking Penalty Charge Notice Appeals Process

Havering Council's Parking Manager has provided Councillors with information on the appeals process, if you believe that you have wrongly been issued with a parking ticket or traffic fine, or have mitigating circumstances etc.

A summary of this is below:

Firstly, people should refer to the Council's Discretionary Policy Document, which advises how and when a Penalty can be considered for cancellation (see below).

All challenges should be made by the recipient of the penalty and need to be in writing (either by online portal or post).

The process of Civil Parking Enforcement is defined by the Traffic Management Act 2004, the Civil Enforcement of Parking Contraventions (England) General Regulations 2007 and the Civil Enforcement of Parking Contraventions (England) Representations and Appeals

Regulations 2007.

Should the Council refuse a challenge, then the person making the appeal is able to move their case to the independent Adjudicator at the London Tribunals Service, where an independent Adjudicator will decide upon the case - a decision which is binding on both parties.

For further information on appealing a parking ticket or traffic fine, including a link to the Council's Discretionary Policy Document, visit www.havering.gov.uk/info/20004/parking/121/parking_tickets_and_traffic_fines/2

Hornchurch FC

Further to the article in the July Bulletin on pre-season friendlies. Our local football team are pleased to announce a home game on Saturday, 5th August with Millwall Football Club Under 21s at The Bridge Stadium, Bridge Avenue, Upminster - kick off 3pm. Go along and support the Urchins. The club are celebrating 100 years since the formation of the original Upminster Wanderers.

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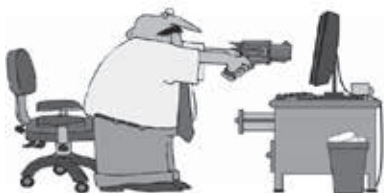
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Councillor Linda Hawthorn

I would like to thank everyone for their sympathy and kind words for my sister Linda. I have tried to thank you all personally, but if I have missed anyone I am sorry. Your kindness has been a great help at this difficult time and has been much appreciated.

FRED

Thames Chase

We have a jam packed month full of activities here at Thames Chase. Our monthly guided heritage walks continue on August 4th with a circular guided heritage walk from the Thames Chase Forest Centre, Pike Lane to Franks Woods and Cranham Brickfields.

Discover the source of the bricks of many older homes and buildings in Havering, as well as the history and wildlife of Franks Woods. Parking, complimentary refreshments and toilets available at the Forest Centre, cost £3.50 per person book via eventbrite.co.uk (search Thames Chase).

You can also book onto our first 'Thames Chase Talks' on August 4th, the theme of the first talk is

'Wildlife'. Come and hear about the interesting forest tales and wildlife within the Thames Chase Community Forest.

Our three guest speakers will speak about forest wildlife and the story of the Bedfords Park Walled Garden. A complimentary refreshment will be available. Speakers include: James Doyle (Thames Chase Trust), Richard Wonfor (Forestry England), and Lois Amos (Bedfords Park Walled Garden). Date August 4th, 2pm-4pm, cost £3 per person including a complimentary drink. To book go to: eventbrite.co.uk (search Thames Chase)

Havering Planning Survey

The Council's planning policy team are conducting a telephone survey about the Borough's town centres and high streets, to get some understanding of shopping habits and trends in the Borough. The survey will feed into a Retail and Leisure Study, which forms part of the evidence base for the Local Plan review.

An external company NEMS is conducting these on the Council's behalf. Resident participation is

greatly appreciated. It is always good to be scam aware and NEMS will never ask for any financial information.

Upminster CC v Essex CCC

Upminster Cricket Club have announced that the Annual Benefit Match against the Essex XI will be played on Sunday, 10 September. Further details will be available in due course.

Beware of bogus callers

Recently we were informed suspicious callers knocking door-to-door on the Rivers Estate in Cranham. The men apparently claimed to be from a well-known charity but did not have any I.D. and raised suspicion with the resident, who asked them to leave. One returned again later but the resident did not open the door.

Unfortunately, this type of crime is a regular occurrence across London and elsewhere. For advice on preventing Distraction Burglary see the Met Police's

Crime Prevention section of their website met.police.uk/cp/crime-prevention/protect-home-crime/keep-burglars-out-property/.

First Step 35th Anniversary Ball

On Saturday, 7th October 2023 First Step will be holding its 35th annual ball. Help celebrate 35 years of First Step and catch up with families, friends and supporters of First Step and of course the founders Gill Hare and Margaret Williams. The event will be taking place at Orsett Hall in The Pavilion where you can enjoy a 3 course meal with tea and coffee, a raffle, silent auction, music and dancing. Tickets £75. To reserve tickets give Caroline or Catherine a call on **01708 556355** or email: fundraising@firststep.org.uk

Adventure Island

Hornchurch District Scouts (charity no. 303699) are selling Adventure Island wristbands at a discounted price of £16.50 each.

continued on page 9

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Also available, Southend Sea-life Adventure tickets adult/child £7.50 each and Adventure Golf tickets £6 for 18 holes.

Wristbands purchased this year have an expiry date of 31st December 2024 and are available to purchase all year round for any day the park is open. To purchase call Debbie on **07805612706**, Louisa on **07498575296** or collect from Pink Parachute, 6 North Street RM11 1DX during opening hours. Debit/credit cards accepted as payment with card payment only, at Pink Parachute

Upminster Tithe Barn Museum open days

The Museum of Nostalgia in Upminster Tithe Barn, Hall Lane, Upminster RM14 1AU will be open from 10.30am - 4pm on two Saturdays a month throughout the summer. For anyone who has never been there, the museum is well worth a visit.

Entry is free but a donation is welcomed, to help maintain the upkeep of the museum and

its many exhibits. Plenty of free parking is also available (entrance next to Upminster Golf Club). The remaining dates for 2023 are 5 & 19 August, 2 & 16 September & 7 October.

For further details visit www.upminstertithebarn.co.uk/.

Dick Whittington at The Queens

This year's panto at the Queen's Theatre is Dick Whittington. The Queens' Theatre is known for its fabulous pantos. It will run from Thursday, 23rd November until the end of December. The Box Office is open now, call **01708 443 333**. What a nice way to start your Christmas celebrations with a visit to The Queen's Theatre.

White Horse Pub, North Ockendon

We mentioned in the July Bulletin that the Pub in Ockendon Road closed several months ago and there is a sign pointing out that the pub is up for sale with

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"development opportunity". This is of course subject to planning permission.

We asked if you had any memories and Richard Moorey, who takes an active interest in local history, sent through this photo which he believes dates back to circa 1920. Another resident Michael Bell referenced the records available on pub.history.com which includes a list of licensees at the Old White Horse going back to 1828.



Interesting to see a group of children occupying what is now a very busy roadway. We will be keeping a close eye on the Council's weekly planning application lists and will keep you advised of any applications that come in.

Reporting defective street lights

Repairing defective street lighting is the responsibility of UK Power Networks in Havering. If you know of a street light that is not working, faulty or damaged, you can report this direct to UK Power Networks via their website ukpowernetworks.co.uk/street-furniture-form-questions or by phone on 0207 055 7512 (8.30am-5pm Mon-Fri).

The Wesley Players present Secondary Cause of Death

Secondary Cause of Death, by Peter Gordon, is the eagerly anticipated riotous comedy sequel to the author's hit comedy thriller Murdered to Death. It's now 1939, and storm clouds are gathering over Europe. Having inherited Bagshot House, Colonel Charles Craddock has

continued on page 11



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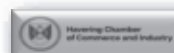
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converted the property into a hotel for the discerning visitor. Soon Inspector Pratt arrives once again at Bagshot House, bearing grim news for Colonel Craddock. But that's just the beginning - Who is the strange Polish Count? Is Henrietta really an army captain? And where does the flamboyant thespian Cardew Longfellow fit into the picture? When Joan Maple's sister Cynthia arrives to stage a murder mystery evening, it's not long before Pratt's visit turns into a chaotic nightmare as the bodies pile higher than ever!

Performances: 8pm on Thursday, 28th September, Friday, 29th September and Saturday, 30th September.

Prices: On the door: £10 Adults, £8 for concessions and £6 for children (u16). Book online for a £1 discount on all tickets. Senior Citizens admitted FREE on Thursday and Friday shows.

Location: Wesley Hall, Upminster Methodist Church, 10 Hall Lane, Upminster, Essex, RM14 1AE

Pay by card/cash on the door or book in advance at www.wesley-players.co.uk

Tickets can also be reserved by text to the Box Office on **07708 214742**.

North Ockendon Reading Room

After the meeting on 8th February 2023, a review of the Reading Room was conducted. Identifiable parties with information were written to and were requested to provide any information and/or documents they had concerning the Reading Room and the North Ockendon Reading Room Trust.

Following the review, it was considered necessary to apply to Romford County Court for a Court Order giving directions on the future of the Reading Room and the Trust. This ensures any decision concerning the Reading Room is made in an independent and transparent manner and avoids any perception of unfairness. The Court will review the evidence and decide what steps need to be taken. A further update will be provided in due course.

The application at the Land Registry has now been completed. The description of the registered proprietor of the Reading Room now reads: "Julia Elizabeth Massey of Maytree Cottage, Pea Lane, Upminster RM14 2XH as

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Trustee of the North Ockendon Reading Room".

Havering Police Cadets recruiting

Havering Police Cadets are looking to recruit some new members. If you know anyone who may be interested please get in touch with PC Anthony Kiddle 2380EA via Anthony.Kiddle@met.police.uk. You have to be aged between 13 and 18 years old. The weekly sessions are held Thursdays at Sacred Heart St Marys' School (Chapel) 7pm to 8.30pm.

Neutering Cats

In view of the cost of living crisis currently affecting many households, The Cats Protection League are bringing out a new subsidised neutering scheme to encourage cat owners to get their pets neutered and Lawton and Stoakes are pleased to be involved in this scheme. The owner makes a £10 contribution to the cost and a CPL voucher covers the cost of

surgery and new to the scheme, the voucher also includes microchipping, post operative pain relief and a Buster Collar (cone) for females if necessary. For more information please telephone Lawton and Stoakes on **01708 384444**.

All Saints Players

All Saints Players are presenting Escape Room, a comedy, on Thursday, 14th, Friday 15th and Saturday 16th September at All Saints Church Hall, Ardleigh Green Road, Hornchurch, RM11 2LG.

It is the summer of 2022 and an amateur dramatic group are visiting an Escape Room. They hope the experience of trying to get out will act as a team building exercise and bring them closer together. Unfortunately, things do not go according to plan and their efforts just drive them further apart. Not funny for them, but hilarious for the audience...

Doors open at 7.30pm and shows start at 8pm. Tickets are £8.50 from boxoffice@allsaintsplayers.org.uk or **01708 456683**.

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7 - 23 September - **The Invincibles** - the untold story of girls who played for the love of the game. Known as the Dagenham Invincibles, Sterling Ladies are the greatest women's football team of World War One. Over two whirlwind seasons they will never lose a game. The New York Herald declares them "The Unbeaten Women Champions of the Country." Yet in 1919, the factory girls hang up their boots and triumphs fade into obscurity... In 2023 their war-cry is heard in the roar of the Lionesses. The world has changed, yet the Women's World Cup evokes The Invincibles joyous spirit. For Hornchurch teenager Maya, it's the event of

the summer. Cheering England from the family sofa, she also conjures up long-lost footballing secrets ...

26 - 30 September - **The Red Lion** - Football meets theatre in this gripping locker-room drama. It's the small-time. The semi-pro. The non-league. In a world far removed from the wealth and media of football, this club is struggling to make ends meet. So, when a gifted young player arrives out of nowhere, it's the opportunity everyone's been waiting for. For the kit man this brilliant player will restore the declining fortunes of the club. But the ambitious manager is determined to make him his own.

26 October - 11 November - **Killing Jack** - The Autumn of Terror. 1888. When Polly is found brutally slaughtered in the slum warrens of Whitechapel, the world's biggest manhunt begins and a legend is born. Jack the Ripper. As the killings continue, no woman is safe alone at night. At the height of the hysteria, music hall performer Julia narrowly escapes the clutches of the Ripper, and is forever changed by being the One Who Got Away. But Jack has one final horror to impart before disappearing into

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Online shopping scams – beware

£67 million was lost to purchase scams across the UK in 2022. Online shopping provides criminals with the opportunity to trick people into paying for products and services that do not exist. These are often advertised via social media and auction sites using stolen images to convince you that they are genuine. Below are some important tips to help you spot the warning signs and avoid being scammed online. Remember:

- If you're paying for high value goods, such as technology or even vehicles, don't pay anything upfront unless you've physically seen the item. Be suspicious of offers that seem too good to be true.
- Avoid paying for goods via bank transfer. Using a debit or credit card offers you greater protection.
- Do your research and check the seller's reviews.

FILM REVIEW: The Little Mermaid

Disney has released another smash hit live action remake of an animation, this time with the film *The Little Mermaid*. Previously there have been remakes of *Aladdin*, *Beauty and the Beast* and *Cinderella* but I would say this tops them all - that said, it was always my favourite!

This mystical underwater adventure is perfect for all ages - the kids will love it and the adults will feel very nostalgic. The diverse representation brings something fresh and new and Halle Bailey's portrayal of Ariel is simply beautiful. Lin Manuel Miranda (*Hamilton* and *Moana*) wrote new songs, which are catchy and modern, and interweaves them seamlessly with the classics.

This is an uplifting and updated classic with a strong message of acceptance. I would highly recommend this film which is available on Disney+.

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Solicitors

Mullis & Peake LLP Solicitors have now
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We are pleased to confirm that we will be staying in Upminster, taking
 on Suite 5, Essex House, 15 Station Road, Upminster, RM14 2SJ.

Any deeds, documents and Wills currently held by Stanton and Doran
 or Wells Solicitors will be transferred to Mullis & Peake and held at our
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Upminster Office:

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Thursday, 30th November. Mrs Doubtfire. £50pp. Shaftsbury Theatre, London. Matinee show starts 2.30pm, good front dress circle seats. No coach.

Tuesday, 12th to Wednesday, 13th December. Thursford Spectacular Show, Norfolk. £279pp. By coach with overnight stop at hotel in Norwich, with light lunch at Pensthorpe Wildlife Bird Sanctuary en route, Tickets for Thursford Matinee Show and Dinner at overnight hotel. 4 hours free time in Norwich next day before returning home.

Saturday, 17th February 2024: Brick Lane Music Hall, Adult Panto - Peter and the Loose Boys. £86pp. Price includes 3 course meal, matinee show, coach travel

to the venue, a converted church setting in Silvertown.

Email: shirley@shirleytours.co.uk or call 01708 227884 or 07966 146956 (leave name and contact details on mobile answerphone). Fund raising for James Oglethorpe, Engayne, Hall Mead schools, All Saint's Church and All Saint's scout group. Pick-ups from Jobbers Rest (can park cars there), Plough Pub, Avon Road both ends.

Havering Community Fun Days

Throughout the school summer holidays Havering Council are organising Community Fun days. These will be held every

Wednesday at different locations across the Borough between 12 and 3pm. With bouncy castles, petting farm, arts & crafts, sports activities, face painting, free lunch and much more there is something for the whole family to enjoy.

26th July - Central Park, Harold Hill

2nd August - Upminster Park

9th August - Harrow Lodge Park

16th August - New Zealand Way, Rainham

23rd August - Park Lane Recreation Ground, Hornchurch

30th August - Sapphire Jubilee Centre, Collier Row

Upminster Windmill

Upminster Windmill is now open to the public after a long period of closure for restoration work. With financial support from National Lottery Heritage Fund and Veolia Environmental Trust, plus thousands of volunteer hours, our iconic windmill can now be enjoyed by the local community and visitors from further afield.

Future opening weekends are 19th & 20th August, 23rd & 24th September and 28th & 29th October. Entry to the mill will be by ticket, ordered on-line from EventBrite, and costs £6 for adults and £2 for children (minimum height 110cm). For full details

continued on page 17

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about visiting the mill on open days and to purchase tickets – please see our website: www.upminsterwindmill.org/visit Friends of Upminster Windmill (Reg. Charity)

St Mary Magdalene Quiz night

On Saturday, 16th September at 7.30pm at St Mary Magdalene Church Hall, Church Lane, North Ockendon RM14 3QH. Tables of 6. £5 per ticket. Bring your own drinks and nibbles. Please contact Jane Moorey 01708 225845 to book.

OUT AND ABOUT – CLUBS AND ACTIVITIES

Café with a Purpose

Join us in a space where men come together, not just to enjoy coffee and cake, but to share time together, swap stories and share skills. We believe that collaboration is key, so we meet to plan, talk and when appropriate join in community events. Our focus is on making new friends and hopefully bringing tangible benefits to those around us. Come join us, share ideas and let's making a lasting impact over conversations that go beyond the simple pleasures of coffee and cake. Upminster Baptist Church, Tuesdays and Wednesday, 11am to 1.30pm.

Gadabouts

If any single people out there aged 40-70 years would like to broaden their social life, consider joining us at Gadabouts. We meet on the first Tuesday of the month at Hornchurch Indoor Bowles

Club. If you would like to join us at our next Programme Meeting to learn more, please email elizabethwooding@hotmail.co.uk.

Derham House Care Home

Derham House Care Home in Harwood Hall Lane, Upminster RM14 2YP are holding a Summer Fair on Saturday, 19th August from 10.30am to 4pm. There will be something for everyone: a delicious cake stall, face painting, silk bouquets, Osborne Books, wooden craft gifts, raffle and tombola with fabulous prize. We will also be joined by Havering Classic Car Club and Lizzy's Lunchbox will be providing some mouth-watering refreshments and delights.

Jellyfish Plate Craft

Activity for under 5s on Tuesday, 29th August at Upminster Library, Corbets Tey Road at 11am. Tickets £1.50. Please contact Upminster.library@haverling.gov.uk or telephone 01708 434933. The Library is also well worth a visit. Please note there are a number of other events at the Library this month – pop in and have a look.

Upminster and District Probus Club

Gentlemen, are you retired or semi-retired? Our Probus Club meet at the Cranleigh Restaurant in Hornchurch on the last Wednesday of each month, where we enjoy a 3-course meal followed by tea or coffee. We are then entertained by a speaker. There are also outings organised occasionally. Wonder if you'll fit in? Why not come along. You'll be sure of a warm welcome. Find us on

continued on page 19



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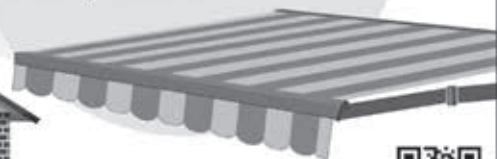
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<https://upminsterprobusec.wixsite.com/upminster-probus>

If you wish to attend one of our meetings, you will need to book your lunch in advance by telephoning our Lunch Secretary, Robert Langstone on **01708 226705** or email him at upminsterprobusec.lunch@gmail.com Lunch costs just £20, payable at the meeting.

Harwood Ladies Probus

We are a group of retired ladies who meet each month to socialise, enjoy a three course lunch and listen to a guest speaker. We meet at Top Meadow Golf Club on the second Wednesday of each calendar month and we currently have vacancies for new members. If you enjoy making and meeting new friends, then please contact Beverly on **01708 227694**.

Ploughman's Lunch

Romford Floral Art Society are holding a Ploughman's lunch (with a glass of prosecco or orange juice) at St Andrews Church Hall, North Street, Hornchurch on Thursday, 24th August. We will be welcoming Mig Kimpton to demonstrate floral arrangements which are raffled after the demonstrations.

Doors open at 12.30 and lunch will begin at 1pm. Tickets cost £25 and there is a convenient car park nearby. Please contact Carol Wilson on **01708 228390** for further details or tickets.

Men's Escape Group

We meet on the first and third Monday of the month at 8.30pm at St Andrews Church, Hornchurch. For further details contact John Speller on **07599 791400**. [John.speller@hotmail.co.uk](mailto:john.speller@hotmail.co.uk)

Essex Wildlife Trust, Havering – Monthly Walk

Saturday, 2nd September – Hanningfield Reservoir Nature Discovery Centre, Hawkswood Road, Downham, Billericay CM11 1WT. The reservoir provides us with a lovely walk through mature trees overlooking the reservoir to see wildlife that gathers there.

Walks are free to attend. Meet at the car park at 10am. Each walk will take approx two hours so please wear suitable clothing and footwear. No dogs permitted. Facilities: visitors centre, toilets, shop, café/refreshments, picnic area. Any questions, please contact 07802212151 email ts15457@netscape.net

Yoga and meditation at Hornchurch Library

Yoga and meditation classes are back at Hornchurch Library. Join us on Wednesday mornings, between 10.30 to 11.30am. All abilities are welcome, no previous experience necessary. Sessions are guided by Meeta Rajani, an experienced meditation practitioner. Please book on **07949 148211** or via email meetarajani@outlook.com.

Men Wanted

New Dimension Choir in Hornchurch, a very friendly group of over 40 members, need more men, particularly Tenors (higher voices). If you want to meet people and enjoy singing (even if only in the shower) and you're free Tuesday evenings starting again in September, check our website for more info. www.newdimensionchoir.com

Craft sale – Trinity Church

Coffee morning and craft sale on Saturday, 12th August from 10 to 12noon at Trinity Church, Station Road, Upminster. All proceeds to Harold Hill Foodbank.

Stewart Avenue Allotments Open Day

On Saturday 12th August, 11am-3pm, Stewart Avenue Allotments invite visitors to their Summer Open Day. Visitors can peruse the plots, view entries in the Allotment Show and vote for their favourite Scarecrow. There will be refreshments, stalls selling produce and plants, homemade cakes, jams and preserves; a children's activity area and a tombola. Entry is free. Visitors should come to the allotment gates at the end of Stewart Avenue (no parking on site). Your support enables us to maintain our site as well as making a donation to St Francis Hospice.

Pop-in at St. Luke's, Front Lane, Cranham

Meeting in the Centre on Mondays from 1.30-3.30pm. Pop-In is a weekly group for those who are retired. We offer refreshments, conversation, regular speakers and activities. Come and join us.

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2. Purchase a crook lock! - The crook lock which covers the whole steering wheel is a good deterrent, to help deter car thieves.
3. Tracker - having a tracker fitted in your motor vehicle will help deter car thieves and a good chance your motor vehicle will be found (if stolen).
4. DO NOT leave valuables on display inside your motor vehicle.
5. Lock your motor vehicle and physically check it is locked before entering your home

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Armed Forces Remembered

Your local Councillors David and Laurance were happy to support the recent Havering Borough Armed Forces Day Parade held in Romford. Here is a picture of Laurance with his grandchildren and the Mayor after the ceremony.



Cardiac Risk in the Young (CRY)

Family, friends, businesses and the local community gathered at the Christ Eternal Church, Brentwood Road, Gidea Park on Saturday, June 24, for an event which raised more than £12,500 for the charity CRY.

The cake sale was held in memory of 18-year-old Aashi Sinha, who died of sudden cardiac arrest on May 8, 2013 - 2023 marking ten years since Aashi's tragic death.

Organisers would particularly like to thank Jalsa restaurant (Green Lane, Ilford) for the generous supply of vegetarian samosas that generated sales throughout the day. In addition community support champions from Waitrose Upminster, Sainsbury's Hornchurch, Tesco, Gallows Corner and Sweet Rose Cakery in Upminster and Naturally Delicious cakes in Romford, who supplied a large two tier designer cake to help with the fundraising.

CRY was founded in May 1995 to raise awareness of Young Sudden Cardiac Death. CRY depends largely upon the goodwill of its fundraisers and the generosity of the local community and businesses in order to carry out its ambitious programme. As well as campaigning and lobbying and the provision of its subsidised cardiac screening programme for young people (35 and under), the Charity also provides counselling and support to bereaved families as well as young individuals who may be diagnosed.

Aashi's parents (pictured with business owners of Naturally Delicious cakes) were very very touched by the generosity of the local businesses and support from

family and friends to make this another successful cake sale and will continue to support the CRY Charity.



Contacting Your Councillors

Contact details for your Residents' Association Councillors Laurance Garrard and David Godwin can be found on page 2.

Land North of St Mary's Lane Winchester Avenue Housing Development

A local Essex based developer produced a leaflet recently and invited Upminster residents to attend a meeting to obtain feedback regarding building

continued on page 22

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a large housing development, as well as a hockey pitch, near Winchester Avenue, Upminster. The development would be on the Green Belt. To date, we understand the developer has not contacted Havering Council regarding pre-planning permission, and has not submitted a planning application. If and when plans are submitted, the Upminster and Cranham Residents' Association (UCRA) Councillors will be opposing any planning application made by the developer, on the grounds the development is on the Green Belt, as well as the fact that there will be inadequate infrastructure to support such a development. We are closely monitoring the situation.

UCRA COUNCILLORS

The 3 Sisters - Abundance in Diversity

Sweetcorn, pumpkin/squash and runner beans are grown together by indigenous Americans. The pumpkins shade the soil, retaining humidity helping with bean pollination and blocking out weed growth; sweetcorn supports the beans which bring nitrogen to the soil supporting growth of the other two crops. They are mutually beneficial and not in competition. In our own gardens, onions will mask the smell of carrots, warding

off carrot root flies, Marigolds smell keeps away aphids from their neighbours. Think how many different species in a forest, inter-dependent and growing in harmony, yet we mow, spray weed/insect killer... and wonder why we have no dead insects on our windscreens and our sterile lawns go bare in the heat.

Better to look after creation the way it is, in glorious abundance and diversity and take the lesson of it's natural inter-dependence for our own lives so we thrive in harmony with each other.

GREG NASH

Ardleigh House

"Thursford Christmas Spectacular" - Monday, 27 November. This has to be the most popular Christmas Show in Britain. The Spectacular show is an extravaganza of non-stop singing, dancing, music, humour and variety. With a cast of 130 professional actors and musicians this is the biggest Christmas show of its kind in Europe. We include a 2 course lunch with tea/coffee before the show. We have centre seats priced at £110 and side seating at £103, both having an excellent view of the show. Seating will be allocated when you book.

"Cruise into Christmas" - Monday, 11 December. This is traditionally our last trip of the year. A 3 hour cruise along the Thames with a free glass of prosecco, 3 course Christmas

hot turkey lunch, with all the trimmings, tea/coffee a DJ and Christmas music and everyone dancing. It's become our Christmas party on the Thames. Afterwards our coach will tour the London Christmas Lights before returning to Ardleigh House. Price £70.

See the website for more details <https://www.ardleighhouse.org/> or telephone the office **01708 440660**.

Reporting crime

Whilst 999 is for emergencies, the other number for reporting non urgent crimes 101 can often be rather busy. An alternative method is to report online at www.met.police.uk. Details of local crimes and feedback from our local Police Officer, Damien, can be found on Twitter [@MPSEmersonPark](https://twitter.com/MPSEmersonPark).

Coffee in the Garden

The smell of those wonderful home-made cakes, freshly ground coffee and the sounds of the community chatter drifting through the air each Thursday morning 10.30 to 12.30 in The Garden, Brooklands Gardens.

All welcome, come one and all, bring a friend or even a cake if you like but, most importantly, bring yourself to our lovely garden enjoying a relaxed friendly atmosphere. Details from coffeinthegarden@hotmail.com We'd love to hear from you.

DIANE AND GREG NASH

Foodbank

With the rising cost of living the Foodbank is under severe strain with increased requests for assistance. If you can donate via one of the supermarkets, that's great, but not everything clients need is donated in sufficient quantity so it is helpful for them to have monetary donations as well so they can stock up on items donated less often. And they have to meet the costs associated with running a warehouse; it all adds up. You could send a cheque, payable to Kingdom Storehouse Ltd, to the Harold Hill Food Bank, Unit 1, Guardian Business Centre, Faringdon Avenue, Romford, RM3 8FD, or you could go online to <https://haroldhill.foodbank.org.uk/give-help/donate-money/> Please consider donating - it could make so much difference to a family in need.

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